

Syllabus: AQA GCSE PHYSICAL EDUCATION 8582

Please consult: Mr D Miller

What we aim to do

Sport is enjoyable for most people and physical activity is essential for everyone who wishes to lead a healthy and balanced lifestyle. These days sport is also big business and provides many opportunities in careers as diverse as psychology, journalism, fitness training through to sports agent. Physical Education is not just about performance; you can be an official or coach.

What we study

Practical Component: You will cover a range of team and individual sports that you will be assessed in as a performer or player. As part of your practical assessment, you will be given a grade out of 25 for each sport you are assessed in. Your final mark will come from your best three grades achieved, giving a total of 75 for practical performance. An additional 25 marks can be achieved through a written piece of analytical coursework giving an overall total of 100 marks for practical work.

The sports that you can be assessed in can be seen in the table below:

Football	Hockey	Tennis	Gymnastics
Badminton	Netball	Volleyball	Horse Riding
Basketball	Rowing	Boxing	Rock Climbing
Cricket	Rugby	Athletics	Skiing
Dance	Squash	Cycling	Swimming
Handball	Table Tennis	Golf	Trampolining

Theoretical Component: During classroom lessons you will learn all about the body and how it responds to exercise. Topics covered include; anatomy and physiology, health related exercise and sport, psychology and socio-cultural aspects. There is now an additional focus on students using data and mathematical skills as part of sports performance.

Skills needed

Ideally you should take part regularly in extra-curricular activities and should try to play for teams outside of school. Playing for school teams is a preferred (but not essential) requirement if you wish to participate in PE GCSE. Most important of all is that you enjoy this subject as it can be a very exciting course.

How your work will be assessed

As well as the practical component (see above) knowledge will be tested in two x 1hr 15 mins exams at the end of Year 11.

What this subject can lead to when you finish Year 11 at The Hollyfield School

There is a natural progression to study Physical Education at Key Stage 5. We require students to achieve a grade 6 at GCSE in PE or Science. There is also Sports BTEC Level 3 available.

Possible careers

Sport is big business and the opportunities within the sports industry are now huge. The government is spending huge amounts of money on sport to try and improve the health of the nation as well as keeping the legacy for the 2012 London Olympics. A GCSE in Physical Education will give you the opportunity to continue your studies on to A-Level Sport and PE, or to study courses in leisure, tourism, personal training, sports injuries, sports journalism, etc. You could also choose to go straight into work within the fitness industry or simply use the course to give you fitness skills for the rest of your life.

Additional information/special requirements

It is recommended that to take GCSE PE you are playing sport regularly outside of school to achieve good practical marks. Students who are not doing should not consider taking this as an option. Students must bring in a full clean GCSE PE kit for practical lessons.

Relevant website links for further information on the course/subject

Specification: <https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582>

Careers: <https://nationalcareersservice.direct.gov.uk/advice/planning/LMI/Pages/sportandrecreation.aspx>

<http://www.careers-in-sport.co.uk/>

<http://www.kent.ac.uk/careers/workin/sport.htm>

http://www.prospects.ac.uk/sports_coach_job_description.htm

