



The Hollyfield School e-bulletin
 Surbiton Hill Road, Surbiton, KT6 4TU
 020 8339 4500

“There is a distinct sense of community in the school” Ofsted 2020

Head’s Line:

Dear Hollyfield Community

I hope you are all well and enjoying the warmer weather we have been having. This morning we had our grand opening of the outdoor gym. We were joined by representatives from the Grace Deer Trust, who funded the gym, the Deputy Mayor, representatives from the 'Dream, Believe, Aspire' foundation who provide our sports mentors, governors, school colleagues and students. The opening was an uplifting experience where we talked about the link between exercise and good mental health and wellbeing. We heard from leaders who shared their experiences and the students enjoyed using the equipment. Throughout the day today we have a range of events to celebrate the opening and to really emphasise the impact exercise can have on reducing stress and anxiety. It is important that the gym is available to everyone; those who compete at a higher level in sport and those who take part in sport for fun. I hope that all the students will take the opportunity to use this amazing facility and we look forward to hearing their feedback.

Also this week we have hosted four groups of Year 5 pupils from our local feeder primary schools and many of our Year 7 and Year 8 students have travelled to our feeder primary schools to help with their sports days. Both of these have been fantastic experiences and we hope as well as being enjoyable help the pupils at primary school look forward to coming to secondary school. Next Friday our Year 7 and Year 8 students will have their Pride in Learning event. This is an event we started a few years ago to help us celebrate the great work our students are doing, but also to give them experience of speaking in an interview situation. We can't wait to see their favourite pieces of work and celebrate with them.

Next week is Year 6 transfer day and we can't wait to meet our new cohort of Year 7 students. My son is on his transfer day as I write this, so I know and understand how the new Year 7 parents are feeling and hopefully have an insight into how the Year 6 pupils are feeling. I will just reassure any Y6 parents that we will take good care of your child and soon enough they will feel like they know Hollyfield like the back of their hand. On Wednesday evening we also have our information evening for Year 6 parents; we can't wait to meet you all too.

Please can we remind you if your child has an injury outside of school which requires medical attention, please ensure your child is taken to A&E/GP or a walk-in clinic for assessment. Students should not be sent in to school for Mr Hopkins to treat unless they have been taken for the recommended treatment.

Upcoming Events

Sports day will take place on 9 July at Kingsmeadow Athletics & Fitness Centre, Kingston Road, KT1 3PB. Mr Miller sent details home yesterday.

Activity day trips taking place on Wednesday 10 and Thursday 11 July. On 'activity days', all students go on the same trips/take part in activities. Details of which activity your child is involved in have been sent via Parentmail.

The last day of term is Friday 19 July. Students are expected to attend school with periods 1-3 taking place as normal. Students will return to form rooms at the start of period 4 (11.40am) to tidy and register and then there will be a phased dismissal by a senior member of staff from 12.00pm.

And finally, this evening is our final event of the term for the outgoing Year 11 students; the prom. Every year the students dress up, eat nice food, listen to speeches and dance the night away at The Double Tree Hilton in Kingston. We hope the Year 11s enjoy their evening and a well-deserved celebration. I also hope that the Key Stage 4 team take a moment to stand back and reflect on their own achievements in helping these wonderful young people get to where they are today.

Wishing you all a fantastic weekend and fingers crossed for a better England performance in the Euros!

Amy Jackson
 Headteacher



Term Dates

Autumn Term 2023

5 September to 21 December
 (Inset Day – 4-5 Sept & 1-3 Nov - except Y11 & Y13)

Half Term

23 October - 3 November (see above)

Christmas Holiday

22 December - 5 January 2024

Spring Term 2024

8 January – 28 March
 (Inset Day – 19 Feb)

Half Term

12-19 February (see above)

Easter Holiday

29 March – 12 April (Bank Hol 29 Mar & 1 Apr)

Summer Term 2024

15 April – 19 July (Bank Hol 6 & 27 May)

Half Term

27 - 31 May

..... Stop Press.....

- 2/7 – Y10 Sussex University Trip
- 3/7 – New Y7 Induction Day
- 3/7 – New Y7 Parents Eve
- 4-6/7 – Ilex Juniors Perf – 7.00pm
- 5/7– Pride in Learning
- 8-12/7 – Hollyfest Rehearsals
- 9/7 - Sports Day
- 9/7 – Y12 End of Year Exam Report sent home

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“The school has developed its curriculum far beyond regular lessons” Ofsted 2020

OTHER NOTICES

Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school office@hollyfield.kingston.sch.uk.

Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Health Care Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information.

Form: <https://forms.gle/pxTajACe1yUNSKdx9>.

Changed your address/email/phone number????

If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.

"The school has developed its curriculum far beyond regular lessons" Ofsted 2020

IN SAFE HANDS

Once again, for your information, the key contacts are:

School! Get in touch with the Designated Safeguarding Team

Mrs McGeoch: smcgeoch@hollyfield.kingston.sch.uk

Ms Patel: spatel@hollyfield.kingston.sch.uk

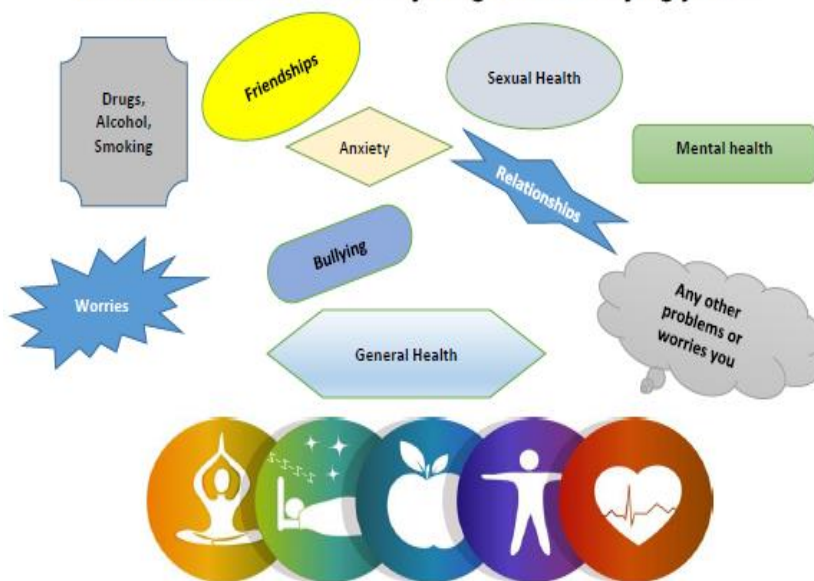
Single Point of Access 020 8547 5008.

SCHOOL HEALTH DROP-IN

WHEN: Tuesday Lunch time 11.40 -1.10PM

WHERE: Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you.....





HOLLYFIELD PTA NEWS

Pre-loved Uniform Store Next session: 29 June 2024

Year 11 Families - this is your chance to pass on uniforms no longer needed!

At the old Music Building, Next to the Dome, Close to the Lamberts Road Gate

[What three words location: begin.tigers.atom]

Anyone is welcome to pop in and take what items they need.

If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. We have a large stock of items of uniform (particularly trousers) and PE kit including some shoes, football boots and trainers. **Availability varies.**

We operate a donation system for those that can afford to contribute.

Everyone Welcome - it is best the items get used, rather than sit in a store or be thrown away!

Any donations of uniform too small for your child would also be appreciated! These can be dropped at the collection point at the entrance to Albury

Next PTA/Hollyfest Meeting Tuesday 2 July

Everyone is welcome! Join us, find out how you can get involved and have fun whilst helping with events and raising funds for the school!

Join us at, 7:30pm - Waggon and Horses pub.[We meet in the room behind the bar in the space to the rear. Please ask bar staff if you can't find us!]

We are looking forward to seeing you there!

HOLLYFEST 2024

We are hoping for wonderful sunshine on the day!

If you have a gazebo we can borrow, it would be extremely helpful!

Please contact us at ptahollyfield@gmail.com, adding the reference to **Hollyfest Gazebos** in the title and we will be in touch to arrange!



TO RUN THIS AMAZING EVENT WE NEED VOLUNTEERS PLEASE!

You can sign up here: <https://www.pta-events.co.uk/hollyfield/index.cfm?event=volunteers>



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

If everyone does one slot, no one has to do many!

Also: if your young person is performing, there will be opportunity to swap/arrange cover.

Top 10 Hollyfest 2024 Tips and Tricks!

<https://hollyfieldpta.org/top-10-hollyfest-2024-tips-tricks/>

You can book your tickets here! <https://www.pta-events.co.uk/hollyfield/>

At the same time: you can buy your **raffle tickets and buy tokens in advance for this CASH FREE EVENT!** You can also book a Zorb slot in advance!

Easy Fundraising

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>

There are lots of ways of finding out about the PTA and what we are up to - website, Facebook, Instagram, Twitter and two email addresses.... they are all linked at the foot of each page....



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



www.hollyfieldpta.org



ptahollyfield@gmail.com

THIS WEEK.....




TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 8 with a total of 95.56%. The top form group within each year this week is:

7SNE = 96.88%
 8NMA = 97.1%
 9HBL = 93.44%
 10EWE = 97.33%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	13849	14367	14114
Year 8	11837	11455	10921
Year 9	9639	10124	9128
Year 10	8519	6209	6376
Year 11	1642	4634	2130
Total	45486	46789	42669

NEXT WEEK

Monday 1 July	Year 7 -10 Sports Day Assembly Year 12 Assembly – Common Room Year 10 GCSE Drama Exam – all day Year 6 SEN Student Tea Party (1.00-3.00pm)
Tuesday 2 July	Year 10 Trip to Sussex University
Wednesday 3 July	Year 9 Assembly (Medicine Safety) – Dining Hall New Year 7 Induction Day (9.00am-2.35pm) New Year 7 Parents' Evening – 5.30pm Year 8 & 9 Reach Out - (Exam Centre) (6.00-8.00pm)
Thursday 4 July	Year 9 Assembly (DofE)
Friday 5 July	Eagle, Falcon, Osprey House Assemblies - online Ilex Juniors (Dress Rehearsals) (all day) Pride of Learning (all day) Ilex Juniors Performance Teachers' Preview – 5 July (3.30pm)
Saturday 6 July	Ilex Juniors Performance (3pm)

FORTHCOMING DATES

2 July – Year 10 Sussex University Trip
 3 July – New Year 7 Induction Day
 3 July – New Year 7 Parents Evening – 5.30pm
 4-6 July – Ilex Theatre Performances – 7.00pm

5 July – Pride in Learning
 8-12 July – Hollyfest Rehearsals
 9 July - Sports Day
 9 July – Year 12 End of Year Exam Report sent home
 10-11 July – Activities Day
 10-11 July – Year 10 Geography Field Trip, Seaford
 11 July – Art & Design Exhibition – 4.00-7.00pm
 13 July - Hollyfest
 15 July – Year 10 Report emailed to parents
 15-19 July – Year 12 Work Experience Week
 16 July – HPV mop up vaccinations
 19 July - End of Term – students dismissed from 12.00pm

15 August – A2/AS Results Day

22 August– GCSE Results Day

ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability / Initiative / Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7 890 **Year 8** 736 **Year 9** 501 **Year 10** 120

The top performing forms per year group in terms of overall achievements were:

7MFA 215 **8FKE** 176 **9CVA** 153 **10MLE** 29

The top performing students from each year were:

Year 7 Viraj B **Year 9** Mason C/Eoin SG
Year 8 Harley BB **Year 10** Harley S

TEACHING AND LEARNING

STEM Challenge Day

We took 12 Year 9 students to Richmond College to take part in a STEM Challenge Day with schools from across South West London.

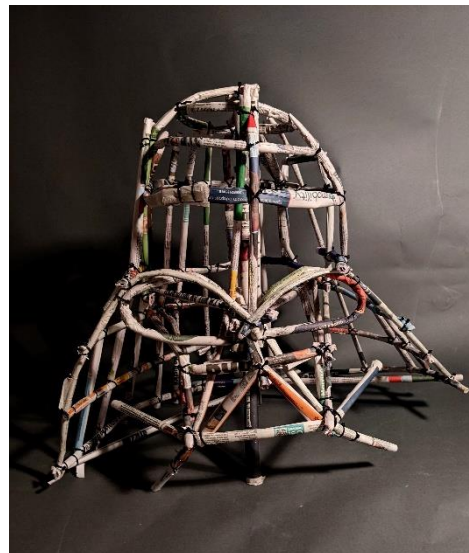
They took part in competitions including:

- eFit criminal identification
- Medical diagnosis
- Robotic programming
- Lego electric car building

Dylan S and Samuel M's team won the eFit challenge. Isobel M and Milo M's team won the overall prize and will be competing in the finals of the London Challenge next year. It was a Multi Academy Trust success as their team mates were from Grey Court School.

Art Workshop

On Thursday a small selection of Year 9 students took part in an all day Art Workshop at Teddington School. The students worked with artist Darcy Turner who taught them how to create really strong 'newspaper stixxs' which can be connected together to create sculptures. Students had a great time and loved learning this new technique. They worked together in teams to create a giant vase of flowers and a giant Darth Vader helmet! Well done to all the students involved!



CAREERS



Careers Briefing - 28 June 2024
Mr Poole & Miss Corrighan (Careers team)

Career Opportunities bulletin

Please see the weekly bulletin below with details of **work experience, university tasters, summer schools, apprenticeships, careers talks and more**. This is collated each week for YOU! [27th June 2024 Sixth Form Careers opportunities](#)

Highlights:

Are you interested in lighting, sound, video and automation? Are you aged between 14–18? Then our technical theatre programme could be for you!



Young Technicians offers an exciting opportunity to develop technical skills, discover routes into the industry and learn from top industry professionals about sound, lighting and stages. In these workshops you'll be introduced to the basics of technical theatre including lighting, automation, sound and video, through demonstrations and practical activities.

Dates: Every Tuesday evening from 10 September – 17 December 2024

Workshop: 5pm – 8pm **Location:** All sessions will take place at the National Theatre
No prior experience in the industry is needed to join our Young Technicians programme, just a passion for theatre. To find out more about the programme, please visit: [Young Technicians | National Theatre](#) Applications close on **Mon 1st July 10:00am**.

Year 10 - Sussex University trip

The vast majority of year 10s are going to Sussex University on 2 July. Students report into school to register at the usual start time of 8.30am on the top playground near Lamberts Road entrance. Students are not expected to wear school uniform but must dress appropriately (please check the weather). Students should bring a packed lunch. The trip is due to return to school by 4pm.

Just a final reminder that students must have handed in a medical form before they can travel. If you have any questions please contact: ipoole@hollyfield.kingston.sch.uk



Post 16 options

Students can stay in education at a sixth form such as [Hollyfield Sixth form](#) & colleges or you can do an apprenticeship at 16 or 18. Mr. Poole and Miss Corrigan are now interviewing students in Year 10 as students need to begin to think about their future destinations. Summer term is a great opportunity to explore these options on the college websites and attend open days and more open events, including Hollyfield Sixth Form will be in the Autumn Term.



Esher College - Open Evening – Monday 1 July 2024 4.30 – 8.00pm.

This event is a great opportunity for Year 10 students and their parents/carers to visit the College. Tickets for the Open Evening can be booked via the website.

Applications Open - Tuesday 2 July 2024 Following the Open Evening, students who wish to apply for a place in September 2025 can submit their applications from 2 July 2024. The application window will remain open throughout the summer and will close at midday on Monday 30 September 2024.



UCAS Summit Event

Free online event for parents/carers and their teens about university degree and apprenticeship applications. ParentGuide's UCAS Summit is on Sunday 7 July 2-6pm and has information and tips for students applying to university or considering a degree apprenticeship, as well as information for parents on how you can best support your child through their application.

The online event is hosted by Parent Guide to Post-16 who have teamed up with a fabulous range of speakers who will lift the lid on the process of university applications, as well as the increasingly popular degree apprenticeship route. There will also be a session on how to create a punchy personal statement. Speakers include:

- Katie Lane from Fitzwilliam College Cambridge, discussing Oxbridge applications.
- Hannah Eickmann from the admissions team at Loughborough University.
- Chris Stead - School Liaison Officer for Sheffield University
- Max McGarvie representing Zenopaa company who have invested heavily in the Degree Apprenticeship scheme.
- Zaki Kazi - the deputy director of Sixth Form at Graveney School, London.

The event is completely free to attend live. You can book your place on the UCAS Summit here: <https://ucas-summit.com/register>

Careers in Focus:



With the Euros well under way, football fever is upon us! Today, we're focusing on how you can launch a career in **Sport and Fitness** – with a special focus on some of the England footballer's careers. *This was taken from **Success at School, check out their website and more at: [Success at school](#)** *

What is a career in sport and fitness like?

For every professional athlete that steps out onto the field, there are scores of other people supporting them to train and keep healthy. And, from the journalists who bring us close-up shots of the action to the organisers and managers getting spectators in their seats, there are plenty of people making sure that the spotlight shines on sport. Many careers in sport & fitness also focus on promoting healthier lifestyles and sports more widely amongst the general public. These roles are essential in making sure that people everywhere have access to sports facilities and the knowledge to train and stay fit.

What sport and fitness jobs can I do?

Athletes are sports people who compete at national and international levels. Most athletes train full time. Some are professional, which means they receive a salary for what they do, but others, like many Olympians, are technically amateurs and rely on funding or sponsorship.

Coaches design training programmes, organise and motivate both individuals and teams to play their best. They work with children and adults of all abilities. Most professional teams and athletes will have full-time coaches to support them.

Club/event managers and **coordinators** run sports clubs or facilities. They put together events and competitions, manage ticket sales and maintain their grounds. There are lots of jobs available in **marketing, admin, finance and maintenance** at sports clubs too.

Instructors develop exercise and sports classes for groups of people. **PE teachers** do the same in schools, helping children to build essential sports skills as well as teaching health and physiology to more advanced students and running after school clubs.

Nutritionists develop eating plans and promote healthy eating. They can also develop special diets to help athletes train.

Outdoor activity leaders teach and guide sporting trips for groups in outdoor pursuits like hiking, surfing, paragliding and skiing. For more information on sports and fitness careers, check out our [Hospitality, Leisure & Tourism Careers Zone](#).

Personal trainers tend to work one-on-one and design training programmes to help people keep fit or reach a particular goal, like losing weight responsibly or building up strength.

Physiotherapists help people get back and stay in shape after an injury. Sports people are always pushing themselves to their physical limits so you'll usually spot a physio or two on the touchline at a sports event!

Sports development officers help to develop programmes and projects to encourage people to get involved in sport. They work with local authorities to improve access to sports facilities, including for children and disabled people, and can do some coaching too.

Sports journalists and presenters are sporting experts who provide the news and coverage surrounding our favourite sports. If you're considering a [career in sports journalism](#), check out our 60 Second Interview with a real sports journalist.

Could I really start a career in football? ⚽

If you've got a flair for the beautiful game – yes! The [level 3 sporting excellence professional apprenticeship](#) (equivalent to A-level) is a great way for 16-18 year olds to get into football. Almost half of football apprentices go on to pursue a professional career.

So what is the professional sport apprenticeship?

- **How long is it?** 18 months - 2 years.
- **Who trains me?** You will be trained at a club in your chosen sport (such as Football, Rugby, or Equestrianism).

- **What qualifications will I get?** Sporting excellence professional, BTEC sporting excellence and performance, Functional skills, Certificate in coaching.
- **What happens next?** In the second half of year two, clubs decide which apprentices to offer contracts to.
- **What if I don't get a contract?** You will get support to apply for other opportunities, such as placements in the US or Europe.

The Euro 24 England Players



Jude Bellingham

Position: Midfield

Team: Real Madrid

Age: 20

Bellingham got off to a great start by scoring England's first goal of the Euros! He attended Loughborough College, where he completed his BTEC level 3 in sport while training as a footballer.



Bukayo Saka

Position: Midfield

Team: Arsenal

Age: 22

Saka went to Greenford High School in Ealing, where he was a bit of an academic high-flyer, gaining four A*s and three As in his GCSEs. He trained at Arsenal's youth academy, and was offered a scholarship at 16.

The Lionesses 🏴󠁧󠁢󠁥󠁮󠁧󠁿



Beth England

Position: Forward

Team: Tottenham Hotspur

Age: 30

Beth started her club career playing for the Doncaster Rovers Belles. Before playing professionally, she worked in a chippy for over 3 years. Today she's studying family law alongside her football career.



Leah Williamson

Position: Midfield

Team: Arsenal

Age: 27

Williamson also started her career through Arsenal's youth academy. She studies a part-time accountancy course through the Football Association whilst also playing professionally.

For more information see the [Success at School website](#)

GENERAL INFORMATION

Links to Useful Information

[Term Dates 2023-2024](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psycological-society-five-ways-to-boost-resilience-in-children/>

LOCAL INFORMATION

Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.Kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom.
Email RachelDykins@mindinkingston.org.uk for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: [116 123](tel:116123).
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to [85258](tel:85258).
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: [0808 2000 247](tel:08082000247)/online chat.

Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin
Specialist in Children and Adolescent Therapy
(MA Roehampton University)

(M) 079 5639 2216
(E) morag@shrafeddins-therapy.co.uk
(W) shrafeddins-therapy.co.uk

Volunteering
Kingston Hospital
NHS Foundation Trust

MAKE THE DIFFERENCE

Volunteer at Kingston Hospital

You can make the difference

Contact us now on 020 8934 3620 or email khft.volunteering@nhs.net to find out how you can help your local hospital.

SCAN TO LEARN MORE

EnhanceAble
AFTER-SCHOOL CLUBS

RIBBONS: MONDAYS
FLYERS: TUESDAYS
KITES: ALTERNATE TUESDAYS

RIBBONS: 4PM - 6PM
FLYERS: 4PM - 6PM
KITES: 6.15PM - 8.15PM

13 GENEVA ROAD, KINGSTON UPON THAMES, KT1 2TW

ENHANCEABLE AFTER-SCHOOL CLUBS AIM TO SUPPORT YOUNG PEOPLE LIVING IN THE ROYAL BOROUGH OF KINGSTON, BY HELPING DEVELOP THEIR SOCIAL AND LIFE SKILLS. CREATE NEW FRIENDSHIPS AND MEET OTHERS WITH A SIMILAR DIAGNOSIS... AND, ABOVE ALL, HAVE FUN!

KITES - FOR OLDER CHILDREN (AGED 11-17) OFFERING GROUP SUPPORT FOR A WIDE VARIETY OF DISABILITIES/NEEDS.

RIBBONS - FOR YOUNGER CHILDREN (AGED 4-10) OFFERING GROUP SUPPORT FOR A WIDE VARIETY OF DISABILITIES/NEEDS.

FLYERS - FOR CHILDREN (AGED 4-17) WITH MORE COMPLEX HEALTH AND/OR PHYSICAL DISABILITIES, OFFERING 1 TO 1 SUPPORT.

For More Info:
 @ Leanne.Johns@Enhanceable.org
<https://www.enhanceable.org/services/after-school/>

KINGSTON ADULT EDUCATION
Learn Achieve Progress



Take advantage of the long summer days and learn something new!



Kingston Adult Education has a packed summer programme full of creative, wellbeing, maths, English and vocational courses.

Classes take place throughout the week at various times, both online and at centres across the Royal Borough of Kingston - and some of our courses are free!

For further information, visit <https://bit.ly/KAE-Summer2024>

SCAN HERE FOR COURSE GUIDE:



THIS IS YOUR CHANCE TO PLAY SQUASH AT THE LONDON YOUTH GAMES

SURREY SQUASH

ARE YOU UNDER 17?
DO YOU PLAY A RACKET SPORT?

Why not try out for your place on Kingston's squash team at the London Youth Games?

INTERESTED? SCAN THE QR CODE:
OR EMAIL: rebecca.middleton@kingston.gov.uk





CALLING FUTURE CRICKET STARS

Join our junior cricket team and unleash your potential! Whether you're a seasoned player or new to the sport, all aspiring cricket boys and girls are welcome.

Please Email : Kingstoniancc@gmail.com


Wed & Thu
17 April - 18 July


6:30pm - 8:00pm


KCL Sports Ground, Windsor Avenue, New Malden, KT3 5HA


@Kingstonian_Cricket


Kingstonian Cricket Club

HAMPTON WICK ROYAL CRICKET CLUB

HWRCC has been established for over 160 years in the stunning surroundings of Bushy Park. We take real pride in being part of the local community and welcoming all players, spectators and guests to our inclusive club, where 70% of our juniors are state-educated.







We offer junior cricket to girls and boys from age 5 upwards, with our super-friendly, ECB qualified coaches. All experience and abilities very welcome! Please see our website for how to get involved.



TheWick1863


Hampton Wick Royal Cricket Club


cricket@hwrccl.co.uk
juniorscricket@hwrccl.co.uk

Ages 8-14

Ominira Learning



SUMMER CAMP 2024

Arts and Crafts - Food Tech - Drama
Sports - STEM - Weekly Trips

30th July-23rd August
10 AM - 2 PM

Locations:
Hounslow: [Lampton School TW3 4EP](#)
Kingston: [Richard Challener School KT3 5PE](#)
Hammersmith & Fulham: [St. Etheldredas Church SW6 6JF](#)





Join us this Summer at Ominira for a safe and fun space to wind down and enjoy your holiday! Each day will bring its own adventure, a place to make friends and create lasting memories.

FIND OUT MORE & SIGN UP AT:

ominiralearning.com

TO BOOK, VISIT
SURBITON.ORG


NEW JUNIOR ZUMBA


STUDIO CLASS

FOR 11 - 15 YEAR OLDS

SATURDAYS 11:45-12:30

CHILD FRIENDLY ROUTINES BASED ON ORIGINAL ZUMBA CHOREOGRAPHY





Patient Experience Volunteer - Patient Partner; Patient Experience Committee (PEC)

ABOUT THIS ROLE:
Kingston Hospital is committed to working in partnership with patients, families, and carers in a transparent and open way. We are looking to recruit new Patient Partners to our Patient Experience Committee. This is a voluntary role. Our Patient Partners have expenses reimbursed and this can cover care costs if needed.

The Patient Experience Committee is made up of people with a shared interest in ensuring that patient experience insight is at the centre of work to design, deliver and improve services. PEC members include:

- Senior doctors, junior doctors, nurses and allied health professionals from the hospital as well as representatives of teams such as patient experience, quality improvement and volunteering.
- Nursing leads from the hospital
- Our local Healthwatch partners, Kingston Hospital governors and Patient Partners.

The meeting is chaired by Nicholas Kane, Chief Nurse for Kingston Hospital and IIRCH and attended by KHIPT / IIRCH chairman and other non-executive KHIPT board members.

WHAT WILL I BE DOING:
As a PEC Patient Partner you will attend quarterly committee meetings. These last two hours and are currently virtual meetings on MSTeams. Your role will be to:

- Consider the evidence on the quality of patient experience and examples of experience initiatives brought to PEC. Ask questions about how the hospital is responding to these and ensuring they are impactful.
- Be prepared to share your thoughts in a challenging yet constructive way in a meeting that involves people from a range of professional backgrounds.
- Read papers that have been circulated in advance of meetings and take part in a short pre-meeting briefing with a member of the patient experience team.
- Be prepared to put forward your ideas on how patient experience can be improved across the hospital.
- Support other patient experience related initiatives led by the patient experience team if you would like to do this.
- Participate in reflective sessions with other Patient Partner to discuss common themes and priorities that you have identified.

Other essential asks

- Commit to being available for mandatory training and meetings.
- Follow hospital policies and procedures as covered in your training.
- Maintain the confidentiality of the PEC meeting, its members and content always (and any pre and post meetings you take part in).

Living our values every day

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#KHFTproud

Facebook: @KingstonHospitalNHSFT
#TeamKHFT

www.kingstonhospital.nhs.uk

- Tell us if something concerns you or if you need further support and information to carry out your role.

As the role develops there may be opportunities to get involved in other activities to support patient experience, for example being involved in improvement projects as a patient partner.

WHAT WE ARE LOOKING FOR:

- A curiosity and interest in how patient, carer and service user voices are heard and responded to at Kingston Hospital.
- We are looking for people who are able to listen to complex information and make rational and objective comments and challenges by asking good questions.
- You will need to have an awareness of the range of experiences and perspectives that different people within our community might have and a preparedness to think about issues from different perspectives. For example, the perspective of people that find it difficult to access health services because of socio-economic issues, existing health conditions or accessibility needs amongst other things.

- Meeting dates for 2023:-
- 22nd October
- 31st December

WHAT SKILLS, KNOWLEDGE AND EXPERIENCE ARE HELPFUL IN THIS ROLE?

- Understanding of and a broad interest in Kingston Hospital and the experience of care and treatment of patients and service users.
- Confidence to communicate well verbally with people at all levels of the organisation about strategic issues, as an advocate for patients.
- Able to understand and evaluate a range of written information and evidence.
- Empathy skills - the ability to see things from patient perspectives as well as that of the Trust.
- An ability to remain objective.
- Ability to plan time to prepare for meetings and attend them.

WHAT SUPPORT IS PROVIDED?

- You will be part of a committed, multi-professional committee who seek to improve patient experience.
- Learn new and develop existing skills.
- Support your personal development and confidence.
- You will be making an important contribution to your local community throughout your volunteering journey at the hospital.

ESSENTIAL REQUIREMENTS / COMMITMENT:

- Over 15 years of age.
- DBS check.
- Have attended/completed all mandatory training including:
- The volunteer induction.
- Patient Experience Induction Session.
- To live our values through your volunteering role at Kingston Hospital.

IF YOU HAVE ANY ENQUIRIES PLEASE DO GET IN TOUCH

EMAIL: KHFTVOLUNTEERING@NHS.NET TELEPHONE: 0208 934 2549 / 0208 934 3620

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#KHFTproud

Facebook: @KingstonHospitalNHSFT
#TeamKHFT

www.kingstonhospital.nhs.uk

SEND Children and Young People Participation Group

Join other SEND children and young people (under 25) in Kingston and Richmond who want to make a difference, be involved in topics that affect them, develop confidence, learn new skills, make friends and have fun!



The Moor Lane Centre, Moor Lane, Chessington KT9 2AA
4pm to 5.30pm

1 July
5 August
16 September
7 October
4 November
2 December

"It's so professional and services can improve."

"It feels like you're doing a good cause."

"You will get your opinions heard."

"(Our monthly meetings) have good community vibes and banter!"

If you would like more information or to come along, email: participationiscd@achievingforchildren.org.uk



2nd Norbiton needs your help...



2nd Norbiton Scout Group helps local children have new experiences, learn useful skills and have fun.

Can you help by becoming a uniformed leader?

2nd Norbiton Cubs needs one or more people who can:

- Help run meetings on Tuesday evenings (6:30-8:30pm during school terms)
- Attend occasional committee meetings
- Help with Pack Holiday one weekend a year
- Occasionally lead on planning and running a meeting

You'll get:

- Free training
- Free uniform
- Support from experienced Leaders
- Great experience that can support your career
- An opportunity to learn and teach new skills
- The chance to help young people and your community
- A lot of wholesome fun!

There are lots of other opportunities to volunteer with 2nd Norbiton and make sure that local kids can enjoy Scouting, from Beavers through to Explorers. Even if you can't give lots of time or aren't sure what you could do, please do get in touch.

Email: akela@2ndnorbiton.org.uk

DO YOU HAVE AN EMERGENCY SERVICE FANATIC?

Over the next few months local fire stations are opening their doors for you to come and visit your local fire fighters!

SAVE THE DATES!

Wimbledon 29th June
New Malden 30th June
Wallington 27th July
Sutton 10th August
Orpington 16th August
Godstone 24th August
Reigate 31st August



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OPTIONS
AVAILABLE!**

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and tax-free childcare.



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