



**The Hollyfield School e-bulletin**  
 Surbiton Hill Road, Surbiton, KT6 4TU  
 020 8339 4500

“There is a distinct sense of community in the school” Ofsted 2020

Head's Line:

Dear Hollyfield Community

I hope you have all enjoyed your week. I am going to begin by congratulating our Year 8 boys' basketball team who were crowned county champions this week; beating Wimbledon College in the final. Well done to the whole team and to Mr Roberts who coaches them. Staying with our sporting successes, well done to all those who represented the school on netball tour last weekend and good luck to all of the students in Year 10 who are heading out for the D of E expedition this weekend. I'd like to offer our congratulations to all of the students who will be the ball crew at the Surbiton tennis tournament in June. Their training has begun and they will be working hard to reach the standard expected with this prestigious opportunity. Well done and thank you to Mr Miller who coaches the ball crew.

Our Year 11 students are continuing their preparations for their GCSE exams. Students and parents will be aware of the 'passport to success' programme which we run every year to support students in the final weeks before their GCSEs begin. Next week the students will have an assembly about the passport, how it works and how it will support them. Mr Winpenny will also send details of this to parents. Once parents and students have all the information, if there are any questions or anything we can do to support then please get in touch with Mr Winpenny who will be delighted to help, his email address for your reference is [mwinpenny@hollyfield.kingston.sch.uk](mailto:mwinpenny@hollyfield.kingston.sch.uk)

Please can I remind parents of students in Year 10 that it is parents' evening on Thursday. As always, parents can book appointments using school cloud, the link is here for your reference <https://thehollyfieldschool.schoolcloud.co.uk/>.

And finally, May half term is still long way away, however, I would just like to flag a date for your diary. On the last day of this half term: Friday 24 May, we will be hosting our annual Record of Achievement (ROA) event for Year 11. This is a wonderful event in the calendar and a real celebration of all Year 11 have achieved. In order to prepare the site for the event, the school will close early to all year groups, except those in Year 11. For students in Year 7 – Year 10 and in the sixth form, the school will close at 12.00pm

Wishing you all a lovely weekend.

**Amy Jackson**  
**Headteacher**



### Term Dates

#### Autumn Term 2023

5 September to 21 December  
 (Inset Day – 4-5 Sept & 1-3 Nov  
 - except Y11 & Y13)

#### Half Term

23 October - 3 November (see above)

#### Christmas Holiday

22 December - 5 January 2024

#### Spring Term 2024

8 January – 28 March  
 (Inset Day – 19 Feb)

#### Half Term

12-19 February (see above)

#### Easter Holiday

29 March – 12 April (Bank Hol  
 29 Mar & 1 Apr)

#### Summer Term 2024

15 April – 19 July (Bank Hol 6  
 & 27 May)

#### Half Term

29 - 31 May

### ..... Stop Press.....

- 30/4 – 2/5 – A Level Art Exam
- 2/5 - Year 10 Parent Consultation evening
- 3/5 – Year 11 Passport Assembly
- 5/5 – GCSE Coursework Deadline
- 6/5 – Bank Holiday
- 6-24/5 –Y7, 8, 9 End of Year Exams
- 7/5 – Y13 Report emailed to parents
- 12/5– GCE Coursework Deadline
- 14-15/5 – Y6 Interviews (4.00-6.00pm)

In this issue.....	Page
Head's Line.....	1
In Safe Hands.....	3
PTA.....	4
This Week Next Week.....	5
Achievement Points.....	6
Teaching & Learning.....	7
Getting to know.....	8
Careers.....	11
General Information.....	14
Local Information.....	14

## **OTHER NOTICES**

### **Reporting your child's absence**

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school [office@hollyfield.kingston.sch.uk](mailto:office@hollyfield.kingston.sch.uk).

### **Valuables in school**

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

### **Medical Health Care Plans**

Please can we remind all parents to complete a MHCP for any student with a medical condition if you have not already done so. Also, if there are any changes to a current plan please complete and submit a new MHCP so we can update our records. You can [print a form](#) and return it to school.

### **Changed your address/email/phone number????**

If you have changed your contact details, please email the school office on [office@hollyfield.kingston.sch.uk](mailto:office@hollyfield.kingston.sch.uk) stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

### **Water Bottles**

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

### **Surbiton Hill Road Entrance for cars**

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

### **Dinner Money Top Up**

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

### **Contribution to the School Fund**

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

### **Open Door**

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email [lsutton@hollyfield.kingston.sch.uk](mailto:lsutton@hollyfield.kingston.sch.uk).

## IN SAFE HANDS

Once again, for your information, the key contacts are:

School! Get in touch with the Designated Safeguarding Team

Mrs McGeoch: [smcgeoch@hollyfield.kingston.sch.uk](mailto:smcgeoch@hollyfield.kingston.sch.uk)

Ms Patel: [spatel@hollyfield.kingston.sch.uk](mailto:spatel@hollyfield.kingston.sch.uk)

Single Point of Access 020 8547 5008.

### SCHOOL HEALTH DROP- IN

**WHEN:** Tuesday Lunch time 11.40 -1.10PM  
**WHERE:** Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you.....





## HOLLYFIELD PTA NEWS

### **HOLLYFEST 2024**

Is currently being planned! Watch this space for more details!

**Breaking news! You can book your early bird tickets here!** <https://www.pta-events.co.uk/hollyfield/>. You can also sign up to an **estate agent board** (donation to the school for each board) and buy your **raffle tickets** at the same place! <https://www.pta-events.co.uk/hollyfield/>

### **Next PTA/Hollyfest Meeting Tuesday 21 May**

Everyone is welcome! Join us, find out how you can get involved and have fun whilst helping with events and raising funds for the school!

Join us at the Hollyfield, Exam building, next to the Dome, 7:30pm,

[What three words location: holds.bravo.drives]

Entering from the top gate off Lamberts Road.

**We are looking forward to seeing you there!**

### **Pre-loved Uniform Store Next session: TBC - end of June 2024**

At the old Music Building, Next to the Dome, Close to the Lamberts Road Gate

[What three words location: begin.tigers.atom]

Anyone is welcome to pop in and take what items they need.

If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. We have a large stock of items of uniform (particularly trousers) and PE kit including some shoes, football boots and trainers. **Availability varies.**

In an emergency situation, students can speak to the team at the school office to ask for access to the Uniform Store in the old music building.

We operate a donation system for those that can afford to contribute.

**Everyone Welcome - it is best the items get used, rather than sit in a store or be thrown away!**

**Any donations of uniform too small for your child would also be appreciated! These can be dropped at the collection point at the entrance to Albury**

### **Easy Fundraising**

**Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.**

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>

There are lots of ways of finding out about the PTA and what we are up to - website, Facebook, Instagram, Twitter and two email addresses.... they are all linked at the foot of each page....



@hollyfieldpta



@hollyfield\_pta



@TheHollyfieldSchoolPTA



[www.hollyfieldpta.org](http://www.hollyfieldpta.org)



[ptahollyfield@gmail.com](mailto:ptahollyfield@gmail.com)

# THIS WEEK.....




## TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 8 with a total of 95.04%. The top form group within each year this week is:

7CNE = 97.19%  
 8NMA = 96.13%  
 9HBL = 94.84%  
 10EWE = 95.33%  
 11JTU = 95.48%

Well done to all these students, keep up the excellent work.

## HOUSE POINTS

	 <b>Eagle</b>	 <b>Falcon</b>	 <b>Osprey</b>
<b>Year 7</b>	11327	11402	11764
<b>Year 8</b>	9507	9243	8887
<b>Year 9</b>	8234	8664	7794
<b>Year 10</b>	6813	5247	4959
<b>Year 11</b>	1612	4465	2000
<b>Total</b>	<b>37493</b>	<b>39021</b>	<b>27404</b>

## NEXT WEEK

Monday 29 April	Year 12 Assembly – Common Room
	GCSE Photography Exam
	Year 7,8 & 9 Surbiton Trophy Training (Alexandra Park Tennis Court) (1.10-3pm)
Tuesday 30 April	Year 13 Assembly – Common Room
	Year 7 Assembly (Exam practice line up) – Top Playground
	GCSE Photography Exam
	A Level Art Exam
Wednesday 1 May	Year 8 Assembly (Exam practice line up) – Top Playground
	Year 8 & 9 Reach Out - (Exam Centre) (6.00-8.00pm)
	A Level Art Exam
Thursday 2 May	Year 9 Assembly (Exam practice line up) – Top Playground
	A Level Art Exam
	Year 10 Parents' Evening (4.00-7.00pm)
Friday 3 May	Year 11 Assembly (Extended School Nurse) – Dining Hall
	Year 11 Passport Assembly (Dining Hall) (2.00-2.50pm)
5 May	GCSE Coursework Deadline



## FORTHCOMING DATES

2 May - Year 10 Parent Consultation evening  
 3 May – Year 11 Passport Assembly  
 5 May – GCSE Coursework Deadline  
 6 May – Bank Holiday  
 6-24 May –Year 7, 8, 9 End of Year Exams  
 7 May – Year 13 Report emailed to parents  
 12 May – GCE Coursework Deadline  
 14-15 May – Year 6 Interviews (4.00-6.00pm)  
 23 May – Year 12 Devising assessment Performance  
 24 May – Early Closure due to Year 11 Celebration event – 12.00pm

27 - 31 May 2024 – Half Term

6 June – Year 10 Tate Modern Trip  
 10-28 June – Year 10 Trial Exams  
 17-28 June – Year 12 End of Year Exams  
 21 June – Year 13 Prom  
 24 June – Year 7, 8, 9 Report emailed to parents  
 28 June – Public exams end  
 28 June – Year 11 Prom  
 2 July – Year 10 Sussex University Trip  
 3 July – New Year 7 Induction Day  
 4 July – Art & Design Exhibition – 4.00-7.00pm  
 4-6 July – Ilex Theatre Performances – 7.00pm  
 9 July - Sports Day  
 10-11 July – Activities Day  
 10-11 July – Year 10 Geography Field Trip, Seaford  
 13 July - Hollyfest  
 15 July – Year 10,12 Report emailed to parents  
 15-19 July – Year 12 Work Experience Week  
 19 July - End of Term – students dismissed from 12.00pm

15 August – A2/AS Results Day  
 22 August– GCSE Results Day

## ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability / Initiative / Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

**Year 7** 982 **Year 8** 572 **Year 9** 604 **Year 10** 397 **Year 11** 215

The top performing forms per year group in terms of overall achievements were:

**7SNE** 228 **8FKE** 161 **9CVA** 147 **10RMA** 76 **11DMI** 117

The top performing students from each year were:

**Year 7** Stanislav F/Zachary G **Year 9** Zak F **Year 11** Gabriel B  
**Year 8** Jayden G/Jayden J/Behrouz M/Aaron W/Jacob V **Year 10** Vincent T

## STUDENT ACHIEVEMENT

Congratulations to Harry H in Year 7 who picked up a really prestigious LEGO Robotics award in March at the FIRST LEGO League regional competition in Epsom. Well done from everyone at Hollyfield, we are very proud of you!

## TEACHING & LEARNING

# Mr Owen's Numeracy Blog

## Play Games

Games are a great way to develop numeracy skills among learners of all ages. Not only do they develop your relationships with your child, but they also provide an opportunity for practising and understanding numbers, patterns, and mathematical concepts in a fun and engaging way. Through games, we all can explore numerical relationships in a low-pressure environment, which often leads to a deeper and more intuitive understanding of math. Additionally, games that involve scoring, timing, and strategic planning encourage players to apply arithmetic operations and problem-solving skills, which can enhance their mental math abilities. This hands-on approach to learning helps to build confidence and fosters a positive attitude towards mathematics, which is essential for developing strong numeracy skills that are vital in everyday life and many professional fields. Go on, put your phones away for an hour and play a game!

# Top 5 Games for developing Numeracy

- Yahtzee all you need is 5 dice - Score card & Rules
- Uno - colourful and instant fun
- Card Games - Rummy is fantastic - Rules
- Dominos - Number pattern recognition and probability
- Darts - Great for active learners

## GETTING TO KNOW.....

### Science Department

#### Miss Al-Obaidi – Head of Science Faculty & Associate Assistant Headteacher

1. What's your science specialism(s)?  
Biology and Chemistry
2. How long have you been at Hollyfield?  
Since September 2020.
3. Favourite topic to teach?  
Organic Chemistry
4. Favourite science joke?  
What do you call an acid with an attitude? An a-mean-o acid
5. Interesting fact about yourself.  
I love hiking! I walked the final 115km of the Camino de Santiago in Spain in October 2019, and would like to return to walk the full 750km.

#### Mr Kynes – Assistant Headteacher

1. What's your science specialism(s)?  
Biology and Physics
2. How long have you been at Hollyfield?  
5 years
3. Favourite topic to teach?  
Lens diagrams
4. Favourite science joke?



Why science teachers  
should not be given  
playground duty.

EVERYTHINGFUNNY.ORG

5. Interesting fact about yourself.  
I'm a massive Star Trek nerd!



### **Miss Cunningham – Head of Biology and 2<sup>nd</sup> in Science**

1. What's your science specialism(s)?  
Biology
2. How long have you been at Hollyfield?  
9 years
3. Favourite topic to teach?  
Infectious diseases
4. Favourite science joke?  
Sodium Sodium Sodium Sodium Sodium Sodium Sodium Sodium BATMAN!
5. Interesting fact about yourself.  
I'm a black belt in martial arts.

### **Mrs Blackler – Physics teacher**

1. What's your science specialism(s)?  
Physics
2. How long have you been at Hollyfield?  
Since September 2020.
3. Favourite topic to teach?  
Static electricity
4. Favourite science joke?  
Where does white light end up when it's been bad? In prism.
5. Interesting fact about yourself.  
I used to work in Germany and am fluent in German.

### **Mrs Macauley – Biology teacher**

1. What's your science specialism(s)?  
Biology
2. How long have you been at Hollyfield?  
5 years
3. Favourite topic to teach?  
Microscopes
4. Favourite science joke?  
What's the quickest way to find out the sex of a chromosome? You pull down its genes.
5. Interesting fact about yourself.  
I love chocolate.

### **Mr Eon – Chemistry/Physics Teacher**

1. What's your science specialism(s)?  
Chemistry & Physics
2. How long have you been at Hollyfield?  
Since September 2023
3. Favourite topic to teach?  
Energy
4. Favourite science joke?  
What's a chemist's favourite fish? 2Na!
5. Interesting fact about yourself.  
I ride motorbikes.

### **Mr Ives – Physics teacher**

1. What's your science specialism(s)?  
Physics
2. How long have you been at Hollyfield?  
Since September 2020
3. Favourite topic to teach?  
Waves
4. Favourite science joke?  
Can't give you one, because all the good ones Argon

5. Interesting fact about yourself.  
I play the trombone

### Ms Jackson – Headteacher

1. What's your science specialism(s)?  
Chemistry
2. How long have you been at Hollyfield?  
Since April 2020.
3. Favourite topic to teach?  
Le Chatelier's principle
4. Favourite science joke?  
If H<sub>2</sub>O is water and H<sub>2</sub>O<sub>2</sub> is Hydrogen peroxide, what is H<sub>2</sub>O<sub>4</sub>? Drinking!
5. Interesting fact about yourself.  
I am a keen footballer

### Ms Raza – Chemistry teacher

1. What's your science specialism(s)?  
Chemistry
2. How long have you been at Hollyfield?  
Since April 2024
3. Favourite topic to teach?  
Energy
4. Favourite science joke?

**WHAT DID THE THERMOMETER SAY TO THE GRADUATED CYLINDER?**



5. Interesting fact about yourself.  
I enjoy camping

### Mr Varatharajan – Head of Physics

1. What's your science specialism(s)?  
Physics
2. How long have you been at Hollyfield?  
Since January 2024
3. Favourite topic to teach?  
Forces and Motion
4. Favourite science joke?  
I once told a chemistry joke.....there was no reaction
6. Interesting fact about yourself.  
I enjoy cycling and playing sports

### Mrs Siva – Head of Chemistry

1. What's your science specialism(s)?  
Chemistry
2. How long have you been at Hollyfield?  
September 2023
3. Favourite topic to teach?  
Quantitative Chemistry
4. Favourite science joke?  
What does Earth say to make fun of the other planets? You guys have no life.
5. Interesting fact about yourself.  
I have climbed Mount Kilimanjaro.

## CAREERS



### Careers Briefing - 26 April 2024 Mr Poole & Miss Corrighan (Careers team)

**Year 11** - All Year 11s should by now have a plan about where they want to study next year or whether they are going into an apprenticeship. Many students are staying on in the Sixth Form but others have places at other local Sixth Forms and colleges such as NESCOLT and Kingston. If students do not have any applications for college and need some support they should see Mr Poole or Miss Corrighan who can help them apply for colleges and apprenticeships. You can start an apprenticeship at various stages but students who leave at 16 could apply to do a Level 2 apprenticeship. A good place to find local vacancies is on: [Find an apprenticeship - GOV.UK](#)



#### Year 10

We are organising an aspirational visit to **Sussex University on 2 July**. This trip is an important part of the careers provision as this visit is an opportunity to visit a successful campus based university and gain an insight into higher education. Even if students do not want to go to university it is recommended that they attend to find out more about future options so they can make informed choices.

When the students arrive at Sussex University they will be greeted by student ambassadors and they will have an interactive session on why people go to university. There will also be an opportunity to meet a number of student ambassadors and also have a tour of the extensive university campus.

A letter was sent out about the trip: [Sussex University trip](#) but we want to make sure everyone has the opportunity to go on the trip so we have included the letter. The trip costs £17.00 and payment and the medical form needs to be returned ASAP. Please contact Mr Poole [ipoole@hollyfield.kingston.sch.uk](mailto:ipoole@hollyfield.kingston.sch.uk) if you have any questions.

**Year 10 Students can start to think about post 16 options including [Hollyfield Sixth form](#) & colleges.** There are some open events this term you can attend:

- [Nescot College](#) - offers a range of vocational courses including Animal Care, Construction, Media, Hair & Beauty and much more. **Open evening: Wednesday 22 May, 2024 16:30 - 19:30**
- [Esher College](#) - **Open Evening on Monday 1 July 2024 4.30 – 8.00pm** This is the only open event for students starting in 2025. There are also tours that take place but look on their website for more information
- [Kingston College](#) Open event on 21st June 2024 11.00-14.00 - more open events in the Autumn Term in the evenings and on the weekends.

If you want to apply to Esher College applications open on July 2nd otherwise most college applications should be made from late September and October onwards.



### Career Opportunities bulletin for sixth formers

Year 12 will be on work experience w/c 15 July so can look at work experience OR university summer schools. Please see the weekly bulletin below with details of work experience, university tasters, summer schools, apprenticeships, careers talks and more. This is collated each week for YOU! [26th April 2024 Sixth Form Careers opportunities](#)



# The Pitch

This is a national competition run by Your Game plan in partnership with JD Sports, Instagram and Channel 4.

As part of the competition prizes are 100s of work experience and internships are up for grabs with some of the biggest companies and recognisable brands in the world. It's for students aged 14-19 and it's all 100% free. [All information for The Pitch is here.](#) **Deadline: 1 May**

## Careers in Focus

Labour Market Information (LMI) is important in planning your future career. For the full picture of the London Labour Market please see this brilliant website: [London LMI](#) and [Unifrog](#) This week we are using information from the [Success at School](#) website.



## What roles are available?

**Artists & Illustrators:** they may work through a variety of mediums such as painting, sculpting and digital. They sometimes create pieces in-house for an organisation, or get commissioned on a freelance basis.

**Designers:** such as Product Designers, Interior Designers and Fashion Designers. You could also specialise in a specific craft such as Glass Designers.

**Tech-based:** these include Animators who make moving creatives for television & video games, as well as Graphic Designers who create digital art for creatives such as adverts. In the online space, there are also roles such as Web Designers and Social Media Managers.

**Art Historians:** such as Art Administrators who are involved in the management of a cultural organisation, Buyers & Collectors, and Gallery & Museum Curators.

## What skills do I need?

**Analytical:** You may enjoy researching different cultures, styles and trends

**Self-motivation:** You're able to work independently when needed and set your own schedule. You are curious, imaginative and great at coming up with new ideas.

**Problem-solving:** You can creatively construct a product or piece that's the right fit for its audience.

**See more skills you may need for a creative job [here](#).**

## Uni or Apprenticeship?

**Uni** - Some students may need to complete a one-year foundation course to get onto an Art-related undergraduate course. You may also choose to study at a specialist college for your field, such as [Escape Studios](#)! There are also fully online courses available, such as through [The Open College of Arts](#).

**Apprenticeship** - Roles available might include content creators, such as photographers and visual effects artists, or craft professions such as bookbinding and watchmaking. You could also train to become a museum or gallery curator through a degree apprenticeship.

### Top Tip

Many job and university applications will seek a creative portfolio— this could include projects you have done at school or for fun, in sketchbooks or online.

Read more about applying to Art & Design opportunities [here](#).

## Other things to consider...

It's important to remember that art and design careers can be competitive and sometimes unpredictable. You need to be resilient, adaptable and dedicated. That said, a career in this industry may allow you to create a new trend, work in a renowned historical institution, or even become a highstreet name... You can browse the full [Art & Design Career Zone](#) on our website.

## GENERAL INFORMATION

### Links to Useful Information

[Term Dates 2023-2024](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

### Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psychological-society-five-ways-to-boost-resilience-in-children/>

## LOCAL INFORMATION

### Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - [www.Kooth.com](http://www.Kooth.com).

### Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom.  
Email [RachelDykins@mindinkingston.org.uk](mailto:RachelDykins@mindinkingston.org.uk) for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: [116 123](tel:116123).
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to [85258](tel:85258).
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: [0808 2000 247](tel:08082000247)/online chat.

### Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: [www.youngminds.org.uk/find-help/for-parents/](http://www.youngminds.org.uk/find-help/for-parents/). Call 0808 802 5544.





## Counselling and Therapy

**Morag Shrafeddin** is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

### **Morag Shrafeddin**

Specialist in Children and Adolescent Therapy  
(MA Roehampton University)

(M) 079 5639 2216

(E) [morag@shrafeddins-therapy.co.uk](mailto:morag@shrafeddins-therapy.co.uk)

(W) [shrafeddins-therapy.co.uk](http://shrafeddins-therapy.co.uk)

**Volunteering**  
Kingston Hospital  
NHS Foundation Trust

**MAKE THE DIFFERENCE**

# Volunteer at Kingston Hospital

**You can make the difference**

Contact us now on 020 8934 3620 or email [khft.volunteering@nhs.net](mailto:khft.volunteering@nhs.net) to find out how you can help your local hospital.

**SCAN TO LEARN MORE**

**EnhanceAble**  
**AFTER-SCHOOL CLUBS**

**RIBBONS: MONDAYS**  
**FLYERS: TUESDAYS**  
**KITES: ALTERNATE TUESDAYS**

**RIBBONS: 4PM - 6PM**  
**FLYERS: 4PM - 6PM**  
**KITES: 6.15PM - 8.15PM**

**13 GENEVA ROAD, KINGSTON UPON THAMES, KT1 2TW**

ENHANCEABLE AFTER-SCHOOL CLUBS AIM TO SUPPORT YOUNG PEOPLE LIVING IN THE ROYAL BOROUGH OF KINGSTON, BY HELPING DEVELOP THEIR SOCIAL AND LIFE SKILLS. CREATE NEW FRIENDSHIPS AND MEET OTHERS WITH A SIMILAR DIAGNOSIS... AND, ABOVE ALL, HAVE FUN!

**KITES - FOR OLDER CHILDREN (AGED 11-17) OFFERING GROUP SUPPORT FOR A WIDE VARIETY OF DISABILITIES/NEEDS.**  
**RIBBONS - FOR YOUNGER CHILDREN (AGED 4-11) OFFERING GROUP SUPPORT FOR A WIDE VARIETY OF DISABILITIES/NEEDS.**  
**FLYERS - FOR CHILDREN (AGED 4-17) WITH MORE COMPLEX HEALTH AND/OR PHYSICAL DISABILITIES, OFFERING 1 TO 1 SUPPORT.**

For More Info:  
 [Leanne.Johns@Enhanceable.org](mailto:Leanne.Johns@Enhanceable.org)  
 <https://www.enhanceable.org/services/after-school/>

**KINGSTON ADULT EDUCATION**  
Learn Achieve Progress



Take advantage of the long summer days and learn something new!



Kingston Adult Education has a packed summer programme full of creative, wellbeing, maths, English and vocational courses.

Classes take place throughout the week at various times, both online and at centres across the Royal Borough of Kingston - and some of our courses are free!

For further information, visit <https://bit.ly/KAE-Summer2024>

SCAN HERE FOR COURSE GUIDE:



**THIS IS YOUR CHANCE TO PLAY SQUASH AT THE LONDON YOUTH GAMES**

**SURREY SQUASH**

**ARE YOU UNDER 17?**  
**DO YOU PLAY A RACKET SPORT?**

Why not try out for your place on Kingston's squash team at the London Youth Games?

**INTERESTED? SCAN THE QR CODE:**  
**OR EMAIL: [rebecca.middleton@kingston.gov.uk](mailto:rebecca.middleton@kingston.gov.uk)**

**KINGSTON MARTIAL ARTS**

**Kids  
Teens  
Adults**

Tel-07540998100

**WWW.ADAPTKCD.COM**



**KINGSTONIAN CRICKET CLUB**

**CALLING FUTURE CRICKET STARS**

Join our junior cricket team and unleash your potential! Whether you're a seasoned player or new to the sport, all aspiring cricket boys and girls are welcome.

Please Email : [Kingstoniancc@gmail.com](mailto:Kingstoniancc@gmail.com)

Wed & Thu  
17 April – 18 July

6:30pm – 8:00pm

KCL Sports Ground, Windsor Avenue, New Malden, KT3 5HA

@Kingstonian\_Cricket

Kingstonian Cricket Club

**HAMPTON WICK ROYAL CRICKET CLUB**

HWRCC has been established for over 160 years in the stunning surroundings of Bushy Park. We take real pride in being part of the local community and welcoming all players, spectators and guests to our inclusive club, where 70% of our juniors are state-educated.

We offer junior cricket to girls and boys from age 5 upwards, with our super-friendly, ECB qualified coaches. All experience and abilities very welcome! Please see our website for how to get involved.

TheWick1863

Hampton Wick Royal Cricket Club

[cricket@hwrc.co.uk](mailto:cricket@hwrc.co.uk)  
[juniocricket@hwrc.co.uk](mailto:juniocricket@hwrc.co.uk)

**HOME START**  
Richmond, Kingston & Hounslow

**FREE VOLUNTEER COURSE**

**JOIN HOME-START'S VOLUNTEER NETWORK**

Do you have parenting experience and a few hours spare each week? Local charity Home-Start is offering a free volunteer training course to provide emotional and practical support to parents with pre-school children facing challenging times.

**Interested?** Contact Erin Laybourne  
[erin@homestart-rkh.org.uk](mailto:erin@homestart-rkh.org.uk) or 07884 536161.  
Registered charity no: 1108975.

**HAMPTON WICK**  
**THURSDAYS, 9TH MAY - 20TH JUNE**  
(NOT HALF TERM 30TH MAY)  
**9:45AM - 2:30PM**

If you have some free time, and you are a parent or grandparent (or have similar experience), you could help other families with pre-school children. Local charity Home-Start is offering a free course to train you to be a home-visiting volunteer, supporting families with difficulties such as post-natal illness, bereavement or disability. The course will run in Hampton Wick from 9.45am-2.30pm, on Thursdays from 9<sup>th</sup> May to 20<sup>th</sup> June (not half-term 30<sup>th</sup> May). After the course, volunteers visit and support a family for 2-3 hours a week. For more information, please contact Erin on [erin@homestart-rkh.org.uk](mailto:erin@homestart-rkh.org.uk) or [volunteer@homestart-rkh.org.uk](mailto:volunteer@homestart-rkh.org.uk) or 07884 536161.

