The Hollyfield School e-bulletin
Surbiton Hill Road, Surbiton, KT6 4TU
020 8339 4500

"Pupils' behaviour is exemplary, and they demonstrate exceptional attitudes to learning" Ofsted 2025

Head's line…



Dear Hollyfield Community

We have had a great week at Hollyfield. Our open morning tours have been completed, we took round groups of Year 5 and 6 parents and children to see the school during the working day. Thanks once again to all of our ambassadors who accompanied these tours; parents and children tell us how useful it is to speak to current students so that they can hear about life at Hollyfield from those living it.

We also hosted our annual careers fair on Wednesday evening which was attended by a record number of students and employers. This gave the students a wonderful opportunity to hear all about different career pathways open to them. Many thanks to all the students who came along and to the parents who support the event.

Last week the whole school completed Harry's Walk. This memorial walk allows students to remember Harry Woodroffe, a much loved member of the school community who died several years ago. It is also an opportunity for staff and students to get out in the fresh air and talk to their friends as they walk. As always, the students behaved impeccably and were very respectful of the cause behind the walk. We were very proud of them. For those of us who knew Harry and remain in contact with his family, this is an event close to our hearts. The sight of Harry's tree, completely covered in purple ribbons tied by the students, was extremely moving.

Year 11 Trial Exams
Our Year 11 students have begun their mock exams, which are an excellent opportunity for teachers to assess what has been learned and understood, as well as where we need to give more support. In addition to regular lessons and revision activities, we have started leading lunchtime and after school intervention sessions in department areas to support each student in achieving the best possible outcome. We know these sessions make a real difference, so we appreciate your support in encouraging your children to attend.

This week, we hosted the hustings for our new Head Students. These students will work with Miss O'Shea to lead the Student Council, as well as a number of other projects, including our annual Culture Day and a celebration of our SEND community. They will also represent the school at key events, like our annual Open Evening. We wish all of the candidates the best of luck.

Next week, some of our sixth form students will be heading to New York and Washington for a fabulous cross curricular adventure. In New York, we will visit The Empire State Building, The Statue of Liberty and Central Park and in Washington, we will take in The Whitehouse and The Capitol Building. It promises to be a really enriching experience and we are all very excited.

Sixth Form Open Evening and Early Closure
Please can I also remind parents of students in Year 10 and Year 11 that it is the sixth form open evening on **Thursday 12 November**. This is a wonderful event in the calendar where students can learn all about our sixth form, the subjects on offer and all of the additional opportunities available. We encourage all students in these year groups to attend, and to bring their parents along. **The school will close earlier on that day at 12.45** to allow the site to be set for the evening. Unlike our whole school opening, there will not be a late start the following day. School will begin at 0830 as normal on Friday 13 November.

Wishing you all a wonderful weekend.

Amy Jackson, Headteacher

Term Dates

Autumn Term 2026
1 September to 18 December (Inset Day – 1-2 Sept, 30 Oct)
Half Term
19 – 29 October (inset 30/10)
Christmas Holiday
21 December - 1 January 2027
Spring Term 2027
4 January – 25 March (inset 4/1)
Half Term
15-19 February
Easter Holiday
26 March – 9 April (Bank Hol 26 & 29 Mar)
Summer Term 2027
12 April – 16 July (Bank Hol 3 & 31 May)
Half Term
31 May – 4 June

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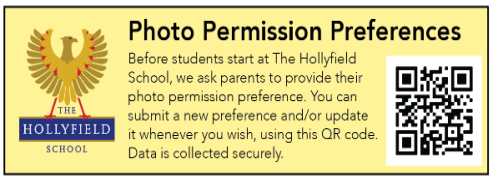
- 12-18/10 – Y13 New York & Washington Trip
- **19-30 October – Half Term**
- **30 October - Inset day – School Closed**
- 2-6/11 – Y11 Practical Mock Exams
- 2/11– Y7 & 8 Report emailed to parents
- 3/11 - Y12 & 13 Economics Taster Day (Kingston University)
- 6/11 – Y7 CATS Test

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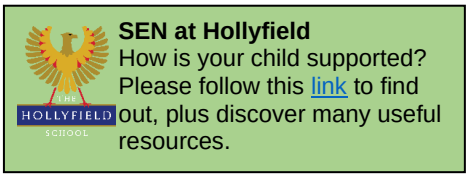
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"Pupils achieve very well in their examinations. This is because the school delivers an ambitious and balanced curriculum, underpinned by the highest expectations for all pupils. This includes the popular and successful sixth form" Ofsted 2025

OTHER NOTICES







Reporting your child's absence
When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school attendance@hollyfield.kingston.sch.uk.

Valuables in school
The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Condition(s) and Individual Healthcare Plans
Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Once complete, this will form part of your child's Individual Healthcare Plan which will be sent to you for approval, the communication will come from *noreply@medicaltracker.co.uk*. Please allow emails from this address.

Changed your address/email/phone number????
If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles
Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars
If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up
Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund
Standing Order Contributions to School Fund
If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6th form can be found here.

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click here for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door
Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.

Rewards System 2026

The new rewards system is designed to celebrate students who consistently embody our GO BIG character virtues and strive to be the **"best version of themselves."**

Starting this year, we will introduce **Legacy Points** and KS3 & 4 **Golden Ticket raffles** at the end of every term. These events will offer pupils the chance to win various prizes, including vouchers, experiences, and special in-school incentives like queue jump passes.

We believe that meaningful recognition helps students feel valued, fosters self-confidence, and encourages them to reach their full potential. By highlighting and rewarding commitments to our core values, we aim to further strengthen our school culture and ethos.

In developing this initiative, we have carefully considered research on motivation to strike the right balance between extrinsic and intrinsic rewards. To ensure we don't diminish intrinsic drive through an over-reliance on tangible gifts, we have determined that hosting three raffles per year provides the perfect balance.

Summary of how to get entered for the Golden Ticket Raffle

Students will continue to earn achievement points, which are now called legacy points, for going above and beyond within our school community.

Incentive	Description	Points
Achieving 50 Legacy Points	Accumulating 50 legacy points	1 raffle entry
Earning a Ticket  	**Golden Ticket:** *Every lesson a student has an opportunity to earn a Golden Ticket. Teachers are permitted to hand one Golden Ticket per day for any student they believe has demonstrated our GO BIG character virtues.*	5 Legacy points + 1 raffle entry
	Platinum Ticket: *Visitors, for example, visitors who deliver workshops etc, have an opportunity to acknowledge three pupils per visit.*	7 Legacy points + 1 raffle entry
Being a Zero Hero	*By achieving zero negative points in one half term.*	10 Legacy points + 2 raffle entries
The Legacy Builder	*Accumulate legacy points during rewards assemblies*	

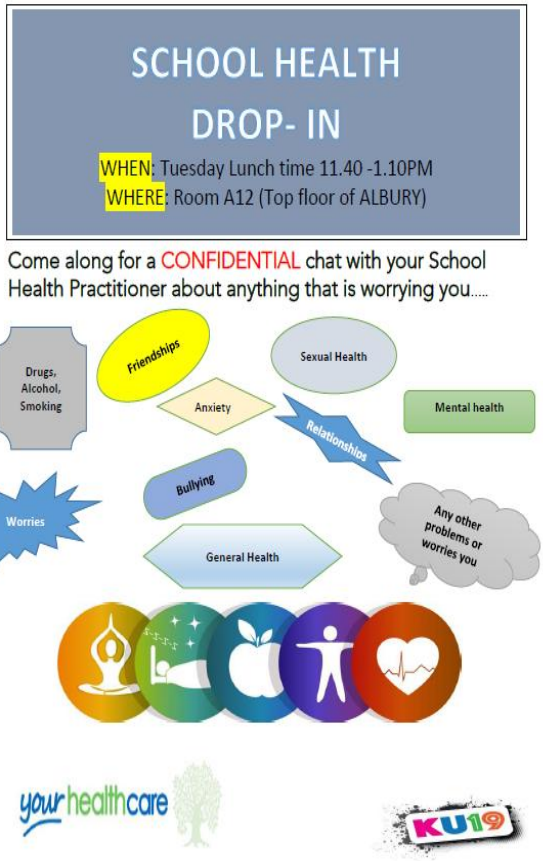
Note: The Golden and Platinum Tickets are tangible postcards, which students will be able to bring home. Please keep an eye out for these to help celebrate the success.

We look forward to celebrating these achievements with our students throughout the year.

SAFE HANDS/PASTORAL SUPPORT

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team
Ms Patel: spatel@hollyfield.kingston.sch.uk
Mr Buckman: nbuckman@hollyfield.kingston.sch.uk
Single Point of Access 020 8547 5008.





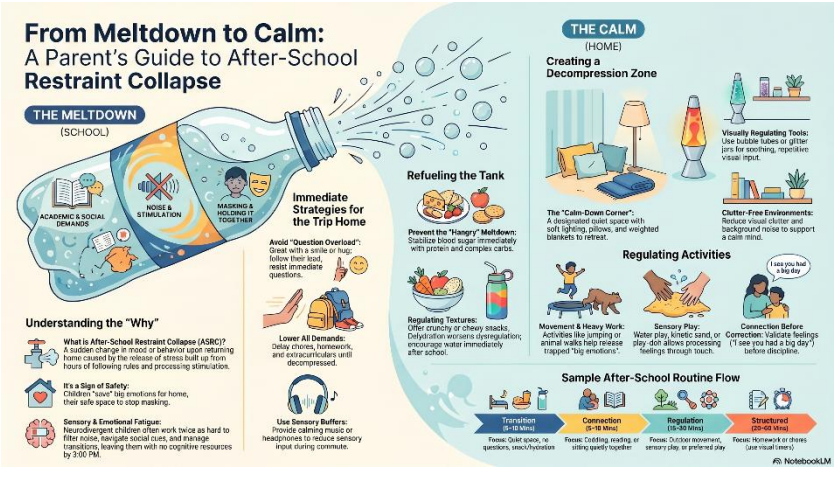
Click here to view workshops and book

Balancing the Energy Books

There is no question that there are greater demands placed on students within mainstream secondary schools compared to primary. Lesson pace, sensory overload, academic pressure, personal accountability and social masking can take a heavy toll on many young people with additional needs causing them to become exhausted and unable to contribute to activities or basic activities at home.

Spoon Theory, created by Christine Miserandino, aims to contextualise our personal energy usage that we need to get through each day. What may take one 'spoon of energy' for a neurotypical individual, such as taking public transport or getting ready in the morning, may take a neurodiverse person two or three 'spoons' leading to a deficit at the end of the day. Spoon Theory aims to identify the major energy draining activities but most importantly, the activities that can be implemented to refill their reserve throughout the day, leading to improved energy management and resilience. **Link to find out more.**

Supporting Your Child With After School Meltdowns



For further information click here

The Nurture Programme: Supporting Your Teen

Navigating the secondary school years can bring new challenges—from shifting moods and exam pressure to managing screen time and changing relationships. **The Nurture Programme** is a 10 week course that offers a supportive, judgment-free space for parents and carers to share experiences and pick up practical strategies tailored for raising teenagers.

- **When:** Mondays, 5:30 PM – 7:30 PM
- **Start date:** 28 September 2026
- **Where:** The Hollyfield School - LRC (Library)
- **Who:** Open to all parents and carers of secondary students

What We Cover:

- **Communication & Connection:** Staying close with your teen as they seek more independence.
- **Managing Emotions & Stress:** Helping your child navigate academic pressure, anxiety, and social challenges.
- **Setting Boundaries:** Practical ways to handle conflict, screen time, and rules around the home.
- **Parental Wellbeing:** Looking after yourself while supporting your adolescent.

Come along to gain fresh perspectives, share ideas, and connect with other parents in our school community.

How to Register: To reserve your place or ask any questions, please contact Jo Leo jleo@hollyfield.kingston.sch.uk.

HOLLYFIELD PTA NEWS

Volunteer Opportunities/Pre-Loved Uniform Sale/Year 7 Quiz Night - Save the Date/Meeting Dates and more…

✨ Volunteer Opportunity: Chair/Co-Chair/Trustee Positions ✨

Our wonderful Co-Chairs Hannah and Bryn have decided to step down to allow some fresh ideas and get a well deserved rest after leading the PTA so successfully for a number of years. We will miss them greatly, thank you both so much for everything you have done.

This means that the Hollyfield PTA is looking for an enthusiastic and approachable person (or people) to take on the role of PTA Chair and help bring parents, carers, staff and the wider school community together. All of our trustee roles can be shared, this allows for sharing of tasks and more ideas and support.

What does the Chair/Co Chair do?

The Chair/Co Chair helps to:

- Lead and support the PTA committee and its volunteers
- Help plan meetings, events and fundraising activities
- Work closely with the school and other members of the PTA
- Encourage parents and carers to get involved
- Help make sure everyone's ideas and contributions are heard
- Keep the PTA moving forward and make the most of opportunities to support the school

You don't need previous PTA or committee experience. We're looking for someone who is organised, friendly, willing to get involved and able to bring people together. There will be support from the existing committee and school - and Bryn has said he will provide his expertise and support when it comes to planning the next Hollyfest.

Why get involved?

It's a great opportunity to meet other parents and carers, contribute to school life and help make a real difference to the experiences and opportunities available to our students.

We would also love to welcome anyone interested in a general Trustee role, this would involve supporting the team in various ways.

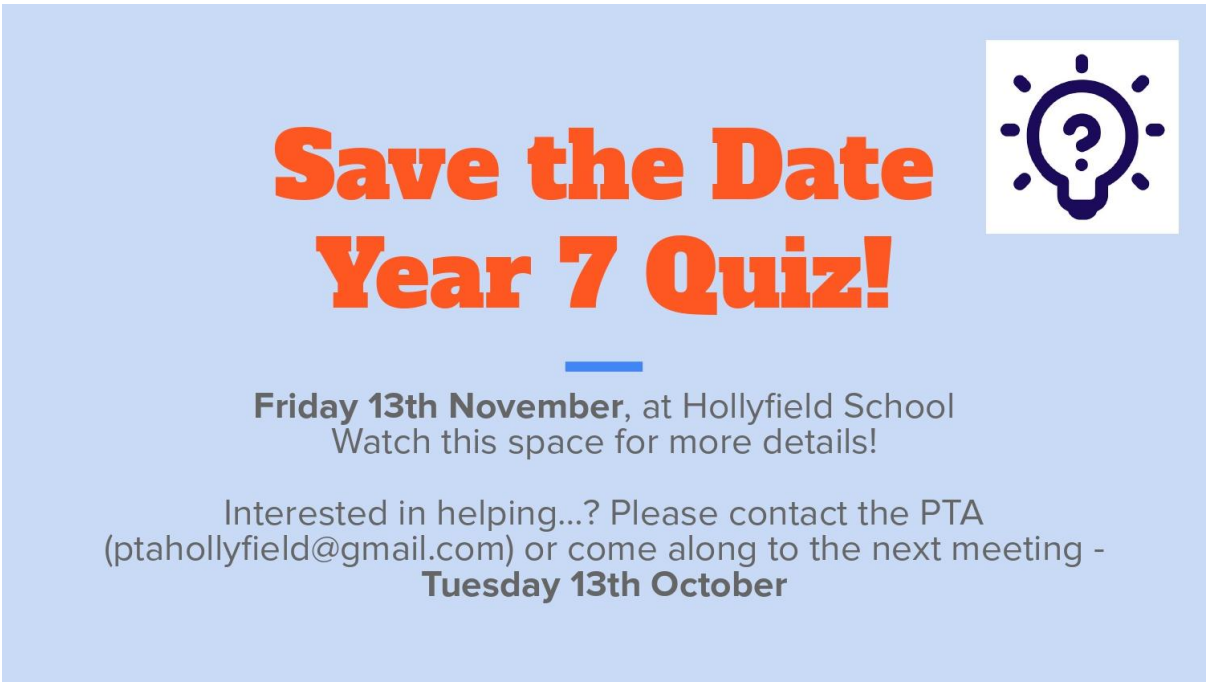
Interested or want to know more? Please get in touch — we'd love to welcome you to the team! You can drop us an email at ptahollyfield@gmail.com or if you can pop along to the next meeting (see below) and we can provide more information and you can meet the team.

✨ Pre-loved Uniform Store ✨

🗓️ **Date:** Saturday 10 October
🕛 **Time:** 10am to 12pm
📍 **Location:** Hollyfield School At the old Music Building, Next to the Dome, Close to the Lamberts Road Gate *[What three words location: begin.tigers.atom]*

Anyone is welcome to pop in and take what items they need. If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. We have a large stock of items of uniform - **Availability varies.** We operate a donation system for those that can afford to contribute. **Everyone Welcome - it is best the items get used, rather than sit in a store or be thrown away!**

Any donations of uniforms too small for your child would also be appreciated! These can be dropped at the collection point at the entrance to Albury



⭐ Join the PTA ⭐

We are a group of parent and carer volunteers creating fun and fundraising events that directly benefit the school. Our meetings usually take place on the 3rd Tuesday of every month. Our next meeting will be to plan the Year 7 quiz on **Tuesday 13 October, 7pm at The Wagon and Horses**.

Get Involved:

- **Volunteer your time ⏰ at events and stalls.**
- **Attend PTA events 🎉 — fun and fundraising combined!**
- **Come to monthly meetings 🗓️ (usually the 3rd Tuesday).**

- Stay updated via:

Get Regular Updates Join the WhatsApp Community for the PTA

Follow us on Instagram @hollyfield_pta for the latest news

Drop us an email ptahollyfield@gmail.com to find out more

Register for Easy Fundraising before starting your online shopping and raise money for Hollyfield School

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: **https://www.easyfundraising.org.uk/support-a-good-cause/step-1**

Supporting Our School Through Sherpa Tutors

[Please note: Hollyfield School is not affiliated to and does not endorse any specific tutor service, nor can we quality assure their services.]

We're pleased to share that our PTA has partnered with **Sherpa Tutors** as part of their fundraising programme, giving families a simple way to support our school.

When parents register using our referral link, the PTA earns **£5 for every lesson completed** by a student, up to **£100 per family**. These funds are donated directly to the PTA and help support activities, resources, and events for our children.

By taking part, families can benefit from additional learning support while helping to raise valuable funds for our school community. To join and support the PTA, please sign up here. Thank you for your continued support.

THIS WEEK……..

TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 97.02%. The top form group within each year this week is:

7HBL= 99.68%
8RSA = 96.56%
9MCO = 97.93%
10CSA = 96.56%
11DMI = 98.79%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

	Eagle	Falcon	Osprey
Year 7	3205	2234	3150
Year 8	2622	2413	2606
Year 9	2555	1911	2755
Year 10	1825	2348	1833
Year 11	1662	1665	2767
Total	**11869**	**10571**	**13111**

NEXT WEEK

Monday 12 October	Year 12 Assembly – Common Room
	Year 11 Trial Exams (until 16 October)
	Year 9 Assessments (until 15 October)
	Sixth Form New York and Washington Trip (12-18 Oct)
Tuesday 13 October	Year 13 Assembly – Common Room
	Year 7 Assembly (Personal Development) – Dining Hall
Wednesday 14 October	Year 8 Assembly (Personal Development) – Dining Hall
	GCSE Drama Theatre Trip (Jane Eyre, Rose Theatre) (6.30pm)
Thursday 15 October	Year 9 Assembly (Personal Development) – Dining Hall
	UCAS Deadline for Oxbridge, Med/Vet/Dentistry)
Friday 16 October	Year 10 Assembly (Personal Development) – Dining Hall

FORTHCOMING DATES

12-18 October – Year 13 New York & Washington Trip

19-30 October – Half Term
30 October - Inset day – School Closed

2-6 November – Year 11 Practical Mock Exams
2 November – Year 7 & 8 Report emailed to parents
3 November - Year 12 & 13 Economics Taster Day (Kingston University)
6 November – Year 7 CATS Test

10 November – Year 11 Careers Event
10 November – Year 12 Report emailed to parents
12 November - Early closure from 12.45pm
12 November – Sixth Form Open Evening
13 November Year 7 PTA Quiz Night
13 November - Year 10 Careers Event: Understanding Animal Research
16-17 November – Year 11 Geography Field Trip (Canary Wharf)
19-20 November – Year 10 Assessments
17 November – Year 9 Report Emailed Home
23 November - 4 December – Year 13 Trial Exams
24 November – Year 11 Report Emailed Home
26 November – Year 11 Parent Consultation evening - 4.00pm
30 November - Year 11 GCSE Science Live
1 & 9 December – Year 10 Jack Petchey Speak out Workshops
7-11 December – Year 11 Photography, Textiles & Drama Practical Exam
9 December – Year 13 Poems of the Decade (Friend's House, London)
10 December - Year 9 Parent Consultation evening - 4.00pm
8 December – Year 10 Report Emailed Home
14-18 December – Year 7 & 8 Assessments
16 December – Christmas Concert (6.30-10.00pm)
17 December – Carol Service (6.30-7.30pm) – St Mark's Church
18 December – Non-uniform day - £1 donation to charity
18 December – **End of Term – dismissal from 12.00pm**

21 December 2026 – 1 January 2027 – Christmas Holiday

4 January – Inset Day

LEGACY POINTS

Legacy and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability/Initiative/Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7	1346	**Year 8**	842	**Year 9**	840	**Year 10**	560	**Year 11**	603

The top performing forms per year group in terms of overall achievements were:

7LFI	304	**8EBE**	186	**9PGI**	184	**10CSP**	158	**11DMI**	144

The top performing students from each year were:

Year 7	JPB	**Year 8**	CIR	**Year 9**	JA	**Year 10**	IS	**Year 11**	SK

TEACHING & LEARNING



CAREERS



Careers Briefing 9 October 2026
Mr Poole & Miss Corrighan (Careers team @Hollyfield)

Careers Fair - Weds 7 October



Our annual careers fair took place on Wednesday 7 October in Albury and what a fantastic evening for our students to explore different options and engage with a wide range of people from industries and education providers.

Nearly 200 students from Year 10 -13 were in attendance in addition to parents/carers who came to speak to over 60 volunteers from a range of industries including; architecture, STEM (Science, Technology, Engineering and Maths), creative arts, media and TV, Police, Army, Sport, Business, Finance and many more. We also had a range of colleges and universities to help students considering their post 16 and 18 options.



Thank you to all our volunteers who come from a range of backgrounds and it was great to see the Hollyfield alumni back to share their career journey.

Thank you to all our student volunteers who supported by meeting and greeting our guests and a big thank you to all the staff who helped with the organisation and stayed late for the evening. Well done to Mr Poole for being the chief organiser and bringing it all together, it is a mammoth task and it's such a brilliant event.

Finally, we welcome feedback about the event and we encourage students and parents/carers to offer their views here: Student form.

Sky trip



It has been a busy couple of weeks for Careers. One of the aims of the school is to provide the opportunity for our students to do work place visits and meet a variety of employees. It was therefore a great pleasure to take a combined group of **Year 11s and Year 13s to visit the Sky Academy in Elstree**.



During the visit, the students met with a variety of Sky employees to find out about careers in the Media industry. Students also had a tour of the studio and an opportunity to work with state-of-the-art equipment to produce a short and entertaining film.



Unifrog is our careers platform that students can use throughout their Hollyfield Journey. Log in with your HF student email address (you can also reset the password). Students might want to:

- Explore their post-16 or 18 options, which include college, universities, apprenticeships and career ideas
- Try the quizzes which look at your personality, interests and more to help you figure out which careers might suit you

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Parents/Carers have an important role to play, and please encourage your children to talk through their different ideas for their post 16, 18 and career options. **Talking Futures** is a great resource to inform parents and carers about the options available to their children. If parents/carers have any questions about the process email Mr. Poole: ipoole@hollyfield.kingston.sch.uk

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Careers opportunities bulletin

We encourage sixth form students, parents and carers to access our **weekly Careers Opportunities bulletin** HF Careers opportunities bulletin 09/10/26

This includes;

- ***Work experience***
- ***Careers talks***
- ***University open days/tasters***
- ***Apprenticeships***
- ***Unifrog events and more!***

Volunteering opportunity - Princess Alice Hospice

We are pleased to let you know that applications are now open for our **Ward Support Programme March 2027.** This opportunity is for **students who are interested in a career in healthcare**. It offers invaluable hands-on experience as a volunteer on our IPU for 6 months. Students will need to be at least 17 years old by 7 March 2027 to be eligible to participate. Role description as attached.

The role description and application form can be found on our website here

Closing date for applications is 22 November
Interviews will be held over Christmas break

This will be the 21st cohort of students undertaking this fantastic programme with Princess Alice Hospice. Our ward support programme was the feature of an excellent **BBC Radio 4 documentary called *Lasting Lessons*.** If you'd like to hear more about the experiences of ward support volunteers - listen here.

In partnership with the National Saturday Club, **Kingston University** if offering two exciting opportunities for **Year 10 students:**

- **Art & Design Saturday Club**
- **Science & Engineering Saturday Club**

Both clubs are **completely free** for **Year 10 students** and take place across 17-18 Saturdays from 16 January – 26 June 2027. We're looking for students with a strong interest in Science & Engineering or Art & Design. This is a fantastic opportunity for students to:

- Take part in hands-on practical workshops in our industry-standard facilities
- Work with expert tutors and academics
- Build creativity, confidence and subject knowledge in a university setting
- Gain valuable experience to support future study and career aspirations

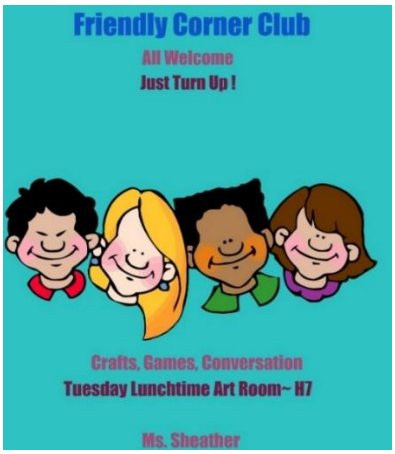
Find the PowerPoint presentation with full programme details: **Kingston University Saturday Club Recruitment PowerPoint 2027** Applications close on **Fri 23 October at 6pm.** Application link for students: **https://data.heat.ac.uk/survey/LPH**

GENERAL INFORMATION

Links to Useful Information

Term Dates	Form Tutor List	Key Dates
Uniform List	The School Day Times	Menus
Extra-Curricular Activities	Student well-being and safety	Staff List and Structure
Severe Weather Procedure	Donation to School Fund	

Important reminders for PE clubs:
- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority.



Relaxing Lunchtime Club on Tuesday for Arts, Crafts, games and friendly conversation in the upstairs Art Room- H7.

The theme of Spring time this term is to create your own Bird Art and Spring themed decorated Masks, as well as relaxing colouring, painting and games.

All are welcome!

LOCAL INFORMATION

Resilience in Children
If you are interested in further reading around building resilience in children this article is worth a read.

https://cmom.org/press/the-british-psycological-society-five-ways-to-boost-resilience-in-children/

Kooth
Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.Kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom. Email RachelDykins@mindinkingston.org.uk for details.
- Childline: information and advice on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: 0800 1111.
- Anna Freud Centre: 90 resources and strategies https://www.annafreud.org/selfcare/.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: 116 123.
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to 85258.
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: 0808 2000 247/online chat.

Information for adults
Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.

LOCAL SERVICES

(Please note: Hollyfield School is not affiliated to and does not endorse any specific independent service/activities held outside of school, nor can we quality assure their services.)

Click here to view organisations who offer a range of services to local families.