



The Hollyfield School e-bulletin  
Surbiton Hill Road, Surbiton, KT6 4TU  
020 8339 4500

“Pupils’ behaviour is exemplary, and they demonstrate exceptional attitudes to learning” Ofsted 2025

## Head’s line...

Dear Hollyfield Community

I hope you have all had a lovely week. This week we have been celebrating which has been great fun. Alongside having the chicks in school last week, we have had science week assemblies as well as an additional focus in science lessons. We have had a couple of trips out this week Year 9 attended the Fulham Memories Session for International Women’s Day and Year 8 visited the Strand Hotel on a Workplace Visit – all very successful.

Next week is also a huge week for students across the school as we suspend the curriculum on Wednesday for activities day, Year 7 will take part in a visit to the Natural History Museum, as well as a day in school learning Circus Skills and taking part in an Art workshop and cinema experience. Year 8 students will visit The Science Museum and will also take part in creative writing and Zoolab workshops and have a cinema experience. Year 9 students will visit the HMS Belfast as well as team building and median and film workshops and have a cinema experience at school. Year 10 will visit an escape room and have a scavenger hunt in London. Year 11 will spend the day in Brighton completing lots of exciting activities.

## Upcoming Events

Looking ahead, towards the end of term and beyond, we have some key, whole school events: Year 7 parents’ evening is on 19 March – please book your appointments [here](#). Culture Day is on 26 March, this proved to be very popular last year and we are looking forward to an even better experience this year. Year 8 parents’ evening is on 23 April and will be an online event with Year 10 parents’ evening (in person) on 7 May. Further details will be sent nearer the time.

## Year 11 Record of Achievement/Early closure – 22 May

Just a reminder that Year 11 parents will have received information about our Record for Achievement Ceremony on 22 May, this is a wonderful event where we celebrate the achievements of our Year 11 students and their time with us. Please do not forget to book your tickets – further information can be found [here](#). As is customary **school will close early on 22 May for all students except Year 11 to enable preparations for the event, students will be dismissed from 12.00pm.**

## End/Start of Term Arrangements

The Easter holidays are approaching so it is timely for me to remind parents that, as always, the last day of term (27 March) is a non-uniform day and we will have an early closure for students. Students are expected to attend school with periods 1-3 taking place as normal. Students will return to form rooms at the start of period 4 (11.45am) to tidy and register and then there will be a phased **dismissal by a senior member of staff from 12.00pm**. The students will be asked to donate £1 to charity on this day. We **return to school on Monday 13 April**. As always, this will be a late start for students. Students should arrive to school at **10:30am** where they will go to registration and lessons will begin with period 3 at 10:55am.

## Join Our Governing Body: Governance Professional Vacancy

We are currently seeking a highly organised and self-motivated **Governance Professional** (formerly known as Clerk to the Governors) to join us. This is a vital role that sits at the heart of our school’s leadership, providing administrative support and procedural advice to our Governing Board. If you have excellent communication skills, a professional eye for detail, and a desire to contribute to our school’s success on a flexible, part-time basis, we would love to hear from you. For a full job description and details on how to apply, please visit the **Vacancies** section of our school website.

Wishing you all a wonderful weekend when you get there.

## Amy Jackson, Headteacher

“Pupils achieve very well in their examinations. This is because the school delivers an ambitious and balanced curriculum, underpinned by the highest expectations for all pupils. This includes the popular and successful sixth form“ Ofsted 2025



## Term Dates

### Autumn Term 2025

1 September to 19 December  
(Inset Day – 1-2 Sept, 6-7 Nov & 5 Dec)

### Half Term

27 October - 7 November

### Christmas Holiday

22 December - 2 January 2026

### Spring Term 2026

5 January – 27 March  
(Inset Day – 23 Feb)

### Half Term

16-20 February (see above)

### Easter Holiday

30 March – 10 April (Bank Hol 3 & 5 Apr)

### Summer Term 2026

13 April – 17 July (Bank Hol 4 & 25 May)

### Half Term

25 - 29 May

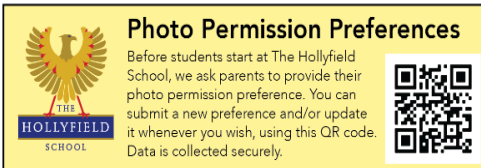
## ..... Stop Press.....

- 16/3–Y13 Rpt emailed home
- 18/3 – Activity Day
- 19/3–BTEC Level 3 Results published
- 19/3–Y7 Parent Consultation evening-4.00pm
- 20/3– Y11 Rpt emailed home
- 23/3-17/4–Y13 Final Trial Exams
- 23/3– Y9 DTP & Men ACWY Vaccinations
- 24/3-KS3 Shakespeare Workshop

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## OTHER NOTICES



**Photo Permission Preferences**

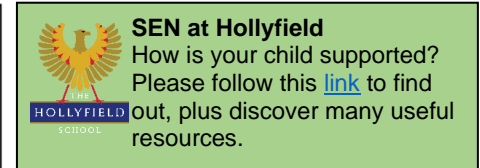
Before students start at The Hollyfield School, we ask parents to provide their photo permission preference. You can submit a new preference and/or update it whenever you wish, using this QR code. Data is collected securely.



**Free School Meals**

**Is your child eligible for Free School Meals?**

A small percentage of eligible students do not claim them. We email parents frequently to let them know. During the term, eligible students can claim a nutritious hot meal, drink or delicious dessert every day. If they are entitled, make sure your child is claiming theirs. If you need further assistance, please contact us.



**SEN at Hollyfield**

How is your child supported? Please follow this [link](#) to find out, plus discover many useful resources.

### Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school [attendance@hollyfield.kingston.sch.uk](mailto:attendance@hollyfield.kingston.sch.uk).

### Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

### Medical Condition(s) and Individual Healthcare Plans

Can we please request that you complete the following [medical information collection form](#) if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Once complete, this will form part of your child's Individual Healthcare Plan which will be sent to you for approval, the communication will come from [noreply@medicaltracker.co.uk](mailto:noreply@medicaltracker.co.uk). Please allow emails from this address.

### Changed your address/email/phone number????

If you have changed your contact details, please email the school office on [office@hollyfield.kingston.sch.uk](mailto:office@hollyfield.kingston.sch.uk) stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

### Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

### Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

### Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

### Contribution to the School Fund

#### **Standing Order Contributions to School Fund**

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6<sup>th</sup> form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

### Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email [lsutton@hollyfield.kingston.sch.uk](mailto:lsutton@hollyfield.kingston.sch.uk).

# SAFE HANDS/PASTORAL SUPPORT

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: [spatel@hollyfield.kingston.sch.uk](mailto:spatel@hollyfield.kingston.sch.uk)

Mr Buckman: [nbuckman@hollyfield.kingston.sch.uk](mailto:nbuckman@hollyfield.kingston.sch.uk)

Single Point of Access 020 8547 5008.

## SCHOOL HEALTH DROP- IN

**WHEN:** Tuesday Lunch time 11.40 -1.10PM  
**WHERE:** Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you....




**The Mental Health Support Team (MHST)**

Parent Webinars on:

- > Worries and anxiety
- > Screen time and social media
- > Understanding changes in the adolescent brain
- > Sleep Difficulties
- > Friendship difficulties and bullying
- > Self-harm and suicidal thoughts
- > Low mood and depressive feelings

[Click here to book](#)

achieving for children

[Click here to view workshops and book](#)

### Balancing the Energy Books

There is no question that there are greater demands placed on students within mainstream secondary schools compared to primary. Lesson pace, sensory overload, academic pressure, personal accountability and social masking can take a heavy toll on many young people with additional needs causing them to become exhausted and unable to contribute to activities or basic activities at home.

Spoon Theory, created by Christine Miserandino, aims to contextualise our personal energy usage that we need to get through each day. What may take one 'spoon of energy' for a neurotypical individual, such as taking public transport or getting ready in the morning, may take a neurodiverse person two or three 'spoons' leading to a deficit at the end of the day.

Spoon Theory aims to identify the major energy draining activities but most importantly, the activities that can be implemented to refill their reserve throughout the day, leading to improved energy management and resilience.

[Link to find out more.](#)



# HOLLYFIELD PTA NEWS

save the date

**Saturday 4 July 2026**

tickets on sale  
25.03.26



**HOLLYFEST**

Be part of the team that makes it happen! Volunteers **NEEDED!**

Come along to our next PTA meeting to find out more. Help make this amazing event come to life!

**Tuesday 17.03.26, 7pm**  
**Waggon & Horses Pub,**  
**Surbiton Hill Road**



**Pre Loved Uniform Store**

**Saturday 18 April**  
**10am-12pm**

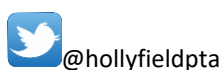
- If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help.
- All are welcome to take what items they need - it is best the items get used rather than sit in a store or be thrown away!
- We operate a donation system for those that can afford to contribute.
- We have a large stock of uniform ite
- Availability varies.

**Hollyfield School,**  
**The Old Music Building, next to**  
**the Dome, Close to**  
**Lamberts Road Gate**  
[What three words: firms.square.energy]



[CLICK HERE](#) for info on our Lead Roles Hollyfest Volunteer Roles and further information

Volunteers wanted to help run our Pre Loved Uniform Store - email or Whatsapp us for information



ptahollyfield@gmail.com

 [www.hollyfieldpta.org](http://www.hollyfieldpta.org)

## THIS WEEK.....



### TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 96.10%. The top form group within each year this week is:

7GKE= 98.75%  
 8RAL = 98.62%  
 9CNE = 97.59%  
 10DMI = 94.55%  
 11JLU = 93.57%

Well done to all these students, keep up the excellent work.

### HOUSE POINTS

	 <b>Eagle</b>	 <b>Falcon</b>	 <b>Osprey</b>
<b>Year 7</b>	8257	8304	10034
<b>Year 8</b>	7965	8568	5850
<b>Year 9</b>	7830	7548	8727
<b>Year 10</b>	4751	5207	7331
<b>Year 11</b>	2303	4054	2491
<b>Total</b>	<b>31106</b>	<b>33681</b>	<b>34433</b>

### NEXT WEEK

<b>Monday 16 March</b>	Year 11 Interventions – (All Week except 18 Mar) Whole School Assembly (Lockdown) – Online Year 7 Diversity Role Model Workshop Year 13 Reports Emailed Home
<b>Tuesday 17 March</b>	Year 7 Assembly (Resilience) – Dining Hall Year 8 Assembly (Science Week) – Dining Hall Year 13 Assembly – Common Room Year 9 PHSE Workshop
<b>Wednesday 18 March</b>	Activities Day
<b>Thursday 19 March</b>	Year 9 Assembly (Resilience) – Dining Hall Year 12 & 13 L3 BTEC Results Published Year 7 Parents Consultation Evening (4.00-7.00pm)
<b>Friday 20 March</b>	Year 10 Assembly (Resilience) – Dining Hall Year 11 Reports Emailed Home Year 9 PHSE Workshop Year 11 GCSE Drama C2 Performance Exam – Tech & Dress Rehearsal (1.15-2.55pm)

### FORTHCOMING DATES

16 March – Year 13 Report emailed to parents  
 18 March – Activity Day  
 19 March – BTEC Level 3 Results published

19 March – Year 7 Parent Consultation evening - 4.00pm  
 20 March – Year 11 Report emailed to parents  
 23 March – Year 11 GCSE Drama C2 Performance Exam  
 23 March-17 April – Year 13 Final Trial Exams  
 23 March – Year 9 DTP & Men ACWY Vaccinations  
 24 March - KS3 Shakespeare Workshop  
 24 March - Year 9 Rosslyn Park 7s Under 14 Rugby Competition  
 25 March – Key Stage 3 Rock Band Night - (6.30-8.00pm)  
 26 March - Year 7-13 Culture Day  
 26 March - Sixth Form External Student Interviews  
 27 March – Year 11 Level 2 BTEC Media Exam  
 27 March – Year 10 Reports emailed to parents  
 27 March – Non-uniform day - £1 donation to charity  
 27 March - End of Term – students dismissed from 12.00pm

### 30 March – 10 April 2026 – Easter Holidays

## ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability/Initiative/Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

**Year 7** 620 **Year 8** 535 **Year 9** 654 **Year 10** 407 **Year 11** 352

The top performing forms per year group in terms of overall achievements were:

**7BRO** 217 **8LGR** 133 **9VVA** 180 **10DMI** 175 **11HBL** 185

The top performing students from each year were:

**Year 7** Riley B **Year 9** Alfie B **Year 11** Dre HW  
**Year 8** Jazib A **Year 10** Joshua D

## TEACHING & LEARNING

### The MFL Crêpe Celebration!

This week, the Modern Foreign Languages department was smelling particularly sweet as we hosted a special **Crêpe Party** to celebrate the hard work and dedication of our Key Stage 3 French and Spanish students.

The event was held to recognize students who achieved "**Very Good**" grades for both their **Attitude to Learning** and **Homework** in their most recent reports. While many students

reached this high standard, a lucky group of 20 names was randomly selected from the high-achievers list to take part in the lunchtime festivities.

### Master Chefs in the Making

Our winners traded their dictionaries for aprons and headed to the kitchen to try their hand at the art of the perfect crêpe. They enjoyed an expert tutorial from crêpe master, Madame Detrois. From mastering the pour to ensuring a golden-brown finish, the students showed that their skills in the kitchen are just as impressive as their skills in the classroom!

### Why We Celebrate

Beyond the grade you achieved, we believe that scoring "Very Good" for your Attitude to Learning and Homework completion is really worth applauding. These good habits will prepare you well for Key stage 4 and Further Education. What's more, consistency in language learning – at home and in the classroom – are proven to help students become fluent.

**Bravo** to our 20 winners and well done to every KS3 student who received top marks on their reports. Keep up the fantastic work—your effort is truly *magnifique*!



## PIANO AND VOICE LESSONS AT

←.....→

# Hollyfield

**Are you interested in  
1:1 instrument Lessons  
at school? Let us know  
and sign up today to  
start learning!**

Is there something else you'd  
like to learn? Get in touch:  
[musicservice@kingston.gov.uk](mailto:musicservice@kingston.gov.uk)

APPLY  
NOW!

THE BORNA REGIONAL OFFICE OF  
KINGSTON  
UPON THAMES

[HTTPS://UKKINGSTON.SPEEDADMIN.DK/REGISTRATION#/](https://ukkingston.speedadmin.dk/registration#/)

## GETTING TO KNOW.....

### Media & Photography Department

#### Ms Mirshahi – Head of Media Studies

As Head of Media at The Hollyfield School, I am delighted to lead such a flourishing department during my fifth year here. I feel immensely proud of our students, whose hard work consistently produces top-tier results and unparalleled success. Outside of school, my passion for world cinema and daily walks with my joyful golden retriever keep me inspired and energised.

#### Ms May – Head of Photography

This is my fifth year at Hollyfield, I have been teaching Art and Photography for 10 years in total. I studied for my degree at Kingston University. I am passionate about all forms of Art, I really enjoy visiting galleries and screen printing in my own time.

#### Mr Winpenny – Photography/Media Teacher

I am the Senior Deputy Headteacher responsible for Raising Standards, Free School Meals and deputise for Ms Jackson when she is absent. I teach Photography, Media Studies, Sociology and have also taught ICT. A couple of interesting facts: I have 4 children and a dog and I do a bit of DJing outside of school.

## CAREERS



### Careers Briefing 13 March 2026 Mr Poole & Miss Corrighan (Careers team)

#### Year 8 Workplace visit to the Strand Place Hotel, London - Wednesday 11 March



Congratulations to all those Year 8s who took part in the visit to the hotel on Thursday. The students had a presentation about the hotel and different careers in the hospitality industry; took part in a networking event with different hotel employees, and also had a tour of the luxury London hotel. The staff at the hotel were incredible and provided a good deal of insight into their different roles.



Congratulations to those Year 8s who were a credit to the school and hopefully gained some knowledge and inspiration about the wide number of opportunities in the Hospitality industry. They also developed vital skills in communication, listening and presentation skills.

#### Year 11 - Post 16 - Sixth form & college applications for Sept 2026

All of Year 11 have now had at least one careers interview since they were in Year 10. However, if there are students who would like to have a follow-up meeting or are still undecided about where and what they are going to study next year, email Mr Poole [ipoole@hollyfield.kingston.sch.uk](mailto:ipoole@hollyfield.kingston.sch.uk) and he can arrange a meeting. The GCSE Results day is

on Thursday 20 August, and by then all students should have a conditional place either at Hollyfield and another sixth form or college.

If students are not planning to attend Hollyfield Sixth Form next year, there is still time to apply to college or an apprenticeship. You need to apply to college to ensure you have a backup plan. **Kingston College, NESCOT, Richmond upon Thames**, and others are still taking applications and have open days, so if you have not applied yet, you need to do so as a matter of urgency, as you have to confirm your place for next year. There is a **Kingston College open event - Weds 18 March, 4.30 pm-6.30 pm** [Register here](#).

[Chessington sixth form](#) also offers courses in **Childcare and Sports** - this is a smaller provision but offers excellent support and small classes. The Childcare students work in the Nursery at the school, gaining fantastic experience. The sports academies include Football, Basketball and Sports Coaching. Find out more: [Sixth Form](#).

### Apprenticeships



A few weeks ago, the school promoted National Apprenticeship Week, and if students are interested in following this route, this is the right time to start searching for opportunities and making applications. Students, parents and carers can look at the [Find an apprenticeship](#) website and look for jobs that will start in Sept 2026. If you are not sure how to apply, speak to Mr Poole, [ipool@hollyfield.kingston.sch.uk](mailto:ipool@hollyfield.kingston.sch.uk), who is based in Albury.

### Some current apprenticeship vacancies:



The Royal Borough of Kingston upon Thames are offering some interesting apprenticeships for students to be aware of to start in September:

- [Arborist Apprenticeship](#)
- [Business & Administration Apprenticeship](#)
- [Civil Engineering Apprenticeship](#)

For more information on working for Kingston Council, please visit: [here](#)



### **Backstage Technician Apprentice Royal Opera House**

**Royal Opera House LONDON (WC2E 9DD)**

Start date 7 September 2026 Closing date to apply: Sunday 22 March 2026. Wage £16,685.50 to £26,984.10 a year

Training course Creative industries production technician (level 3)

Link to apply:

<https://www.findapprenticeship.service.gov.uk/apprenticeship/VAC2000016207>

### Based at Hampton Court Palace: [Hampton Court jobs board](#)

Wages £23,587.20 a year. Apply via links below:

[Horticultural Apprentice](#)

[Paralegal Apprentice](#)

[Apprentice Commercial Property Surveyor Junior IT apprentice](#)

[Early Careers Coordinator and Mentoring Apprentice](#)

[Cultural learning and participation apprentice](#)



## Parents/Carers



**Talking Futures** is a great resource to inform parents and carers about the options available to their children. It has conversation starters, info about the range of options, which include technical qualifications, apprenticeships and more. It is a really good starting point to find out more about what their children can do in this ever-changing education landscape.

**NEXT STEPS LONDON**, which is a collection of guides designed to support young people, parents, and educators as they explore future career pathways across the capital. These resources aim to spark meaningful conversations, build confidence, and provide practical tools for navigating the next stage of the career journey.

### Careers opportunities bulletin and work experience

We encourage sixth form students, parents and carers to access our **weekly Careers Opportunities bulletin**. All of these opportunities allow students to explore their ideas and look great on uni or apprenticeship applications.

Students and parents/carers can access this here: [HF Careers opportunities bulletin 13/03/26](#)

This includes;

- **Work experience**
- **Careers talks**
- **University open days/tasters**
- **Apprenticeships**
- **Unifrog resources and events**
- **and much more**

**Students in year 12 will do a work experience placement in the last week of the summer term - 13- 17 July**, so students should be looking for placements now for that week, and once confirmed, it needs to be recorded on the Unifrog placements tool.

## GENERAL INFORMATION

### Links to Useful Information

[Term Dates](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

### Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psychological-society-five-ways-to-boost-resilience-in-children/>

## LOCAL INFORMATION

### **Kooth**

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - [www.Kooth.com](http://www.Kooth.com).

### **Mental Health Resource sites**

- Mind in Kingston: run daily activities on zoom. Email [RachelDykins@mindinkingston.org.uk](mailto:RachelDykins@mindinkingston.org.uk) for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: [116 123](tel:116123).
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to [85258](tel:85258).
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: [0808 2000 247](tel:08082000247)/online chat.

### **Information for adults**

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: [www.youngminds.org.uk/find-help/for-parents/](http://www.youngminds.org.uk/find-help/for-parents/). Call 0808 802 5544.

## LOCAL SERVICES

*(Please note: Hollyfield School is not affiliated to and does not endorse any specific independent service/activities held outside of school, nor can we quality assure their services.)*

Click [here](#) to view organisations who offer a range of services to local families.