

The Hollyfield School e-bulletin
 Surbiton Hill Road, Surbiton, KT6 4TU
 020 8339 4500

“Pupils’ behaviour is exemplary, and they demonstrate exceptional attitudes to learning” Ofsted 2025

Head’s line...

Dear Hollyfield Community

We have had another busy and successful week at Hollyfield, culminating in a real triumph for Hollyfield's cheer squad. Under Ms Grasty's leadership, the team entered their first competitive event at the weekend and not only won their division, but were also crowned Grand Champions, having beaten eighteen other teams. We're really proud of them. We are also proud of our new team of Head Students, who led their first Whole School Assembly last week, feeding back to students in all year groups on the outcome of their Student Council discussions, which they had brought to the attention of our SLT.

Our Year 9 students have been enjoying their options taster day today. Year 9 students have had an array of support for their options process, including their parents' evening, options information evening, a brochure to explore and one-to-one options interviews with staff. This week, they have an opportunity to experience a lesson in some of the subjects they have never studied before such as photography, media studies or health and social care. Please can I encourage Year 9 parents and carers to speak to their children to make sure students are making the correct choices for their options and studying subjects they enjoy and are interested in.

Year 11 students have been working really hard, and will continue to do so this week, as they take part in their mock exams. We have been delighted with their attitude and hope they receive the results they deserve. Our teachers and teaching assistants do a fabulous job of supporting students in class, during intervention sessions, masterclasses and homework club - and we know that parents/carers provide much needed support at home. It is one of those great examples of the Hollyfield Community working as a team.

Students in all year groups have been wearing their new lanyards with pride. The lanyards have had a real impact in the dining hall, where students can use their ID cards (linked to Parentmail accounts) to pay for the items purchased. The system is much smoother and more straightforward, which is a real win. Another great advantage of the lanyards, which was commented on by student council members, is that we can all more easily identify which year group students are in.

Early closure

Please note that on **Friday 13 February school will close early** due a large number of students and staff attending our biennial ski trips. Students will attend lessons period 1-4 and return to their form for registration at 12.35-12.45pm. The school will remain open until 1.15pm for students to have lunch if they wish and for free school meal students to have a hot lunch.

Half Term and Inset - 23 February 2026

This week is the final week before half term. Please can I remind all parents that half term is from Monday 16 February to Friday 20 February. Monday 23 February is an INSET day for staff. The school will be closed to students in all year groups.



Term Dates

Autumn Term 2025

1 September to 19 December
 (Inset Day – 1-2 Sept, 6-7 Nov & 5 Dec)

Half Term

27 October - 7 November

Christmas Holiday

22 December - 2 January 2026

Spring Term 2026

5 January – 27 March
 (Inset Day – 23 Feb)

Half Term

16-20 February (see above)

Easter Holiday

30 March – 10 April (Bank Hol 3 & 5 Apr)

Summer Term 2026

13 April – 17 July (Bank Hol 4 & 25 May)

Half Term

25 - 29 May

..... Stop Press.....

- 2-13/2 – Y11 Trial Exams
- 9/2 – Y9 Options Taster Day
- 9-13/2 – Y12-13 Retake Trial Exams
- 12/2 – Y10 & 11 My Neighbour Totoro Theatre Visit)
- 12/2 – Y12-13 Parent Consultation evening - 4.00pm
- 13/2 – Y12 Report Emailed Home
- 13/2 - Y12 Kingston Hosp Visit
- 13/2 – Ski Trips Depart
- 13/2 – Early Closure – 12.45pm

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Hollyfest

Looking further ahead, we have a date for your diaries: Hollyfest (our fabulous music festival) will take place on Saturday 4 July. It is always a real highlight of the school year: well over a hundred performers, from Year 7 to 13, will take to the stage. The school's swing band, orchestra, ukulele ensemble and choirs will all be represented, as will our rock school, enabling a multitude of home grown rock bands to find their audience, either on the main stage or the acoustic stage.

Hollyfest is also an amazing community event, with food stalls, raffles, competitions and a host of other activities that our wonderful PTA are starting to plan and their first meeting is on 10 February so please pop along to find out more (details on page 4). If you would like to help the PTA with this event - or any of their other wonderful fundraising activities - contact them on ptahollyfield@gmail.com . They are always happy to welcome new members.

Regards.

Amy Jackson, Headteacher

“Pupils achieve very well in their examinations. This is because the school delivers an ambitious and balanced curriculum, underpinned by the highest expectations for all pupils. This includes the popular and successful sixth form“ Ofsted 2025

OTHER NOTICES

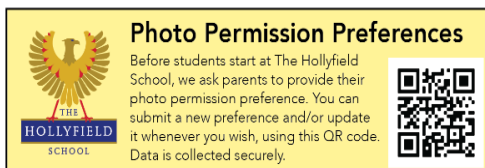


Photo Permission Preferences

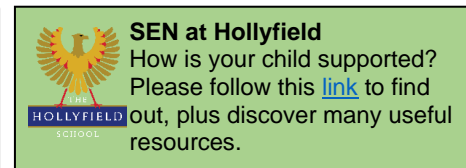
Before students start at The Hollyfield School, we ask parents to provide their photo permission preference. You can submit a new preference and/or update it whenever you wish, using this QR code. Data is collected securely.



Free School Meals

Is your child eligible for Free School Meals?

A small percentage of eligible students do not claim them. We email parents frequently to let them know. During the term, eligible students can claim a nutritious hot meal, drink or delicious dessert every day. If they are entitled, make sure your child is claiming theirs. If you need further assistance, please contact us.



SEN at Hollyfield

How is your child supported? Please follow this [link](#) to find out, plus discover many useful resources.

Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school attendance@hollyfield.kingston.sch.uk.

Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Condition(s) and Individual Healthcare Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Form: <https://forms.gle/pxTajACe1yUNSKdx9>. Once complete, this will form part of your child's Individual Healthcare Plan which will be sent to you for approval, the communication will come from noreply@medicaltracker.co.uk. Please allow emails from this address.

Changed your address/email/phone number????

If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund

Standing Order Contributions to School Fund

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6th form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.

SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: spatel@hollyfield.kingston.sch.uk

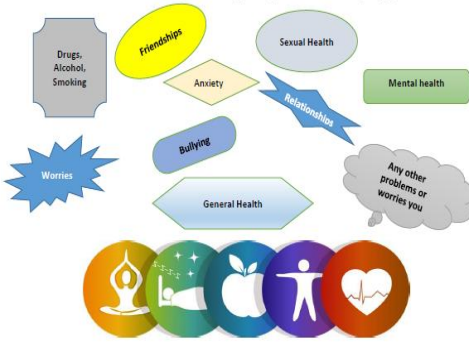
Mr Buckman: nbuckman@hollyfield.kingston.sch.uk

Single Point of Access 020 8547 5008.

**SCHOOL HEALTH
DROP-IN**

WHEN: Tuesday Lunch time 11.40 -1.10PM
WHERE: Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you.....



PROTECTING YOUNG MINDS



SAFEGUARDING WORKSHOP FOR PARENTS ON HARMFUL ONLINE SPACES

A two-hour, interactive workshop designed to help parents build confidence around online safety and digital wellbeing.

KEY TOPICS WE'LL EXPLORE:

- Understanding harmful online influences and groups
- Warning signs a young person is engaging in harmful online activity
- Understanding parental controls
- How to hold difficult conversations
- How to access support

For more information email: kanika@groundswell.world

SCAN QR CODE OR CLICK [HERE](#) TO REGISTER NOW

Date: **Thu 12th Feb**
Time: **10AM-12PM**

Location:
Online via Google Meet



GROUNDWELL PROJECT
groundswellproject.org







The Mental Health Support Team (MHST)

Parent Webinars on:

- Worries and anxiety
- Screen time and social media
- Understanding changes in the adolescent brain
- Sleep Difficulties
- Friendship difficulties and bullying
- Self-harm and suicidal thoughts
- Low mood and depressive feelings

[Click here to book](#)



[Click here to view workshops and book](#)



HOLLYFIELD PTA NEWS

🌿 Hollyfest 2026 – Kick-Off Meeting (All Welcome!) 🌿

📅 **Date:** Tuesday 10 February

🕒 **Time:** 7.00pm

📍 **Location:** The Lamb, Brighton Rd, Surbiton KT6 5NF

The **LEGENDARY Hollyfest music festival** returns on **4th July 2026**, and we're determined to make it **bigger and better than ever!**

After the incredible success of last year raising **just under £13,000 profit for the school**, we're excited to kick off planning for another unforgettable event.

This meeting marks the **official start of Hollyfest 2026 planning**, and **everyone is warmly invited** to come along.

We'll meet at [The Lamb in Surbiton](#) and are excited to announce that Adam and The Lamb team will be running the bar for us again this year.

Whether you can help a little or a lot, the more people involved, the more ideas we'll have, the more fun and successful it'll be.

[Click here](#) for more information about Hollyfest, how it works and how you can get involved.

Come along, get involved, and help us make Hollyfest 2026 truly epic!

One School. One community. One amazing day.

🌿 Supporting Our School Through Sherpa Tutors 🌿

[Please note: Hollyfield School is not affiliated to and does not endorse any specific tutor service, nor can we quality assure their services.]

We're pleased to share that our PTA has partnered with [Sherpa Tutors](#) as part of their fundraising programme, giving families a simple way to support our school.

When parents register using our referral link, the PTA earns **£5 for every lesson completed** by a student, up to **£100 per family**. These funds are donated directly to the PTA and help support activities, resources, and events for our children.

By taking part, families can benefit from additional learning support while helping to raise valuable funds for our school community.

To join and support the PTA, please [sign up here](#). Thank you for your continued support.



[@hollyfieldpta](#)



[@hollyfield_pta](#)



[@TheHollyfieldSchoolPTA](#)



ptahollyfield@gmail.com



www.hollyfieldpta.org

✦ Volunteer Opportunity: Social Media Whizz Wanted! ✦

Hollyfields PTA is on the lookout for a Social Media Whizz to help us spread the word about our events, fundraising and school community.

If you have a little time to spare and knowledge of all (or even some!) things social media, we'd absolutely love to hear from you. Whether you enjoy creating posts, sharing updates, or just keeping things ticking along, every bit of help makes a big difference.

📅 What you'll do:

- Help manage and update our social media
- Share news, events and PTA activities
- Support our lovely school community

♥ What you'll get:

- A flexible, volunteer role
- A chance to support the school and make an impact
- Lots of appreciation from the PTA team!

Interested or want to know more? Please get in touch — we'd love to welcome you to the team! You can drop us an email at ptahollyfield@gmail.com.

★ Join the PTA ★

We are a group of parent and carer volunteers creating fun and fundraising events that directly benefit the school. Help shape how funds are spent and make a real difference to our children's experience.

Our meetings usually take place on the 3rd Tuesday of every month. Our next general PTA meeting will be Tuesday 17th March.

Get Involved:

- Volunteer your time 🕒 at events and stalls.
- Attend PTA events 🎉 — fun and fundraising combined!
- Come to monthly meetings 📅 (usually the 3rd Tuesday).
- Stay updated via:



Get Regular Updates [Join the WhatsApp Community](#) for the PTA



Follow us on Instagram [@hollyfield_pta](#) for the latest news



Drop us an email ptahollyfield@gmail.com to find out more

📅 Coming soon..... 📅

Quiz Night for Adults only - date TBC

After the success of our Year 7 Quiz in November we will be holding an adults only quiz night later this term.



[@hollyfieldpta](#)



[@hollyfield_pta](#)



[@TheHollyfieldSchoolPTA](#)



ptahollyfield@gmail.com




www.hollyfieldpta.org


Volunteers wanted - We are looking for budding quiz masters to put some mind boggling questions together! If you are up to the task interested please drop us an email ptahollyfield@gmail.com.

April - We are delighted to share that our school has secured a place in next year's London Marathon! The place has been offered to our staff team and one brave and dedicated runner will be taking on the challenge to raise vital funds for the school in April. Stay tuned—full details will be revealed shortly!

Pre-loved Uniform Store

 **Date:** TBC (early next term)

 **Time:** 10:00am to 12:00pm

 **Location:** Holyfield School, The Old Music Building, next to the Dome, Close to the Lamberts Road Gate

[What three words location: [firms.square.energy](#)]

A big thank you to the volunteers and families who came along to our Pre-loved Uniform Store two Saturday's ago. **We raised just over £100 for the school by selling pre-loved uniforms!**

If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. Anyone is welcome to take what items they need - it is best the items get used rather than sit in a store or be thrown away! We operate a donation system for those that can afford to contribute and we have a large stock of uniform items. Availability varies.

Register for Easy Fundraising before starting your online shopping and raise money for Hollyfield School

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

THIS WEEK.....



TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 96.26%. The top form group within each year this week is:

7BRO= 97.74%
 8RAL = 96.21%
 9SCM = 96.88%
 10KWH = 97%
 11JLU = 95.71%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	6999	7585	8469
Year 8	7004	7235	5030
Year 9	6561	6377	7631
Year 10	4284	4583	6307
Year 11	2062	3444	2295
Total	26910	29224	29732

NEXT WEEK

Monday 9 February	Year 11 Trial Exams (to 13 February) Year 13 Retakes – (to 13 February) National Apprenticeship Week Year 12 Assembly – Common Room Year 9 Options Taster Day + Careers Workshop Year 7 Rose Theatre Trip (1.15-4.30pm)
Tuesday 10 February	Year 7 Assembly (Apprenticeships) – Dining Hall Year 13 Assembly – Common Room
Wednesday 11 February	Year 8 Assembly (Apprenticeships) – Dining Hall
Thursday 12 February	Year 9 Assembly (Apprenticeships) – Dining Hall Year 10 & 11 My Neighbour Totoro (New London Theatre) (12.30-6pm) Sixth Form Open Evening (4.00-7.00pm)
Friday 13 February	Year 10 Assembly (Apprenticeships) – Dining Hall Year 12 Reports Emailed Home Ski Trips Depart Early Closure for Students (12.35-12.45pm registration)

FORTHCOMING DATES

2-13 February – Year 11 Trial Exams
 9 February – Year 9 Options Taster Day
 9-13 February – Year 12-13 Retake Trial Exams
 12 February – Year 10 & 11 My Neighbour Totoro (GCSE Drama Live Theatre Visit)

12 February – Year 12-13 Parent Consultation evening - 4.00pm
 13 February – Year 12 Report Emailed Home
 13 February - Year 12 Kingston Hospital Visit
 13 February – Ski Trips Depart
 13 February – Early Closure – 12.45pm

16-20 February 2026 – Half Term

23 February – Inset Day – School Closed

25 February – Year 8-13 VPA Alumni Event
 3 March - Year 12 Surrey University and Apprenticeship Fair
 3-6 March – Year 11 GCSE Food Practical Exam
 4-6 March – Year 7-9 Ilex Theatre Britney's Lock (NT Connections Home Performances)
 10-13 March – Year 11 Back Up GCSE practical Exam
 11 March - Strand Hotel Workplace Visit (9.30am-3pm)
 13 March – Year 7, 8 & 9 Report Emailed Home
 16 March – Year 13 Report emailed to parents
 18 March – Activity Day
 19 March – BTEC Level 3 Results published
 19 March – Year 11 GCSE Drama C2 Performance Exam
 19 March – Year 7 Parent Consultation evening - 4.00pm
 20 March – Year 11 Report emailed to parents
 23 March-17 April – Year 13 Final Trial Exams
 23 March – Year 9 DTP & Men ACWY Vaccinations
 26 March - Year 7-13 Culture Day
 27 March – Year 11 Level 2 BTEC Media Exam
 27 March – Year 10 Reports emailed to parents
 27 March – Non-uniform day - £1 donation to charity
 27 March - End of Term – students dismissed from 12.00pm

30 March – 10 April 2026 – Easter Holidays

ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability/Initiative/Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7 839 **Year 8** 455 **Year 9** 608 **Year 10** 536 **Year 11** 131

The top performing forms per year group in terms of overall achievements were:

7SNE 205 **8RCL** 114 **9PTA/SCM** 123 **10DMI** 137 **11HBL** 47

The top performing students from each year were:

Year 7 Riley B

Year 9 Ben W

Year 11 Eva C

Year 8 Torsten SS

Year 10 Samuel K

TEACHING & LEARNING



Royal Academy Young Artists' Summer Show

Now in its eighth year, the Young Artists' Summer Show is a free, open submission exhibition for students aged 4–18 studying in the UK. Artworks are judged by a panel of artists and arts professionals, with selected artworks displayed online and on-site at the Royal Academy of Arts.

Registration and submission is open until 5pm on 4 March 2026. Click this link to submit your artwork:

<https://youngartists.royalacademy.org.uk/>

GETTING TO KNOW.....

Design & Technology Department

Miss Tunstead is the Head of Faculty for Design and Technology. Miss Tunstead teaches textiles across Key Stages 3/4, enjoys reading, the theatre and museum visits.

Mrs Sankey trained as a Food and Textiles teacher after being inspired by her Food teacher at school and two aunts who were Domestic Science teachers. Mrs Sankey enjoys exploring cities to experience their local cuisine such as the local street food in Borough Market and further afield pizza in Naples.

Mrs Killeya is our Food Technician for Design and Technology. She works with Ms Sankey across Key Stage 3 and 4 delivery. Her hobbies are baking, walking, reading and travel.

Mr Holmes has been a teacher of Design and Technology for twenty years and joined The Hollyfield School in September 2023. He studied Graphic Design at university and enjoys visiting design exhibitions and museums, particularly the most up to date exhibitions at The Design Museum. He plans to introduce GCSE Graphics from September 2025. He enjoys going to Northern Ireland to visit his family and always spends an afternoon at The Giants Causeway.

Mr McNeil is our Design and Technology resistant materials technician. He supports Mr Holmes and our students across all key stages in the workshops. He ensures our workshops are safe and well resourced.

CAREERS



Careers Briefing 6 February 2026 Mr Poole & Miss Corrighan (Careers team)

Year 9 Options Choices

Over the next month, Year 9s are in the process of choosing their Key Stage 4 options.



Last week, the majority of Year 9 students registered on Unifrog, which is a careers platform. Students had a chance to explore the website and can also access it at home to explore what careers their favourite subjects can lead to in the future. Unifrog is used at Key Stage 4 and in the Sixth Form,



On Monday **9 February**, there will be a Careers and Taster day when Year 9s will have a chance to take part in some Key Stage 4 Subject taster lessons, and there will also be a careers speed networking event.

This event will allow students to meet with employees and employers from different businesses and industries to talk about their experiences of education and employment, and hopefully get some good advice about career choices for the future. **The final deadline for handing in options forms is 27 February**, so there is plenty of time to ask questions and make well-informed choices.

If any Year 9s are struggling with their choices, they can always request a careers interview by speaking to their tutor, and Mr Poole or Ms Corrighan will see them for a meeting.

**Kingston
University
London**

Year 7 STEM Visit - Kingston University Wednesday 4 February

Congratulations to those year 7 students who took part in the visit to the university. Students were introduced to STEM subjects and enjoyed the challenge of building a prototype of an electromechanical robot. Students showed a lot of determination and resilience working in a team on their engineering challenge. See the 1st place robot:





Year 11 Sixth form & college applications for Sept 2026

If students are not planning to attend Hollyfield Sixth Form next year, there is still time to apply to college. Many students may decide to stay in the Sixth Form, but you need to apply to college to ensure you have a backup plan. Kingston College, NESCOL, Richmond upon Thames, and others are still taking applications, so if you have not applied yet, you need to do so. If your predicted grades are not secure, i.e. you are not on track to achieve more than 5 GCSEs at grade 4 including English and Maths, you need to have a realistic plan B. It is not too late to apply. If you are not sure how to apply, speak to Mr Poole, ipoole@hollyfield.kingston.sch.uk, who is based in Albury in the Careers office.

South Thames Colleges Group **Spring Term Open Events**

South Thames College	Wednesday 4 March, 4.30pm-6.30pm	Register here
Merton College	Wednesday 11 March, 5pm-7pm	Register here
Kingston College	Wednesday 18 March, 4.30pm-6.30pm	Register here



NESCOT have an open evening in **March 3rd** [Nescot Open Events](#)



Richmond upon Thames College in Twickenham has an open event in March [Events | Richmond Upon Thames College](#) **4th March**



Talking futures is a great resource to inform parents and carers about the options available to their children. It has conversation starters, information about the range of options, which include technical qualifications and apprenticeships and more. It is a really good starting point for parents and carers to find out more about what their children can do in this ever-changing education landscape.



NESCOT runs many fun activities through their Saturday academies. They are currently taking bookings. The next round of activities begins at the end of February and includes a number of practical, vocational courses, **including animal management, construction and cooking.** The price of the 4-week course is £95. See link for details: [Saturday Academies for 13-16 year olds | Nescot](#)

Careers opportunities

We encourage sixth form students and parents and carers to access our **weekly Careers Opportunities bulletin**. All of these opportunities allow students to explore their ideas and

look great on uni or apprenticeship applications. Students and parents/carers can access this here: [Careers opportunities bulletin 06/02/26](#)

This includes;

- **Work experience**
- **Careers talks**
- **University open days/tasters**
- **Apprenticeships**
- **Unifrog resources and events**
- **and much more**

Students in year 12 will do a work experience placement in the last week of the summer term - 13-17th July so students should be looking for placements now for that week and once confirmed it needs to be recorded on Unifrog (See more info in the careers opps bulletin).



National Apprenticeship week 2026 (NAW)

There are many events going on for students and parents/carers to access during NAW 2026 as well as accessing resources that can help you look for apprenticeships. **See this document for resources and events you can access: [NATIONAL APPRENTICESHIP WEEK 2026 EVENTS & RESOURCES](#)**



Get involved with National Apprenticeship Week by attending our virtual apprenticeship fair and speaking to 30 employers in just two hours! From understanding apprenticeships to

learning what it's like working in different industries and acing your application, join to explore your options and get your questions answered by experts. Click the sign up link to visit our external events platform to see the full list of employers attending, the schedule of live sessions, and register to attend! **Wednesday 11 February @ 16:00 UK time - 2hrs - sign up or Share.**

GENERAL INFORMATION

Links to Useful Information

[Term Dates 2025-2026](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psychological-society-five-ways-to-boost-resilience-in-children/>

LOCAL INFORMATION

Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.Kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom. Email RachelDykins@mindinkingston.org.uk for details.
- Childline: information and advice on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: 0800 1111.
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: 116 123.
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to 85258.
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: 0808 2000 247/online chat.

Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.

£26 PER SESSION

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mwthaines@hotmail.com

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The Talking Teens Parent Group helps deal with your challenges over four sessions, so you can have a calmer, happier family life.

1 Being a parent of a teenager

- The role of parents for teenagers
- Responding to difficult feelings

2 Understanding your teenager

- Understanding teenage development
- Parenting styles
- Praise and criticism

3 Communicating with your teenager

- Talking and listening
- Communicating clearly
- Handling difficult issues

4 Managing conflict

- Rules and boundaries
- Choosing how to respond
- Problem solving

Contact details

Karen Williams, Parenting Officer
 E: karen.williams@achievingforchildren.org.uk
 T: 020 8547 6965
 M: 07771 974388

achieving for children



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin
 Specialist in Children and Adolescent Therapy
 (MA Roehampton University)

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 (E) morag@shrafeddins-therapy.co.uk
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Do you ever feel...

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Share practical strategies for positive behaviour management.
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Proven parenting techniques that build cooperation and respect.
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Workshop Details

Starting Monday the 12th of January to March the 9th 2026 (no workshop during half term).
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 St Mary's Hall, Weybridge
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www.kingstonandrichmond.nhs.uk

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RAISING RESILIENT KIDS: BUILDING REAL CONFIDENCE

PARENTING CLINIC

RAISING RESILIENT KIDS

23 FEB

12.00 TO 12.30PM

HOSTED ON ZOOM
Come live or catch the replay

In this month's Free Parenting Clinic, we'll explore:

- The real difference between confidence and self-esteem (spoiler: they're not the same)
- Why "praise more" doesn't always build resilient kids
- How confidence is quietly shaped at home, every single day
- Practical, realistic ways to support your child to bounce back, believe in themselves, and try again

This isn't about raising loud, fearless children. It's about raising kids who trust themselves, cope with setbacks, and keep going when things wobble.

Join Anisa Lewis, Parenting Coach, for a relaxed, supportive 30-minute online talk, designed for busy parents who want tools that actually work in real family life.

Book your free place here:
<https://anisalewis.as.me/theclinic>
 or email: hello@anisalewis.com for the booking link.



Is your child holding it together all day, only to fall apart where it's safe?

Or maybe they doubt themselves, avoid challenges, or give up quickly when things feel hard?

We talk about confidence a lot... but what does it actually mean for our children?

