



The Hollyfield School e-bulletin
 Surbiton Hill Road, Surbiton, KT6 4TU
 020 8339 4500

“Pupils’ behaviour is exemplary, and they demonstrate exceptional attitudes to learning” Ofsted 2025

Head's line...

Dear Hollyfield Community

I hope you are all enjoying the lead up to Christmas. We are (I hope) achieving a careful balance of celebrations alongside learning. Please note that we continue to teach the full curriculum until the end of term. Last night we had Year 9 parents' evening online. We have a hybrid approach to our parents' evening with some in person and some online. Last night's evening was extremely well attended and as always a useful experience for staff, students and parents. Also this week we had our first activity day of the year. As always it was a wonderful day with many different experiences for the students. We look forward to our next activity day in March.



Christmas Concert & Carol Service

The Hollyfield Carol Service is on **Wednesday 17 December 2025** and will start at 6:30pm at St Mark’s Church (over the road from school) and finish at approx. 7:30pm. This is a traditional Carol Service featuring the school’s three choirs (Senior Choir, Chamber Choir and Hollyfield Singers), it is free to attend and you do not need a ticket to attend.

The Hollyfield Christmas Concert is on **Thursday 18 December 2025** in the school hall from 6.30-9.00pm. **This is by advanced TICKETS ONLY and there is a limited number remaining [book here](#).** Tickets are £10 for adults and £5 for student/concessions. This will feature the Hollyfield Orchestra, Swing Band, Rock School bands (from a range of different year groups), our ukulele rock stars and soloists, with refreshments provided by the PTA. We look forward to seeing you there.

End of Term Arrangements

Next week is the last week of term, as always, we will be keeping our expectations of students high and we will be studying full lessons until the end of the week. As always, **we will finish early on the last day of term**, with a phased dismissal of students from 12.00pm. All students will have left the site by 12:15pm. The last day of term will be a non-uniform day where students are encouraged to wear clothes of a Christmas theme. The cost of this will be a £1 contribution, which will be going to Harry’s charities. Students entitled to free school meals can collect their food during break time.

Start of Term – 5 January

As always, we will have a later start on the first day of term. This is because the research shows that this helps them to readjust to school after a considerable break. Students should arrive to school at 0920, they will have registration and then lessons will begin period 2.

And finally, this will be the final ebulletin of 2025, next week parents will receive my end of term letter instead. Thank you, as always for taking the time to read the ebulletin and for all the support you offer the school.

Have a great weekend.

Amy Jackson, Headteacher

Term Dates
Autumn Term 2025
 1 September to 19 December
 (Inset Day – 1-2 Sept, 6-7 Nov & 5 Dec)
Half Term
 27 October - 7 November
Christmas Holiday
 22 December - 2 January 2026
Spring Term 2026
 5 January – 27 March
 (Inset Day – 23 Feb)
Half Term
 16-20 February (see above)
Easter Holiday
 30 March – 10 April (Bank Hol 3 & 5 Apr)
Summer Term 2026
 13 April – 17 July (Bank Hol 4 & 25 May)
Half Term
 25 - 29 May

..... Stop Press.....

- 17/12 - Y11 Careers Talk & Chef Demo
- 17/12 – Carol Service (St Marks Church) (6.30pm)
- 18/12– Christmas Concert (6.30-10.00pm)
- 18/12–Christmas Concert Primary School Preview – 2.00pm
- 19/12–Y10 Report Emailed Home
- 19/12 – Non-uniform day - £1 donation to charity
- 19/12– End of Term – dismissal by 12.00pm

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“Pupils achieve very well in their examinations. This is because the school delivers an ambitious and balanced curriculum, underpinned by the highest expectations for all pupils. This includes the popular and successful sixth form.” Ofsted 2025

OTHER NOTICES

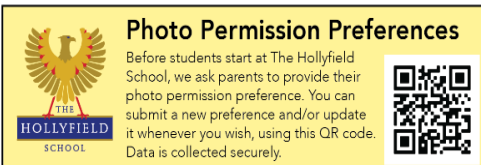


Photo Permission Preferences

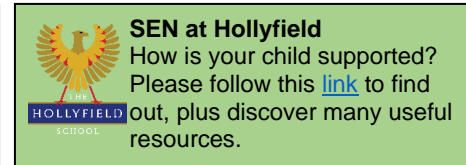
Before students start at The Hollyfield School, we ask parents to provide their photo permission preference. You can submit a new preference and/or update it whenever you wish, using this QR code. Data is collected securely.



Free School Meals

Is your child eligible for Free School Meals?

A small percentage of eligible students do not claim them. We email parents frequently to let them know. During the term, eligible students can claim a nutritious hot meal, drink or delicious dessert every day. If they are entitled, make sure your child is claiming theirs. If you need further assistance, please contact us.



SEN at Hollyfield

How is your child supported? Please follow this [link](#) to find out, plus discover many useful resources.

Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school attendance@hollyfield.kingston.sch.uk.

Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Condition(s) and Individual Healthcare Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Form: <https://forms.gle/pxTajACe1yUNSKdx9>. Once complete, this will form part of your child's Individual Healthcare Plan which will be sent to you for approval, the communication will come from noreply@medicaltracker.co.uk. Please allow emails from this address.

Changed your address/email/phone number????

If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund

Standing Order Contributions to School Fund

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6th form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.



CAROL SERVICE & CHRISTMAS CONCERT 2025

Join us for two evenings of music from our talented Hollyfield musicians!

17th & 18th
December

THE
Hollyfield
Music Department Presents...

18:30 WEDNESDAY 17TH
DECEMBER

CAROL
SERVICE

ST MARK'S CHURCH SURBITON

18:30 THURSDAY 18TH
DECEMBER

CHRISTMAS
CONCERT

THE HOLLYFIELD HALL
Tickets in advance only
£10 Adults
£5 Students & Concessions

SCAN ME

The Hollyfield Carol Service is on **Wednesday 17th December** (18:30 – 19:30 at St Mark's Church, Surbiton) and the **Hollyfield Christmas Concert is on Thursday 18th December** (18:30 – 21:00) in the school hall.

The Carol Service on Wednesday 17th December is a traditional Carol Service featuring the school's three choirs (Senior Choir, Chamber Choir and Hollyfield Singers) and is free to attend.

The Hollyfield Christmas Concert will be by ADVANCED TICKET ONLY. This concert will feature the Hollyfield Orchestra, Swing Band, Rock School bands (from a range of different year groups), Senior Choir, Chamber Choir and the Ukulele All-Stars.



Book Tickets below
[TICKETS](#)

Information to parents of performers will be sent out in a separate letter. Any questions/enquiries please contact Miss Neville

SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: spatel@hollyfield.kingston.sch.uk

Mr Buckman: nbuckman@hollyfield.kingston.sch.uk

Single Point of Access 020 8547 5008.

SCHOOL HEALTH DROP-IN

WHEN: Tuesday Lunch time 11.40 -1.10PM

WHERE: Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you....



The Mental Health Support Team (MHST)

Parent Webinars on:

- Worries and anxiety
- Screen time and social media
- Understanding changes in the adolescent brain
- Sleep Difficulties
- Friendship difficulties and bullying
- Self-harm and suicidal thoughts
- Low mood and depressive feelings

[Click here to book](#)



[Click here to view workshops and book](#)



HOLLYFIELD PTA NEWS

Christmas Concert – Thursday 18/12/25, 6:30pm–10:00pm 🎸

Bar opens at 6:00pm - we will be serving hot and cold drinks including mulled wine, and sweet treats including mince pies and other baked goodies. 🍷🍺☕🍪🍪🍪

Raffle Tickets will be on sale - You can purchase raffle tickets at the bar with some great prizes from local businesses up for grabs. 🎁

Volunteers wanted - Anyone available and interested in helping, please let us know via ptahollyfield@gmail.com or via the PTA WhatsApp group or PTA WhatsApp Community if you are signed up to these. Additional communications will be sent out by the PTA via those group.

Christmas Trees! - last chance to buy! 🎄

Surrey Christmas Trees are running their pop up Christmas Tree Shop at Hollyfield this year. They are located in the car park by the entrance on Lambert's Road. Every tree sold at Hollyfield will generate a £5 donation to our School!

- 13 & 14 December 2025

Christmas Shopping to do? Register for Easy Fundraising before starting your online shopping and raise money for Hollyfield School 🎁

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>

Coming in the New Year.....

January - Next PTA Meeting: Tuesday 20/01/26 - 7:00pm - Hollyfield School
Everyone is welcome! Join us, find out how you can get involved and have fun whilst helping with events and raising funds for the school. We'll begin our planning for Hollyfest!

February - Quiz Night for Adults only - date TBC

After the success of our Year 7 Quiz in November we will be holding an adults only quiz night in February.

Volunteers wanted - We are looking for budding quiz masters to put some mind boggling questions together! If you are up to the task please drop us an email ptahollyfield@gmail.com.



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

April - We are delighted to share that our school has secured a place in next year's London Marathon! The place has been offered to our staff team and one brave and dedicated runner will be taking on the challenge to raise vital funds for the school in April. Stay tuned—full details will be revealed in January!

Join the Hollyfield PTA – Make a Difference!

We are a group of parent and carer volunteers creating fun and fundraising events that directly benefit the school. Help shape how funds are spent and make a real difference to our children's experience.

Get Involved:

- Volunteer your time 🕒 at events and stalls.
- Attend PTA events 🎉 — fun and fundraising combined!
- Come to monthly meetings 📅 (usually the 3rd Tuesday).

Stay updated via:



Get Regular Updates [Join the WhatsApp Community](#) for the PTA



Follow us on Instagram [@hollyfield_pta](#) for the latest news



Drop us an email ptahollyfield@gmail.com to find out more



[@hollyfieldpta](#)



[@hollyfield_pta](#)



[@TheHollyfieldSchoolPTA](#)



ptahollyfield@gmail.com



www.hollyfieldpta.org

THIS WEEK.....




TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 95.14%. The top form group within each year this week is:

7RSA = 97.84%
 8AZA= 96.48%
 9SCM = 99.22%
 10DMI = 97.73%
 11JLU = 91.81%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	4768	5475	6192
Year 8	5215	5368	3620
Year 9	4791	4681	5602
Year 10	3281	3518	4736
Year 11	1582	2604	1818
Total	19637	21646	21968

NEXT WEEK

Monday 15 December	Year 12 Assembly – Common Room
Tuesday 16 December	Year 13 Assembly – Common Room
Wednesday 17 December	Year 11 Careers Talk & Chef Demo Christmas Carol Service (St Mark's Church) (6.30-7.30pm)
Thursday 18 December	Christmas Concert: Primary School Preview (Dining Hall) (1.45pm) Christmas Concert (Dining Hall) (6.30pm)
Friday 19 December	All Year Awards Assemblies Year 7 Carol Service (St Mark's Church) (9.00-10.00am) Year 10 Reports Emailed Home Non-uniform Day End of term – dismissal by 12.00pm
Monday 5 January	Term begins - Registration – 9.20am Year 12 Walking Talking Mocks – all week
Tuesday 6 January	Year 7 Assembly (The New Year) – Exam Centre Year 11 Assembly (RE) – Dining Hall Year 13 Assembly – Common Room
Wednesday 7 January	Year 8 Assembly (The New Year) – Dining Hall
Thursday 8 January	Year 9 Assembly (Options) – Dining Hall
Friday 9 January	Year 10 Assembly (The New Year) – Dining Hall

FORTHCOMING DATES

17 December - Year 11 Careers Talk & Chef Demo
 17 December – Carol Service (St Marks Church) (6.30pm)

- 18 December – Christmas Concert (6.30-10.00pm)
- 18 December – Christmas Concert Primary School Preview – 2.00pm
- 19 December – Year 10 Report Emailed Home
- 19 December – Non-uniform day - £1 donation to charity
- 19 December – End of Term – dismissal from 12.00pm

22 December 2025 – 2 January 2026 – Christmas Holiday

- 5 January – Start of term (9.20am registration)
- 5 January – BTEC Exams Start
- 5-9 January – Year 12 Walking Talking Mock Week
- 12-16 January – Year 12 Trial Exams
- 13-15 January – Year 11 Geography Field Trip (London Docklands)
- 14 January – Year 9 Options evening - 6.00pm
- 19 January – Year 9 Holocaust Memorial Day Visit – 8.30am-12.30pm
- 26 January – 14 February – Year 7-9 Assessments
- 28 January – Year 9-11 Intermediate Maths Challenge
- 20 January – Year 11 Poetry Live Trip
- 22 January – Year 11 BFI Southbank Trip
- 28 January – Y10/11 Intermediate Maths Challenge
- 14 January – UCAS Deadline
- 16 January – Year 13 Report Emailed Home
- 2-13 February – Year 11 Trial Exams
- 3-6 February – Year 11 GCSE Food Practical Exam
- 12 February – Year 10 & 11 My Neighbour Totoro (GCSE Drama Live Theatre Visit)
- 9-13 February – Year 12-13 Retake Trial Exams
- 9 February – Year 9 Options Taster Day
- 11 February – Year 9 Career Networking Event
- 12 February – Year 12-13 Parent Consultation evening - 4.00pm
- 13 February – Year 12 Report Emailed Home

16-20 February 2026 – Half Term

23 February – Inset Day – School Closed

ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability/Initiative/Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7 645 **Year 8** 284 **Year 9** 460 **Year 10** 480 **Year 11** 226

The top performing forms per year group in terms of overall achievements were:

7RSA 161 **8PGI** 68 **9PTA** 147 **10DMI** 144 **11HBL** 69

The top performing students from each year were:

Year 7 Bob M

Year 9 Mihin F

Year 11 Athanasios SG

Year 8 Ollie C

Year 10 Milena B

TEACHING & LEARNING

Year 10 Food & Nutrition – Christmas Baking

Our Year 10 students were in the festive spirit this week as they created their very own Chocolate Yule Logs! From whisking and rolling to decorating, they showed fantastic skill and creativity. The results looked absolutely delicious - a brilliant way to kick off the Christmas season! 🎄 🎁 🧑🍳

Well done, Year 10! Cakes shown are by: ✨ ✨

Behrouz
Lacey

Kaleb
Lucas

Holly

Damiras

Melissa

Kitty



Musical Instrument Lessons at Hollyfield With Kingston Music Service



About instrument lessons at Hollyfield...

At Hollyfield we recognise the importance of Music and know that students who learn musical instruments are shown to do better across their subjects (it has been proven that learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills). It is also a great way for students to make new friends at school by being able to participate in our Rock School, Swing Band and Orchestra. If students would like to have individual music lessons on an instrument during the school day we offer a range of different instruments with our fabulous team of peripatetic teaching staff. The instrument lessons are 25

minutes each and organised on a rotation timetable.

INSTRUMENTS and teachers...

All instruments can be applied for (even if not currently taught here). Currently we have the following brilliant team of tutors:

Onna Benson: Piano

Sharon Taylor: Piano

Matthew Cooper: Brass & Piano

Tom Early: Drum kit/Percussion

Tino Rainone: Guitar

Linley Weir: Voice

Andy Brown: Guitar

Tom Marshall: Guitar

Deborah Chalmers: Violin

Theodora Stamoulaki: Piano

We would love more woodwind and brass players and there are schemes that Kingston Music Service can offer to support these lessons. In some instances we can also offer funded lessons to support talented students where finance is a barrier.

Applying for instrument lessons...

<https://www.kingston.gov.uk/music-service-1/music-lessons/2>

Please follow the link to apply and to see prices.



GETTING TO KNOW.....

Cover Manager and Study Supervisors

Debbie O'Donnell – Cover & Data Manager

I have been working here for over 7 ½ years. As the Cover Manager my day starts at 7am here at school. I make sure all classes are covered if a teacher is off for any reason. I work closely with our 2 lovely cover supervisors, Mr Kang and Mrs Arul. I was also a student here many years ago and met my now husband here when we were both students at Hollyfield. We have been happily married for over 34 years. My favourite time of the year is Christmas and I like to spread a little Christmas cheer in my office by getting the decorations up nice and early.

Jenny Arulanantharaj – Study Supervisor

I have been a cover teacher at Hollyfield School for almost three years and everyday is an adventure. My job consists of me supervising and teaching lessons when the regular teacher is unable to attend. In my spare time, I love to experience other adventures, like different countries, cultures, and foods. Although originally from England, I lived in Canada for 14 years, thus beginning my itch to travel the world! I have travelled to 47 countries, and am always looking for new places to go! When not travelling, I enjoy discovering new recipes through trial and error, and have been fortunate enough to not have made terrible meals (though it may look otherwise). In addition, I appreciate reading, all types of music, and spending time with friends and family.

Si Kang – Study Supervisor

This is my 6th year at Hollyfield school working as a Study supervisor and I enjoy every moment working with our fabulous students and our wonderful staff! Throughout my day, I provide cover for teachers, undertaking various duties for the Exams department as well as taking on a few KS3 lessons which I enjoy very much! I had also attended Hollyfield as a Student from Year 7 to 11, so when the opportunity arose, coming back to work here in familiar settings was a no-brainer and I am still relishing the challenge! During my free time, I like to play football and basketball and go out for a long walk in the park, and more recently reading children's books with my daughter which is the highlight of my day :)

CAREERS

CAREERS

Careers Briefing 12 December 2025
Mr Poole & Miss Corrighan (Careers team)

Jack Petchey's "SPEAK OUT" Challenge! Well done Year 10s on the Jack Petchey Public speaking workshop

Over the last two weeks we have run this activity for Year 10 students. The workshop was run during the day and led by an experienced trainer who offered advice and help in building up students' confidence to speak in public. At the end of the day all students stood up and delivered a minute and half speech. The best speakers have been chosen to take part in a further competition to decide who will go on to represent Hollyfield at the Kingston School's public speaking competition in March.

Year 10 and 11 December Activities days

Activities day was a busy time for career learning! Students in Year 11 either attended an employability day or attended a trip to Sussex University. The Employability day was run by APCOA which is an international car parking business who has been contracted by Kingston Council to work across all borough schools.



Year 10 completed a range of work related visits which included:

- Twickenham Rugby Stadium
- The National Theatre
- The Rose Theatre
- Digico - a music technology company in Chessington
- The Kingston Council Regulatory Services
- Kingston University Engineering Faculty
- Richmond upon Thames College



The feedback from staff and students has been very positive so far and we look forward to providing more detail in the next bulletin.



Year 11 Sixth form & college applications for next year

Year 11 students should be making applications for Sixth Form or College. Many students may decide to stay in the Hollyfield Sixth Form but you need to apply to college to ensure you have a back up plan. Kingston College, NESOT, Richmond upon Thames and others are still taking applications so if you have not applied yet you need to do so. Applying now is an ideal opportunity so you can be interviewed in January. Please see the careers team if you need any support with this.



Careers opportunities

We encourage sixth form students and parents and carers to access our **weekly Careers Opportunities bulletin**. This is a roundup of the career opportunities available to students, this is something students should be checking weekly to build up their knowledge and experience. All of these opportunities allow the students to explore their ideas and

look great on uni or apprenticeship applications. This includes;

- Work experience
- Careers talks

- **University open days and tasters**
- **Apprenticeships**
- **Unifrog resources and events**
- **and much more**

Students and parents/carers can access this here:

[Careers opportunities bulletin 12/12/25](#)

INVESTIN

GAIN THE ULTIMATE WORK EXPERIENCE THIS SUMMER

1 and 2-week programmes for students aged 15-18

Register now with code EARLY15 for 15% off Summer Experience Programmes!

- ✓ Work with **top professionals** and explore **real workplaces**
- ✓ Gain a **qualification** in work experience to boost your university application
- ✓ Experience **university life** on-campus at UCL

Explore Our Career Programmes

- Art & Design
- Architecture
- Computer Science
- Dentistry
- Engineering
- Entrepreneurship
- TV & Filmmaking
- Forensic Science
- International Politics
- Investment Banking
- Law
- Media
- Medicine
- Psychology
- Veterinary Science
- Career Discovery (Ages 12-14)

REGISTER NOW
Early-bird ends on the 31st December

SIGN UP NOW
Join our Summer School Webinar on Monday 15th December

info@investin.org +44 (0) 203 488 5089 www.investin.org

InvestIN's early-bird discount ends at midnight on **Wednesday 31st December**. You can save 15% on all Summer School programme fees in 2026 by using the code **EARLY15** at checkout.

Register for a programme and claim the discount [here](#). For students aged 12-14, check out the Career Discovery Summer Experience [here](#).

Webinar: You can learn more about InvestIN's Summer Experience Programmes during a live webinar on **Monday 15th December**, covering:

- All 15 Summer Schools InvestIN run in July and August
- Insights into future career trends and what employers are looking for
- How the 'ultimate work experience' can help you stand out from the crowd

Register for the webinar [here](#).



Parents and Carers

[Talking futures](#) is a great resource to inform parents and carers about the options available to their children.

It has conversation starters, information about the range of options which include technical qualifications and apprenticeships and more. It is a really good starting point for parents and carers to find out more about what their children can do in this ever changing education landscape.

GENERAL INFORMATION

Links to Useful Information

[Term Dates 2025-2026](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psychological-society-five-ways-to-boost-resilience-in-children/>

LOCAL INFORMATION

Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.Kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom.
Email RachelDykins@mindinkingston.org.uk for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: [116 123](tel:116123).
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to [85258](tel:85258).
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: [0808 2000 247](tel:08082000247)/online chat.

Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.

The Nurturing Programme

Talking Teens Four week parent group



The Talking Teens Parent Group helps deal with your challenges over four sessions, so you can have a calmer, happier family life.

1 Being a parent of a teenager

- The role of parents for teenagers
- Responding to difficult feelings

3 Communicating with your teenager

- Talking and listening
- Communicating clearly
- Handling difficult issues

2 Understanding your teenager

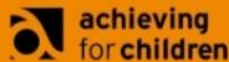
- Understanding teenage development
- Parenting styles
- Praise and criticism

4 Managing conflict

- Rules and boundaries
- Choosing how to respond
- Problem solving

Contact details

Karen Williams, Parenting Officer
 E: karen.williams@achievingforchildren.org.uk
 T: 020 8547 6965
 M: 07771 974388



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin
 Specialist in Children and Adolescent Therapy
 (MA Roehampton University)

(M) 079 5639 2216
 (E) morag@shrafeddin-therapy.co.uk
 (W) shrafeddin-therapy.co.uk

I didn't think I could...



Fostering

...but now I am

Enquire or check out the website for more information
 E: info@fostering.org.uk
 T: 0300 131 2797
 W: achievingforchildren.org.uk/contact/fostering



You could be exactly the right person, no matter your background, culture, religion, ethnicity, sexuality or relationship status to be a great foster carer!

Enquire today to find out how fostering could be right for you.



Five reasons to change a child's life through fostering

- 1 To give children the chance to have a brighter and happier future.
- 2 To offer children a positive experience of family life.
- 3 To become part of a highly experienced, ethical and professionally committed team.
- 4 To receive professional support, 24/7, 365 days a year.
- 5 To access regular training and development opportunities.

To learn more about fostering with a Social Enterprise, call us now on 0333 0603 962
carer.enquiries@five-rivers.org





Parenting Workshop

Helping You Navigate the Challenges of Parenting Adolescents

Do you ever feel...

- Stressed or overwhelmed by your teenager's behaviour?
- Unsure how to set boundaries that actually work?
- Alone when dealing with school issues or conflict at home?

You're not alone. Join our friendly, supportive group for parents of young people aged 11-18.

What to Expect

Share practical strategies for positive behaviour management.
Explore effective communication tools.
Experience a safe, non-judgemental space to talk and connect.

Facilitated by Experienced Children's Counsellors & Psychotherapists

Natalia Watts – MA, HCPC, EMDR Accred.
Jessica Dahl – MA, MBACP
Ruth Kendrick – BACP Accred., EMDR

You Will Learn

Proven parenting techniques that build cooperation and respect.
Strategies to support emotional regulation.
Insights into teenage brain development – and how it shapes thoughts, feelings, and behaviour.

Workshop Details

Starting Monday the 12th of January to March the 9th 2026 (no workshop during half term).
Monday mornings 9:15-10:45 AM
St Mary's Hall, Weybridge
8-week workshop – £400

Book Your Place

Email: info@thepractice.co.uk
Phone: 0333 009 6321
www.thepractice.co.uk



NHS
Kingston and Richmond
NHS Foundation Trust

Become a member of your local NHS trust

- ✓ Are you interested in **working in healthcare**?
- ✓ Do you have **experience of health services** in Kingston and Richmond?
- ✓ Are you interested in **giving back** to your local community?

If you are **aged 14+** and any of these apply, why not become a member of Kingston and Richmond NHS Foundation Trust.

Benefits include:

- Volunteering opportunities
- Opportunities to access health talks and hear from experts
- Ability to attend Council of Governors meetings and stand for election to the Council of Governors, if you want to!



FREE PARENTING CLINIC



By the time December rolls in, most parents are running on the emotional equivalent of the last Quality Street in the tin. Everyone needs something from you, all the time: a cuddle, a chat, a lift, a decision, a snack, a miracle... and meanwhile your own tank is clanging on empty.

This clinic is your pause button.

- A breather.
- A space to reset before the festive chaos sweeps you up like a rogue tinsel tornado.

Join Anisa (Parenting Coach) for her monthly Free Parenting Clinic. This online session is all about parent wellbeing, protecting your bandwidth, and finding small but powerful ways to fill your own cup again.

Monday 8th December at 12.00pm

Online via Zoom

The session will be recorded and shared with all who register.

ARE YOU:

- Running on empty?
- Do you find yourself craving just five minutes of quiet because everyone wants your attention, your energy, your last nerve?
- Is being "talked out and touched out" leaving you snappy, overwhelmed, or simply worn thin?

Then this free 30-minute online clinic is for you.

Booking:
<https://anisalewis.as.me/theclinik>
OR hello@anisalewis.com

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SUPERKIND

YOUNG CHANGE-MAKER OF THE YEAR COMPETITION

Are you aged 4-18 and making the world a better place?
Could your story inspire tens of thousands of other young people?

SuperKind's Change-Maker of Year Competition is looking for the UK's most amazing young change-makers.

Submissions can be made in text, a video, or something visual.

Scan the QR code or visit WWW.SUPERKIND.ORG/YOUNG-CHANGE-MAKER for more information.

Entries close on December 19th 2025.

YR 7 CRICKETERS JOIN YOUR HOLLYFIELD FRIENDS

- Hardball Winter Nets in Surbiton •
- Teddington Town Cricket Club •
- 2025 Surrey & Oval Title Winners •
- All U11s & U12s Welcome •
- First Two Sessions Free! •

Indoor training starts Sunday 11th January
5 - 7pm, Shrewsbury House School

Contact Coach Matt; 07810711956
mwthaines@hotmail.com