



**The Hollyfield School e-bulletin**  
 Surbiton Hill Road, Surbiton, KT6 4TU  
 020 8339 4500

“Pupils’ behaviour is exemplary, and they demonstrate exceptional attitudes to learning” Ofsted 2025

Head’s line...

Dear Hollyfield Community

We hope that despite the dreary weather, you are well and looking forward to a lovely weekend. Please find below some edited highlights from our week, alongside some reminders of upcoming events.

**Sixth Form Update**

We welcomed record numbers of Hollyfield students and their families, as well as guests from other local schools, to our 6<sup>th</sup> Form Open Evening. There were information ‘stalls’ for the wonderfully wide range of subjects on offer, as well as information on the impressive range of extracurricular activities and speeches from our sixth form team and newly appointed Head Students. The school was abuzz with the sound of meaningful conversations about what makes Hollyfield such a great place to study. Speaking of which, our Year 13 students will have a week of mock exam preparation next week, so they are well placed to sit their mock exams in the week beginning 1 December. We know they are already preparing for these exams and we wish them all the best with their revision.

**Remembrance**

Mr Buckman leads the school’s remembrance activities with his trademark precision and attention to detail. In addition to thought provoking assemblies for all year groups, Our Year 7 students attend a ceremony on the astroturf during which representatives from each year group lay poppy wreaths at the foot of our flag post, accompanied by a live performance of *The Last Post*. If you head to our Instagram account (hollyfield\_school), you will also see a picture by Vlada in Year 7, which she completed in her own time, to commemorate the event.

**Dates for your diaries**

We have Year 9 and Year 11 Parents’ evenings coming up. Year 11 is on 4 December and will be in person, while Year 9 is on 11 December and will be online. Year 9 parents and carers will have the opportunity to come into school for the Year 9 Options Evening in January and more details will follow in due course.

Please can I also remind parents about our **INSET day on Friday 5 December**, when the school will be closed to students. Please make sure you have added this date to your diary, we will of course remind you closer to the time.

We are hosting three ski trip meetings on the evening of Monday 17 November, from 6.45 to 7.30pm. The venues are as follows: Ms Jackson (Italy): 6<sup>th</sup> Form Common Room; Mr Miller (Austria): A1; Ms Janse van Rensburg (Lofer - which is also in Austria): A2. There will be a store in the exam centre for students from all three trips.

**Minor disruptions**

We are required to update our canteen system and this can only be done whilst students are on site therefore **there will be no canteen service Monday to Thursday (17-20/11) and students must bring a packed lunch**. Students who receive free school meals will be given a packed lunch on site each day.

In addition, local roadworks have started this week that are affecting lots of our students’ journeys to school. Please be mindful that extra time is needed to ensure students arrive on time whilst these are taking place. They are planned to continue until the end of January.

**AI Survey**

We would really appreciate it if parents/carers could complete our [AI Survey \(Parents and Carers\)](#) so that we can understand your views, concerns and expectations regarding the use of AI tools.

Thanks, everyone, and have a wonderful weekend.

**Ms A Jackson, Headteacher**



**Term Dates**

**Autumn Term 2025**

1 September to 19 December  
 (Inset Day – 1-2 Sept, 6-7 Nov & 5 Dec)

**Half Term**

27 October - 7 November

**Christmas Holiday**

22 December - 2 January 2026

**Spring Term 2026**

5 January – 27 March

(Inset Day – 23 Feb)

**Half Term**

16-20 February (see above)

**Easter Holiday**

30 March – 10 April (Bank Hol 3 & 5 Apr)

**Summer Term 2026**

13 April – 17 July (Bank Hol 4 & 25 May)

**Half Term**

25 - 29 May

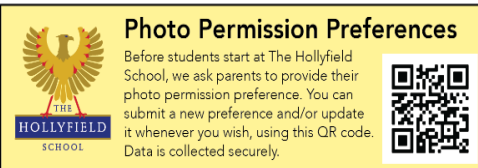
**..... Stop Press.....**

- 17-21/11 – Y13 Walking Talking Mock Week
- 17/11 – Ski Trip Meetings
- 21/11 - Y12 Brick Lane (Geography Field Trip)
- 21/11 – Y12 Report emailed to parents
- 24/11 – 5/12 – Y13 Trial Exams
- 24/11 – Y11 Spanish Trip (BFI)
- 24/11 – 4/12 – Y11 Practical Mock Exams

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“Pupils achieve very well in their examinations. This is because the school delivers an ambitious and balanced curriculum, underpinned by the highest expectations for all pupils. This includes the popular and successful sixth form.” Ofsted 2025

## OTHER NOTICES



**Photo Permission Preferences**

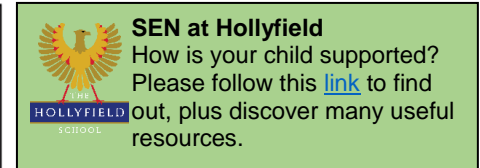
Before students start at The Hollyfield School, we ask parents to provide their photo permission preference. You can submit a new preference and/or update it whenever you wish, using this QR code. Data is collected securely.



**Free School Meals**

**Is your child eligible for Free School Meals?**

A small percentage of eligible students do not claim them. We email parents frequently to let them know. During the term, eligible students can claim a nutritious hot meal, drink or delicious dessert every day. If they are entitled, make sure your child is claiming theirs. If you need further assistance, please contact us.



**SEN at Hollyfield**

How is your child supported? Please follow this [link](#) to find out, plus discover many useful resources.

### Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school [attendance@hollyfield.kingston.sch.uk](mailto:attendance@hollyfield.kingston.sch.uk).

### Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

### Medical Condition(s) and Individual Healthcare Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Form: <https://forms.gle/pxTajACe1yUNSKdx9>. Once complete, this will form part of your child's Individual Healthcare Plan which will be sent to you for approval, the communication will come from [noreply@medicaltracker.co.uk](mailto:noreply@medicaltracker.co.uk). Please allow emails from this address.

### Changed your address/email/phone number????

If you have changed your contact details, please email the school office on [office@hollyfield.kingston.sch.uk](mailto:office@hollyfield.kingston.sch.uk) stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

### Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

### Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

### Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

### Contribution to the School Fund

#### Standing Order Contributions to School Fund

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6<sup>th</sup> form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

### Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email [lsutton@hollyfield.kingston.sch.uk](mailto:lsutton@hollyfield.kingston.sch.uk).

## SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: [spatel@hollyfield.kingston.sch.uk](mailto:spatel@hollyfield.kingston.sch.uk)

Mr Buckman: [nbuckman@hollyfield.kingston.sch.uk](mailto:nbuckman@hollyfield.kingston.sch.uk)

Single Point of Access 020 8547 5008.

### SCHOOL HEALTH DROP-IN

**WHEN:** Tuesday Lunch time 11.40 -1.10PM  
**WHERE:** Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you....



## The Mental Health Support Team (MHST)

Parent Webinars on:

- > Worries and anxiety
- > Screen time and social media
- > Understanding changes in the adolescent brain
- > Sleep Difficulties
- > Friendship difficulties and bullying
- > Self-harm and suicidal thoughts
- > Low mood and depressive feelings

[Click here to book](#)




[Click here to view workshops and book](#)





## HOLLYFIELD PTA NEWS

### PTA next meeting – All are welcome!

Come along to our next meeting, find out a bit more about us and what exciting plans we have for the year ahead and planning for Christmas events!

 **Date:** Tuesday 18th November 2025

 **Time:** 7.00pm

 **Location:** Hollyfield School, Year 11 Diner (just inside main school gate)




Whether you're a regular volunteer or just curious about how the PTA works, **everyone is welcome.**

**Christmas Event** - information coming next week about Christmas Tree Sales and the Christmas Concert on 18 December - watch this space!

### Join the Hollyfield PTA – Make a Difference and Be Part of the Fun!

We are a registered charity and a dynamic group of parent & carer volunteers who work together to create incredible social and fundraising events that directly benefit the school. From supporting exciting events to providing essential equipment, the PTA plays a vital role in enriching our children's school experience. The best part? You can help shape how these funds are spent!

#### How Can You Get Involved?

- **Volunteer Your Time:** Whether it's setting up food stalls, selling raffle tickets, or lending your skills for events, every bit of help makes a huge impact.
- **Attend PTA Events:** Enjoy yourself while contributing to a great cause—our events are the perfect blend of fun and fundraising.
- **Come to Monthly Meetings:** Share your ideas and stay in the loop. These meetings often include school leaders who value your input. We tend to meet on the third Tuesday of each month.
-  **Get Regular Updates** [Join the WhatsApp Community](#) for the PTA
-  **Follow us on Instagram** [@hollyfield\\_pta](#) for the latest news
-  **Drop us an email** [ptahollyfield@gmail.com](mailto:ptahollyfield@gmail.com) to find out more

#### Why Join the PTA?

- **Build Connections:** Meet other parents & carers, make new friends, and strengthen the Hollyfield community.
- **Be Involved:** Have a say in decisions that directly impact your child's school life.



[@hollyfieldpta](#)



[@hollyfield\\_pta](#)



[@TheHollyfieldSchoolPTA](#)



[ptahollyfield@gmail.com](mailto:ptahollyfield@gmail.com)



[www.hollyfieldpta.org](http://www.hollyfieldpta.org)

- **Make a Difference:** Help us deliver unforgettable events like **Hollyfest**, which brings the entire school community together for a day of fun and fundraising.

There's a role for everyone, whether you can offer a few hours here and there or take a more active role in planning and organising. Hollyfield PTA thrives on the energy, ideas, and dedication of parents & carers like you.

## Easy Fundraising



**Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.**

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/causes/hollyfieldpta/>



@hollyfieldpta



@hollyfield\_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



[www.hollyfieldpta.org](http://www.hollyfieldpta.org)

## THIS WEEK.....




### TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 97.87%. The top form group within each year this week is:

7SNE = 99.19%  
 8BEJ = 100%  
 9SCM = 100%  
 10DMI = 96.97%  
 11JSA = 97.58%

Well done to all these students, keep up the excellent work.

### HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	3335	3956	4705
Year 8	3908	4129	2788
Year 9	3518	3503	4230
Year 10	2444	2657	3505
Year 11	1168	1932	1411
<b>Total</b>	<b>14373</b>	<b>16177</b>	<b>16639</b>

### NEXT WEEK

<b>Monday 17 November</b>	Year 13 Walking Talking Mocks (17-21 Nov) Numeracy Week Year 12 Assembly - Common Room Year 11 Assembly (Healthy Relationships) – Dining Hall Year 9 GCHQ Workshop (Kingston Grammar) Ski Trip Mtg (Italy - Sixth Form) (Austria- A1) (Lofer- A2) (Ski Shop - Exam Centre) (6.45-7.30pm)
<b>Tuesday 18 November</b>	Year 13 Assembly - Common Room Year 7 Assembly (Numeracy week) – Dining Hall
<b>Wednesday 19 November</b>	Year 8 Assembly (Numeracy week) – Dining Hall
<b>Thursday 20 November</b>	Year 9 Assembly (Numeracy week)– Dining Hall Student Council Mtg (Exam Centre) (10.55-11.45am)
<b>Friday 21 November</b>	Year 11 Assembly (Mock Results) – Dining Hall Year 10 Assembly (Numeracy week) – Exam Centre Year 12 (Geography Field Trip) (Brick Lane) Year 12 Reports Emailed Home Year 10 Workshop (Challenging Negative Attitudes Towards Women) (8.30-8.55am)

### FORTHCOMING DATES

17-21 November – Year 13 Walking Talking Mock Week

17 November – Ski Trip Meetings

21 November - Year 12 Brick Lane (Geography Field Trip)

21 November – Year 12 Report emailed to parents  
 24 November - 5 December – Year 13 Trial Exams  
 24 November – Year 11 Spanish Trip (BFI)  
 24 November – 4 December – Year 11 Practical Mock Exams  
 24 November - GCSE Drama Mock Practical  
 24-28 November – Year 7/8/9 Report Emailed Home  
 1 December – Year 12 Biology in Action  
 1 December – Year 7/8/9 Flu Vaccinations  
 2 December - Year 5 EHCP SEN Presentation and Tour (3.30-4.30pm)  
 2 & 9 December – Year 10 Jack Petchey Speak Out Workshops  
 3 December – Year 11 Results Day  
 4 December – Year 11 Report Emailed Home  
 4 December – Year 11 Parent Consultation evening - 4.00pm  
**5 December – School closed – inset day**  
 8 December – Year 10/11 Flu Vaccination  
 10 December – Activity Day  
 11 December - Year 9 Parent Consultation evening - 4.00pm  
 12 December – Christmas Dinner  
 17 December - Year 11 Careers Talk & Chef Demo  
 18 December – Christmas Concert (6.30-10.00pm)  
 18 December – Christmas Concert Primary School Preview – 2.00pm  
 19 December – Year 10 Report Emailed Home 19 December – Non-uniform day - £1 donation to charity  
 19 December – End of Term – dismissal from 12.00pm

**22 December 2025 – 2 January 2026 – Christmas Holiday**

## ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability/Initiative/Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

**Year 7** 844 **Year 8** 614 **Year 9** 615 **Year 10** 391 **Year 11** 330

The top performing forms per year group in terms of overall achievements were:

**7SNE** 163 **8RAL** 133 **9PTA** 149 **10DMI** 110 **11HBL** 146

The top performing students from each year were:

**Year 7** Hisham H **Year 9** Julia K **Year 11** Matthew C  
**Year 8** Eddie A **Year 10** Georgie C

## TEACHING & LEARNING

### Young Chef Rotary Club Competition

Year 11 Food students Rhythm and Graci took part in the annual Rotary Club Young Chef Competition at Chessington School this week. Both students presented their dishes to a high standard and found the experience exhilarating. Instinctively, they congratulated the winning student. This spirit is what makes taking part worthwhile. The Mayor and the Rotary Club organiser told Rhythm and Graci that they truly embodied the spirit of the competition and that they were a credit to Hollyfield School. Their dishes are shown below.



### Musical Instrument Lessons at Hollyfield With Kingston Music Service



#### About instrument lessons at Hollyfield...

At Hollyfield we recognise the importance of Music and know that students who learn musical instruments are shown to do better across their subjects (it has been proven that learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills). It is also a great way for students to make new friends at school by being able to participate in our Rock School, Swing Band and Orchestra. If students would like to have individual music lessons on an instrument during the school day we offer a range of different instruments with our fabulous team of peripatetic teaching staff. The instrument lessons are 25 minutes each and organised on a rotation timetable.

#### INSTRUMENTS and teachers...

**All instruments can be applied for** (even if not currently taught here). Currently we have the following brilliant team of tutors:

**Onna Benson:** Piano

**Tom Early:** Drum kit/Percussion

**Andy Brown:** Guitar

**Theodora Stamoulaki:** Piano

**Sharon Taylor:** Piano

**Tino Rainone:** Guitar

**Tom Marshall:** Guitar

**Matthew Cooper:** Brass & Piano

**Linley Weir:** Voice

**Deborah Chalmers:** Violin

**We would love more woodwind and brass players** and there are schemes that Kingston Music Service can offer to support these lessons. In some instances we can also offer funded lessons to support talented students where finance is a barrier.

#### Applying for instrument lessons...

<https://www.kingston.gov.uk/music-service-1/music-lessons/2>

Please follow the link to apply and to see prices.



## GETTING TO KNOW.....

### **Admin Team**

We have a team of 5 people who support the school in the school office, the team is:

Louise Sutton – PA to Ms Jackson, Headteacher  
Di Northeast – Senior Administrative Officer  
Sasha Hayles – Morning Receptionist  
Wendy McCann – Afternoon Receptionist  
Emma Killeya – Reprographics Assistant

When contacting the school our receptionists will take your call and direct you to the appropriate member of staff or take a message, they will also be the first friendly face you will see when you visit the school and readily receive items brought in for students mainly packed lunches and PE kits!!!

Louise is Ms Jackson's PA, she deals with any Headteacher related issues and meetings, constructs reports for Governors and AfC, organises and runs school events and produces the ebulletin for parents. Louise has been at Hollyfield for over 20 years and previously worked at the BBC for 14 years where she looked after Mr Blobby amongst others.

Di supports the Senior Leadership team, Heads of Year, oversees the running of the office and administers new Year 7 admissions, she is also our Parentmail guru! Di also supports the school with admin for teachers. Di has been at Hollyfield for over 23 years and once danced at the Royal Festival Hall.

Sasha is our morning receptionist and answers your calls to the school, she is the first person you will meet or speak to and will direct your query to the relevant member of staff. Sasha deals with all visitors and deliveries to the school, post and general student admin. Sasha loves True Crime Programmes and Books and she has swam with a whale shark.

Wendy is our afternoon receptionist and answers your calls to the school, she is the first person you will meet or speak to and will direct your query to the relevant member of staff. Wendy deals with all visitors and deliveries to the school, post and general student admin. Wendy has worked at Hollyfield for over 16 years and is married with one adult son. Wendy is happy to confirm that she is an original Derry Girl, and she actually went to that school (or at least the school the programme is based on!).

Emma produces the publications for the whole school this includes workbooks and study materials for subject departments and the paper documents sent home to parents. Emma has been at Hollyfield for over 15 years and her interests are baking, walking, reading and travel.

### **Finance Department**

Colette Morgan-Russell is our Finance Manager, she pays everyone, deals with audits and reporting to the Trust and Trustees. Colette has worked at Hollyfield for 16 years and enjoys playing netball, reading, music and the odd game of snooker.

### **Attendance Department**

Deborah Harvey has been Hollyfield's Attendance Officer for almost 20 years. She previously worked in the City in PR and a leading company for Opinion Research before taking a break to raise her family. Deborah loves the theatre, cinema and long walks with a good pub at the end.

Hannah Warry recently started working within the Attendance Office. This is my first school role having previously worked within the Energy Sector. I am enjoying the change of scenery and being a part of the Hollyfield community.

## **HR Department**

The HR department manages and deals with all aspects of staff admin management. They coordinate the staff recruitment process and deal with contracts and payroll updates. They liaise with Occupational Health and provide wellbeing resources and support for staff.

Jo started at Hollyfield 16 years ago, initially for a short time in the Finance Department before moving into HR. She previously worked in the City as an Assistant Bank Manager for 16 years before taking a career break to become a stay at home mum of three. Jo loves travelling and enjoys spending time with family and friends.

Susan has been the HR Assistant since March 2019. Before that Susan was the school Time out Coordinator, starting at Hollyfield in November 2012. Susan's past career was in London Probation Service as a PSO for 24 years. Susan and her sister were on the very first X Factor, going through to the second round.

## **CAREERS**



### **Careers Briefing 14 November 2025 Mr Poole & Miss Corrighan (Careers team)**

Hopefully everyone who attended the Sixth Form Open Evening on Thursday 13th November at the school had the opportunity to talk to the key subject teachers about your Sixth Form choices for next year. Access to the Sixth Form prospectus can be found here: [Sixth Form Prospectus](#) and I am sure the Sixth form team would be happy to answer any follow up questions. The School has a very successful Sixth Form but for those who are looking for alternatives for their future education there are a number of evenings coming up. Making the right choices at 16+ can be more significant than when students choose their options in Year 9. See Talking Futures below which offers some good advice for parents and carers: [Talking Futures](#)

College/Sixth form	Open events - Date & time
Kingston College	Weds 19 Nov 4.30-7pm <a href="#">Events &amp; Open Days - Kingston College</a>
Richmond upon Thames College (Twickenham)	Tues 18 Nov 5-8pm Register via: <a href="#">Open Events</a>
Nescot College	Weds 19 Nov 4.30-7.30pm <a href="#">Nescot Open Events</a> They offer animal care, construction & many more courses!

### **Kingston College - Year 11 Travel & Tourism/Aviation Taster Day - Thursday 4 December**

There are some spaces available for the Travel and Tourism Taster Day at Kingston College for our year 11 students. There are some practical exams taking place so only students not involved in these can go. Please speak to Mr. Poole [ipool@hollyfield.kingston.sch.uk](mailto:ipool@hollyfield.kingston.sch.uk) if you want to attend.

There are a variety of speakers which includes previous students who are studying and working and some university reps and travel agents which include BA, etc.

Timetable of the day:

- 10:00 - arrive at Kingston Hall Main Road
- 10:15 - 11:15 - sessions with our speakers (ex - students, Universities that provide Travel and Tourism courses and industry experts)
- 11:30 - 12:30 Travel and Tourism/Aviation taster
- Lunch - Provided by the College

### **Careers opportunities**

We encourage sixth form students and parents and carers to access our **weekly Careers Opportunities bulletin**. This is a roundup of the career opportunities available to students, this is something students should be checking weekly to build up their knowledge and experience. All of these opportunities allow the students to explore their ideas and look great on uni or apprenticeship applications. This includes;

- **Work experience**
- **Careers talks**
- **University open days and tasters**
- **Apprenticeships**
- **and much more**

Students and parents/carers can access this: [Careers opportunities bulletin 13/10/25](#)

**Some highlights** (please see the bulletin):

- **Law** - apprenticeships and insight days
- **Medical, dental and health care** - various free events and work experiences for students aged 14-18
- **Media & Journalism** - opportunities with the Telegraph, Channel 4 and the School of Journalism
- **Apprenticeships information** - Morgan Stanley, Barclays, BBC and more...



Welcome to a new year at the National Saturday Club! Saturday Clubs across the nation are accepting **applications to join the 2025-26 Saturday Club programme**.

The National Saturday Club believes that every young person - regardless of background or circumstance, should have the **freedom, confidence, and opportunity** to explore their creativity, shape their own future, and contribute to a more vibrant, innovative and equitable world.

**18,000** young people have taken part since the charity's inception in 2009. The network continues to grow and we're thrilled that **over 130 Saturday Clubs** will be running the programme this year! Hosted in colleges, universities and cultural institutions will launch across the UK there are more Saturday Clubs than ever before, the transformational programme is open to **13—16-year-olds**, in eight creative subjects. Find your local club: <https://saturday-club.org/map/>

Students can access **Kingston University for Science & Engineering and Art & Design clubs**. As well as many other local colleges and universities.

Many start in January so find out more: <https://saturday-club.org/national-saturday-club/>

**Ever wondered what life in the British Army is really like?**



Behind the Camo is a four-part virtual event series that gives a real, honest look at life in the British Army. Each episode features serving soldiers answering questions people don't usually ask - covering different topics like career options, daily life, and common myths. It's a great opportunity to hear personal stories, explore the wide range of

roles available, and see how Army life can be more supportive and rewarding than you might expect. Get insider knowledge, hear directly from those living Army life, and have your unanswered questions tackled.

In our first episode, we explore the Army's core roles in defence, peacekeeping, and humanitarian missions, brought to life through personal stories from serving soldiers. You'll also have the chance to ask questions live during the event, with our team on hand to respond in real time, giving you direct access to honest answers and real experiences from Army life.

### Episode 1 – Behind the CAMO - What does the Army do?

 Wednesday, 19 November 2025

 6:00 PM – 6:45 PM

Link to register – [Register Today](#)

### Know someone who might be interested?

Please share this event with your students, colleagues, or anyone curious about Army life. It's a great opportunity to hear real stories and get answers to questions you won't find anywhere else.

## GENERAL INFORMATION

### Links to Useful Information

[Term Dates 2025-2026](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

### Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psycological-society-five-ways-to-boost-resilience-in-children/>

## LOCAL INFORMATION

### Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - [www.Kooth.com](http://www.Kooth.com).

### Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom.  
Email [RachelDykins@mindinkingston.org.uk](mailto:RachelDykins@mindinkingston.org.uk) for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.

- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: 116 123.
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to 85258.
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: 0808 2000 247/online chat.

**Information for adults**

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.

**The Nurturing Programme**

**Talking Teens**  
**Four week parent group**

The Talking Teens Parent Group helps deal with your challenges over four sessions, so you can have a calmer, happier family life.

<p><b>1 Being a parent of a teenager</b></p> <ul style="list-style-type: none"> <li>• The role of parents for teenagers</li> <li>• Responding to difficult feelings</li> </ul>	<p><b>3 Communicating with your teenager</b></p> <ul style="list-style-type: none"> <li>• Talking and listening</li> <li>• Communicating clearly</li> <li>• Handling difficult issues</li> </ul>
<p><b>2 Understanding your teenager</b></p> <ul style="list-style-type: none"> <li>• Understanding teenage development</li> <li>• Parenting styles</li> <li>• Praise and criticism</li> </ul>	<p><b>4 Managing conflict</b></p> <ul style="list-style-type: none"> <li>• Rules and boundaries</li> <li>• Choosing how to respond</li> <li>• Problem solving</li> </ul>

**Contact details**  
Karen Williams, Parenting Officer  
E: [karen.williams@achievingforchildren.org.uk](mailto:karen.williams@achievingforchildren.org.uk)  
T: 020 8547 6965  
M: 07771 974388



**Counselling and Therapy**

**Morag Shrafeddin** is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

**Morag Shrafeddin**  
Specialist in Children and Adolescent Therapy  
(MA Roehampton University)

(M) 079 5639 2216  
(E) [morag@shrafeddins-therapy.co.uk](mailto:morag@shrafeddins-therapy.co.uk)  
(W) [shrafeddins-therapy.co.uk](http://shrafeddins-therapy.co.uk)

**I didn't think I could...  
Fostering ...but now I am**

You could be exactly the right person, no matter your background, culture, religion, ethnicity, sexuality or relationship status to be a great foster carer!

Enquire today to find out how fostering could be right for you.

Enquire or check out the website for more information  
E: [info@achievingforchildren.org.uk](mailto:info@achievingforchildren.org.uk)  
T: 0300 131 2797  
W: [achievingforchildren.org.uk/contact-fostering](http://achievingforchildren.org.uk/contact-fostering)

**achieving for children**  
Fostering SOUTH EAST | Funded by UK Government

**the practice**  
Enabling people to help themselves

**Parenting Workshop**  
Helping You Navigate the Challenges of Parenting Adolescents

**Do you ever feel...**

- Stressed or overwhelmed by your teenager's behaviour?
- Unsure how to set boundaries that actually work?
- Alone when dealing with school issues or conflict at home?

You're not alone. Join our friendly, supportive group for parents of young people aged 11-18.

**You Will Learn**

Proven parenting techniques that build cooperation and respect.  
Strategies to support emotional regulation. Insights into teenage brain development — and how it shapes thoughts, feelings, and behaviour.

**Workshop Details**

Starting Monday the 12<sup>th</sup> of January to March the 9<sup>th</sup> 2026 (no workshop during half term).  
Monday mornings 9:15-10:45 AM  
St Mary's Hall, Weybridge  
8-week workshop - £400

**What to Expect**

Share practical strategies for positive behaviour management.  
Explore effective communication tools.  
Experience a safe, non-judgemental space to talk and connect.

**Facilitated by Experienced Children's Counsellors & Psychotherapists**  
Natalia Watts - MA, HCPC, EMDR Accred.  
Jessica Dahl - MA, MBACP  
Ruth Kendrick - BACP Accred., EMDR

**Book Your Place**

Email: [info@thepractice.co.uk](mailto:info@thepractice.co.uk)  
Phone: 0333 009 6321  
[www.thepractice.co.uk](http://www.thepractice.co.uk)

**Five Rivers Fostering**

## Five reasons to change a child's life through fostering

- 1 To give children the chance to have a brighter and happier future.
- 2 To offer children a positive experience of family life.
- 3 To become part of a highly experienced, ethical and professionally committed team.
- 4 To receive professional support, 24/7, 365 days a year.
- 5 To access regular training and development opportunities.

To learn more about fostering with a Social Enterprise, call us now on 0333 0603 902 [career.enquiries@five-rivers.org](mailto:career.enquiries@five-rivers.org)

Find out more here

**NHS**  
Kingston and Richmond  
NHS Foundation Trust

## Become a member of your local NHS trust

- ✓ Are you interested in **working in healthcare**?
- ✓ Do you have **experience of health services** in Kingston and Richmond?
- ✓ Are you interested in **giving back** to your local community?

If you are **aged 14+** and any of these apply, why not become a member of Kingston and Richmond NHS Foundation Trust.

**Benefits include:**

- Volunteering opportunities
- Opportunities to access health talks and hear from experts
- Ability to attend Council of Governors meetings and stand for election to the Council of Governors, if you want to!

[www.kingstonandrichmond.nhs.uk](http://www.kingstonandrichmond.nhs.uk)

Scan with your phone camera

**FREE PARENTING CLINIC**



## HELPING KIDS TO NAVIGATE FRIENDSHIPS

Friendships can be tricky terrain for children and young people; one moment they're connected and confident, the next there's tension, tears, or that feeling of being left out.

Join Anisa Lewis, Parenting Coach, for a practical and honest conversation about what makes friendships thrive, why they sometimes falter, and how we can guide our children to build strong, healthy connections that last.

Expect simple strategies, lightbulb moments, and a sense of reassurance that you're not alone in navigating this part of family life.

**Monday 17th November at 12.00pm**

Online via Zoom

The session will be recorded and shared with all who register.

**IS YOUR CHILD:**

- Struggling to make or keep friends
- Finding it hard to handle friendship ups and downs
- Feeling the pressure to fit in
- Or you simply want to understand how to support them better

Then this free 30-minute online clinic is for you.

**Booking:**  
<https://anisalewis.as.me/theclinic>  
OR [hello@anisalewis.com](mailto:hello@anisalewis.com)