



The Hollyfield School e-bulletin
 Surbiton Hill Road, Surbiton, KT6 4TU
 020 8339 4500

“Pupils’ behaviour is exemplary, and they demonstrate exceptional attitudes to learning” Ofsted 2025

Head’s Line:

Dear Hollyfield Community

We hope you are well and enjoying the autumnal weather. We have had another great week at Hollyfield. Our Year 11 students have begun their mock exams, which are an excellent opportunity for teachers to assess what has been learned and understood, as well as where we need to give more support. It is also a really important chance for students to experience the processes, procedures and exams themselves. We have been really impressed with their attitude this week and we're sure they will all appreciate the value of this 'rehearsal' opportunity.

Next week, some of our sixth form students will be heading to New York and Washington for a fabulous cross curricular adventure. In New York, we will visit The Empire State Building, The Statue of Liberty and Central Park and in Washington, we will take in The Whitehouse and The Capitol Building. It promises to be a really enriching experience and we are all very excited.

This week, we hosted the hustings for our new Head Students. These students will work with Miss O'Shea to lead the Student Council, as well as a number of other projects, including our annual Culture Day and a celebration of our SEND community. They will also represent the school at key events, like our annual Open Evening. For the hustings, the nominees presented their pitches in a whole school assembly online, so all eyes were on the candidates. All of the speeches were excellent and the whole community is looking forward to casting their votes. We wish all of the candidates the best of luck.

I'd like to remind parents of students in Year 10 and Year 11 that it is the sixth form open evening on **Thursday 13 November**. This is a wonderful event in the calendar where students can learn all about our sixth form, the subjects on offer and all of the additional opportunities available. We encourage all students in these year groups to attend, and to bring their parents and carers along. **The school will close earlier on that day at 12.45pm** to allow the site to be set for the evening. Unlike our whole school opening, there will not be a late start the following day. School will begin at 8.30am as normal on Friday 14 November. Please can I also remind parents about our **INSET day on Friday 5 December**, when the school will be closed to students. Please make sure you have added this date to your diary. We will, of course, remind you closer to the time.

And finally, we have a small number of vacancies on our governing body, we enclose a message from our governors to any parents or carers who may consider taking on a governance role at Hollyfield. Please take the time to read through this.

I hope you all have a wonderful weekend and look forward to sending more news next week.

Amy Jackson
Headteacher



Term Dates

Autumn Term 2025

1 September to 19 December
 (Inset Day – 1-2 Sept, 6-7 Nov & 5 Dec)

Half Term

27 October - 7 November

Christmas Holiday

22 December - 2 January 2026

Spring Term 2026

5 January – 27 March

(Inset Day – 23 Feb)

Half Term

16-20 February (see above)

Easter Holiday

30 March – 10 April (Bank Hol 3 & 5 Apr)

Summer Term 2026

13 April – 17 July (Bank Hol 4 & 25 May)

Half Term

25 - 29 May

..... Stop Press.....

- 27/10-5/11 2024 – Half Term
- 6-7/11 - Inset day – School Closed
- 13/11- Early closure from 12.45pm
- 13/11 – Sixth Form Open Evening
- 17-21/11 – Y13 Walking Talking Mock Week
- 21/11 - Y12 Brick Lane (Geography Field Trip)
- 21/11 – Y12 Report emailed to parents

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“Pupils achieve very well in their examinations. This is because the school delivers an ambitious and balanced curriculum, underpinned by the highest expectations for all pupils. This includes the popular and successful sixth form.” Ofsted 2025

OTHER NOTICES

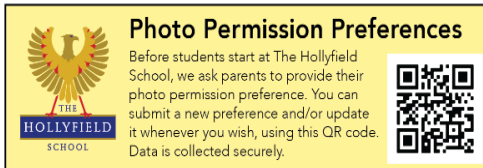


Photo Permission Preferences

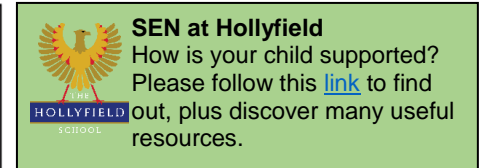
Before students start at The Hollyfield School, we ask parents to provide their photo permission preference. You can submit a new preference and/or update it whenever you wish, using this QR code. Data is collected securely.



Free School Meals

Is your child eligible for Free School Meals?

A small percentage of eligible students do not claim them. We email parents frequently to let them know. During the term, eligible students can claim a nutritious hot meal, drink or delicious dessert every day. If they are entitled, make sure your child is claiming theirs. If you need further assistance, please contact us.



SEN at Hollyfield

How is your child supported? Please follow this [link](#) to find out, plus discover many useful resources.

Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school attendance@hollyfield.kingston.sch.uk.

Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Condition(s) and Individual Healthcare Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Form: <https://forms.gle/pxTajACe1yUNSKdx9>. Once complete, this will form part of your child's Individual Healthcare Plan which will be sent to you for approval, the communication will come from noreply@medicaltracker.co.uk. Please allow emails from this address.

Changed your address/email/phone number????

If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund

Standing Order Contributions to School Fund

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6th form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.



🎓 SCHOOL GOVERNORS WANTED 🎓

Make a real difference to young people's futures at The Hollyfield School and Sixth Form Centre.

We're looking for passionate individuals with a range of professional experience and lived experience to join our Board of Governors and help shape the strategic direction of our school community.

🔦 WHAT WE'RE LOOKING FOR

- Commitment to education and local impact
- Diverse professional backgrounds welcome
- No previous governance experience needed

We especially need expertise in: 🏗️ Building Industry 💰 Finance

📄 THE COMMITMENT

- 2 meetings per half-term
- A DBS (Disclosure and Barring Service) check is required
- Full training and support provided

Your skills and lived experience could help our students thrive and support their life choices and life chances.

Find out more <https://www.hollyfield.kingston.sch.uk/>

🗨️ **INTERESTED?** Contact Jemma clerk@hollyfield.kingston.sch.uk to arrange an informal chat or complete an application form [here](#).

SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: spatel@hollyfield.kingston.sch.uk

Mr Buckman: nbuckman@hollyfield.kingston.sch.uk

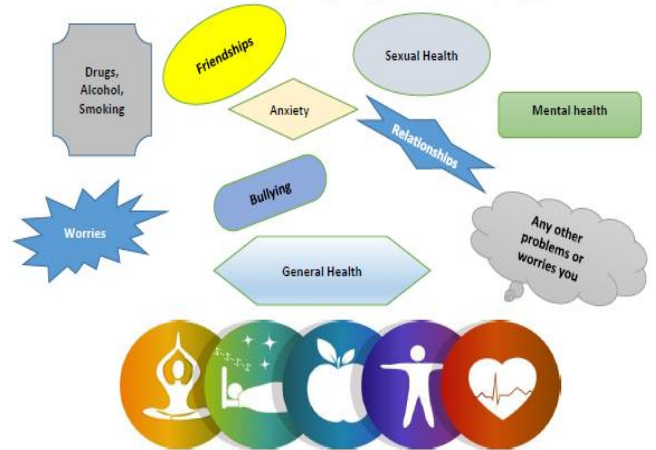
Single Point of Access 020 8547 5008.

SCHOOL HEALTH DROP-IN

WHEN: Tuesday Lunch time 11.40 -1.10PM

WHERE: Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you....



The Mental Health Support Team (MHST)

Parent Webinars on:

- Worries and anxiety
- Screen time and social media
- Understanding changes in the adolescent brain
- Sleep Difficulties
- Friendship difficulties and bullying
- Self-harm and suicidal thoughts
- Low mood and depressive feelings

[Click here to book](#)




[Click here to view workshops and book](#)



HOLLYFIELD PTA NEWS






PTA next meeting – All are welcome!

Come along to our next meeting, find out a bit more about us and what exciting plans we have for the year ahead and planning for our Year 7 Quiz.

-  **Date:** Tue 21 October 2025
-  **Time:** 7.00pm
-  **Location:** Hollyfield School, TBC

Whether you're a regular volunteer or just curious about how the PTA works, **everyone is welcome**. It's a great opportunity to meet other parents & carers, hear about how the money we raise is used, and discover if you might like to get involved — even in a small way.

Year 7 Quiz - for Year 7s - tickets available now!

-  **Who:** Year 7s and their families
-  **Date:** Friday 4 November
-  **Time:** 6.30pm - 10.00pm
-  **Location:** Hollyfield School
-  **Tickets:** On sale now £11.00 Adults, £7.00 for children (includes a hot meal)

Book your tickets here <https://www.pta-events.co.uk/hollyfield/index.cfm>

Volunteers wanted - we are looking for volunteers to help on the night if you would like to get involved pop us an email to ptahollyfield@gmail.com




Thinking of getting more involved in school life but not sure where to start?

Our PTA is a registered charity, and we have a friendly group of trustees who help steer our activities and fundraising efforts. And we'd love to welcome more of you on board.

We're looking for curious, community-minded parents and carers to **join us in co-roles as trustees with the PTA** — no experience required! Co-roles means you don't do it alone — you can share the responsibility and support one another.

- <https://hollyfieldpta.org/committee-post-holder-roles/>

Why get involved?

-  **Learn how to be a trustee** – we have lots of experience to share and love helping people build confidence in these roles
-  **Try something new** – develop skills in leadership, finance, or organising
-  **Make a difference** – your time directly benefits the school and our children

Interested? Email ptahollyfield@gmail.com — we'd love to hear from you. You can also find out about the PTA and what we are up to via - our website, Facebook, Instagram and Whatsapp. See the links at the foot of each page.

[The PTA typically meet on the 3rd Tuesday of every month during the school year]



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

Easy Fundraising

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/causes/hollyfieldpta/>



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

THIS WEEK.....




TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 97.01%. The top form group within each year this week is:

7GKE = 98.75%
 8RAL= 97.74%
 9MCO= 97.33%
 10SDA= 97.59%
 11JLU = 99.64%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	2548	3001	3877
Year 8	3005	3222	2131
Year 9	2787	2727	3332
Year 10	1926	2180	2639
Year 11	961	1451	1162
Total	11227	12581	13141

NEXT WEEK

Monday 20 October	Year 12 Assembly - Common Room Year 11 Trial Exams – 13-24 Oct Year 12 & 13 New York & Washington Trip – 20-26 Oct Gothic Week – 20-24 October
Tuesday 21 October	Year 13 Assembly - Common Room Year 7 Assembly (Remembrance) – Dining Hall
Wednesday 22 October	Year 8 Assembly (Remembrance) – Dining Hall
Thursday 23 October	Year 9 Assembly (Remembrance) – Dining Hall
Friday 24 October	Year 10 Assembly (Remembrance) – Dining Hall

FORTHCOMING DATES

20-26 October – Year 12 & 13 New York & Washington Trip

27 October- 5 November 2024 – Half Term

6-7 November - Inset day – School Closed

13 November - Early closure from 12.45pm

13 November – Sixth Form Open Evening

17-21 November – Year 13 Walking Talking Mock Week

21 November - Year 12 Brick Lane (Geography Field Trip)

21 November – Year 12 Report emailed to parents

24 November - 5 December – Year 13 Trial Exams

24 November – Year 11 Spanish Trip (BFI)

24 November – 4 December – Year 11 Practical Mock Exams

24 November - GCSE Drama Mock Practical
 24-28 November – Year 7/8/9 Report Emailed Home
 1 December – Year 12 Biology in Action
 1 December – Year 7/8/9 Flu Vaccinations
 2 December - Year 5 EHCP SEN Presentation and Tour (3.30-4.30pm)
 2 & 9 December – Year 10 Jack Petchey Speak Out Workshops
 3 December – Year 11 Results Day
 4 December – Year 11 Report Emailed Home
 4 December – Year 11 Parent Consultation evening - 4.00pm
 5 December – School closed – inset day
 8 December – Year 10/11 Flu Vaccination
 10 December – Activity Day
 11 December - Year 9 Parent Consultation evening - 4.00pm
 18 December – Christmas Concert (6.30-10.00pm)
 18 December – Christmas Concert Primary School Preview – 2.00pm
 19 December – Year 10 Report Emailed Home 19 December – Non-uniform day - £1 donation to charity
 19 December – End of Term – dismissal from 12.00pm

22 December 2025 – 2 January 2026 – Christmas Holiday

ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability/Initiative/Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7 848 Year 8 865 Year 9 1122 Year 10 873 Year 11 262

The top performing forms per year group in terms of overall achievements were:

7BRO 236 8RCL 201 9MCO 296 10DMI 213 11HBL 93

The top performing students from each year were:

Year 7 Riley B Year 9 Eva S Year 11 Sofia I
 Year 8 Alex L Year 10 Reginald C

TEACHING & LEARNING

Year 7 Food and Nutrition

The Year 7 Food students made delicious savoury scones as part of their practical assessment on healthy diets for a school packed lunch. They showed practical food skills such as the rubbing-in-method, kneading and demonstrated the principles of good food hygiene and safety. The photos below are a selection of the pupils' scones.



Year 10 Food and Nutrition

The Year 10 GCSE Food Preparation and Nutrition students were set a special challenge to make an Italian Focaccia from scratch using all their knowledge of the bread making process and the answer questions on the food science principles of yeast-based bread, with prizes awarded for the top three loaves. Below is a selection of their creations and celebrate the three winners Behrouz, Melissa and Barney.



Ed Davey MP's Annual Christmas Card Competition

Theme: A Musical Christmas

Closing Date: Wednesday 5th November 2025 – 12pm (noon)

Rules for entries, READ CAREFULLY because you won't win if don't follow the rules:

- is an original not a photocopy
 - is A4 size
 - uses bright colours
- has nothing 3D on it (stickers, glitter, cottonwool, etc.)
- Make sure your name, age, school and class are clearly written on the reverse.

PRIZES:

- Overall winner - design used as Ed Davey MP's 2025 Christmas card, invitation to have tea with Ed, £15 book token and signed certificate.
- Three other category winners - design printed on the back of Ed Davey MP's 2025 Christmas card, £15 book token and signed certificate

Music



Musical Instrument Lessons at Hollyfield
With Kingston Music Service



About instrument lessons at Hollyfield...

At Hollyfield we recognise the importance of Music and know that students who learn musical instruments are shown to do better across their subjects (it has been proven that learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills). It is also a great way for students to make new friends at school by being able to participate in our Rock School, Swing Band and Orchestra. If students would like to have individual music lessons on an instrument during the school day we offer a range of different instruments with our fabulous team of peripatetic teaching staff. The instrument lessons are 25 minutes each and organised on a rotation timetable.

INSTRUMENTS and teachers...

All instruments can be applied for (even if not currently taught here). Currently we have the following brilliant team of tutors:

Onna Benson: Piano

Tom Early: Drum kit/Percussion

Andy Brown: Guitar

Theodora Stamoulaki: Piano

Sharon Taylor: Piano

Tino Rainone: Guitar

Tom Marshall: Guitar

Matthew Cooper: Brass & Piano

Linley Weir: Voice

Deborah Chalmers: Violin

We would love more woodwind and brass players and there are schemes that Kingston Music Service can offer to support these lessons. In some instances we can also offer funded lessons to support talented students where finance is a barrier.

Applying for instrument lessons...

<https://www.kingston.gov.uk/music-service-1/music-lessons/2>

Please follow the link to apply and to see prices.



STUDENT ACHIEVEMENT



Ibrahim in Year 9 competed in Germany at the NAGA European Championship in the Expert division (-50 kg). He achieved second place in both the Gi and No-Gi categories. Well done Ibrahim, we are all proud of you.

CAREERS



Careers Briefing 17 October 2025
Mr Poole & Miss Corrighan (Careers team)

Sixth form

We were delighted to see so many of our sixth formers at the Careers Fair. If any of you discussed work experience with any of the volunteers, please speak to Mr Poole about following up those contacts.

We really encourage sixth form students and parents and carers to access our **weekly Careers Opportunities bulletin**. This is a round up of the career opportunities available to students, this is something students should be checking weekly to build up their knowledge and experience. All of these opportunities allow the students to explore their ideas and look great on uni or apprenticeship applications. This includes;

- **Work experience**
- **Careers talks**
- **University open days and tasters**
- **Apprenticeships**
- **and much more**

Students and parents/carers can access this: [Careers opportunities bulletin 17/10](#)

Year 11s

The Careers Fair provided students with the opportunity to explore their ideas. We are continuing to talk to students in careers meetings about their post 16 options. Many colleges and sixth forms have open events coming up and applications are open now, see details below.

Careers meetings - If anyone would like to talk through their options, please contact Mr Poole ipoole@hollyfield.kingston.sch.uk who can arrange a careers meeting.

College/Sixth form	Open events - Date & time
Hollyfield Sixth Form	Thursday 13 Nov 2025 6-8pm Sixth Form Prospectus
Kingston College	Weds 19 Nov 4.30-7pm Events & Open Days - Kingston College

Richmond upon Thames College (Twickenham)	Tues 18 Nov 5-8pm Register via: Open Events
Nescot College	Weds 19 Nov 4.30-7.30pm Nescot Open Events They offer animal care, construction & many more courses!
Chessington Sixth Form	Open Evening 6th Nov Chessington Sixth Form Offers BTEC Extended Diploma in Sport and Child Development T Level.

[Talking Futures](#) is a fantastic resource for parents/carers



Only a lucky few of us know from a young age the type of work we want to do when we grow up. Most of us need time to figure it out, and plenty of us stumble into our jobs and careers without too much thought.

That's why it's good to have conversations about jobs and careers with your child early – and to have them regularly, on an ongoing basis. This will hopefully make big decisions about

education, training, and careers more manageable as you and your child will be used to having these types of conversations. [Discover conversation tips](#)

Options to suit everyone

Your child doesn't need to make every decision about their future working life immediately. They can achieve their goal in lots of different ways and a step-by-step approach works well. There's a range of training and education pathways available to young people today, offering a better set of options than ever before. Take some time to look at all the possible pathways with your child, to inform their decision-making process. [Discover your child's options](#)

GENERAL INFORMATION

Links to Useful Information

[Term Dates 2025-2026](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psychological-society-five-ways-to-boost-resilience-in-children/>

LOCAL INFORMATION

Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.Kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom. Email RachelDykins@mindinkingston.org.uk for details.
- Childline: information and advice on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: 0800 1111.
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: 116 123.
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to 85258.
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: 0808 2000 247/online chat.

Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.

AUTUMN-SPRING YOUTH VOLUNTEERING PROGRAMME

FOR 16-21 YEAR OLDS SEEKING AN OPPORTUNITY TO MAKE A DIFFERENCE

Are you a young person looking for something meaningful to do during your half terms? Gain valuable volunteering experience and make a real difference at Kingston Hospital!

October-May

WHAT YOU'LL GAIN:

- ✓ Hands-on volunteering experience in a healthcare environment
- ✓ An insight into NHS careers
- ✓ Confidence and communication skills
- ✓ A certificate of achievement
- ✓ A reference for future applications on completion of the programme



SCAN HERE FOR MORE INFORMATION AND TO APPLY:



Volunteering
Kingston and Richmond NHS Foundation Trust



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin
Specialist in Children and Adolescent Therapy (MA Roehampton University)

(M) 079 5639 2216
(E) morag@shrafeddins-therapy.co.uk
(W) shrafeddins-therapy.co.uk



HOME START
Richmond, Kingston & Hounslow

FREE
VOLUNTEER
COURSE

JOIN HOME-START'S VOLUNTEER NETWORK

Do you have parenting experience and a few hours spare each week? Local charity Home-Start is offering a free volunteer training course to provide emotional and practical support to parents with pre-school children facing challenging times.

Interested? Contact Erin Laybourne
erin@homestart-rkh.org.uk or 07884 536161.
Registered charity no: 1108975.

Vestry House, Paradise Road, Richmond, TW9 1SA
THURSDAYS: 25th September, 2nd, 9th, 16th, 23rd October & 6th November 2025
9:45AM - 2:30PM

TRAIN LIKE A PRO



Currently holding open trials for 2025/26 season

U13s (sep Y8) PLAYERS WANTED

- UEFA B Coach & Manager
- All Year Training, 3 hrs per week
- Saturday Matches

Long Ditton Rec Surbiton, KT6 5JT

trials@keysports.org

KEYSPORTS ORG

£25 PER SESSION

HALF TERM NETBALL CAMP!

UNLEASH YOUR NETBALL SKILLS THIS HALF TERM!

29TH & 30TH OCTOBER
9.30 - 12.30
THREE RIVERS ACADEMY, HERSHAM, KT12 5EJ
SCHOOL YEARS 3 - 8

SURREY NETBALL COACHING

www.surreynetballcoaching.co.uk/camps



NHS
 Kingston and Richmond
 NHS Foundation Trust

Become a member of your local NHS trust

- ✓ Are you interested in **working in healthcare**?
- ✓ Do you have **experience of health services** in Kingston and Richmond?
- ✓ Are you interested in **giving back** to your local community?

If you are **aged 14+** and any of these apply, why not become a member of Kingston and Richmond NHS Foundation Trust.

Benefits include:

- Volunteering opportunities
- Opportunities to access health talks and hear from experts
- Ability to attend Council of Governors meetings and stand for election to the Council of Governors, if you want to!

www.kingstonandrichmond.nhs.uk

Scan with your phone camera

SW FOOTBALL ACADEMY

ELITE FOOTBALL COACHING IN SURREY FROM EX PROFESSIONAL FOOTBALLERS AND HIGH QUALITY COACHES. DEVELOPING THE PLAYER AND THE PERSON.

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WHAT WE OFFER

SWFA ACADEMY
 -U9/U10
 -U11/U12
 -U13/U14
 -U15/U16

SWFA PRO SESSION

SWFA SUMMER/HALF TERM CAMPS **SWFA INDIVIDUAL SESSIONS**

Would you like the chance to represent Team Kingston at the London Youth Games Cross Country event?

U11, U13, U15, U17
Saturday 8 November 2025 at Parliament Hill

You must live or go to school in Kingston, apply via the QR code

Understanding Teens

A Parent's Guide to Supporting Mental Health by Joe's Buddy Line

Tuesday 4th November at 7pm, West Horsley Place, Epsom Road, KT24 6AN

This free evening conference for parents of secondary school students will give you clear, practical tools to better understand your teenager and support their mental health. Delivered by Joe's Buddy Line, funded by National Lottery Heritage Fund. Book your free place: <https://westhorsleyplace.org/whats-on/understanding-teens>



UNDERSTANDING TEENS

A Free Parent's Guide to Supporting Mental Health by Joe's Buddy Line

7pm, Tuesday 4 November

Book now at westhorsleyplace.org

WEST HORSLEY PLACE

The Big Sleep Out 2025

Sleeping out for a good cause

"We're taking part in the Big Sleep Out to raise funds to help Dons Local Action Group fight food poverty and continue to provide support in our community."

The Roche School - Wandsworth

Sign up today: <https://tr.ee/BigSleepOut5>

DONS Local Action Group

Big Sleep Out 5

Five Rivers Fostering

Five reasons to change a child's life through fostering

- 1 To give children the chance to have a brighter and happier future.
- 2 To offer children a positive experience of family life.
- 3 To become part of a highly experienced, ethical and professionally committed team.
- 4 To receive professional support, 24/7, 365 days a year.
- 5 To access regular training and development opportunities.

To learn more about fostering with a Social Enterprise, call us now on 0333 0653 962
carer.enquiries@five-rivers.org

Find out more here 

<https://donslocalaction.enthuse.com/cf/the-big-sleep-out-5>

METROPOLITAN POLICE

MORE TRUST | LESS CRIME | HIGH STANDARDS

MET ENGAGE
Community crime-fighting



Get the latest updates from the Met straight to your inbox.

Met Engage is a free messaging service that keeps you connected to what's happening in your area. Whether its crime updates, safety advice, or news from your local policing team, you'll get the information that matters to you — when it matters most.

Met Engage is launching first in SW London, including Kingston.

How to sign up

Signing up takes just a few minutes and you can update your preferences at any time. Your information is secure, and we'll only use it to send you relevant updates.

By signing via the QR above, you'll join thousands of others who are already receiving trusted updates from their local police.

www.metengage.co.uk