



The Hollyfield School e-bulletin
 Surbiton Hill Road, Surbiton, KT6 4TU
 020 8339 4500

“There is a distinct sense of community in the school” Ofsted 2020

Head’s Line:

Dear Hollyfield Community

We hope this bulletin finds you well and that you've been enjoying the sunshine this week. If you hop over to our Instagram account (hollyfield_school) you will see our students making the most of the warmer weather at school, with photos of our triple scientists, A Level Biology and Art students, alongside our triumphant Year 8 rugby team, who beat their competitors 50-15 on Wednesday. You will also see a photo collage of our fabulous English teachers, who dressed up for World Book Day. They caused quite a stir, and students have requested a chance to get involved in the dressing up next year.

This week, students in all year groups have had assemblies linked to National Careers Week, and we invite you to look at the plan for students in all year groups on the Personal Development section of the website. Next week, we will be celebrating Science Week and students will enjoy activities in their lessons and around school. We kicked off the celebrations today, by taking our Year 7 students to Surbiton High for a Science Show. Thank you to our colleagues there for hosting us. We will also have the second of two drop down mornings for Year 9 students, as part of their personal development offer.

Year 7 Parents' Evening is on Thursday 20 March. Once again, this will be an in-person event. We strongly encourage all parents and students to come along to the evening and bookings can be made from Monday 10 March at 9.00am via <https://thehollyfieldschool.schoolcloud.co.uk/>. Year 10 parents' evening will be on 3 April and bookings will open on 24 March at 9.00am.

Next week, our Year 11 students will be completing mocks, ahead of the summer exams and we wish them all the best of luck. We are sure they will see an improvement since their last trial exams and we know that you will support them (as will we) in doing their very best.

Looking ahead, towards the end of term, we have some key, whole school events: Activities Days for all year groups on Thursday 27 and Friday 28 March and Hollyfield's first Culture Day on 3 April, an event which has been driven by student leaders in all year groups, not least our Head Students and the Culture Day Working party. We look forward to bringing you updates on those in the coming weeks.

Have a wonderful weekend, everyone.

Amy Jackson
Headteacher



Term Dates

Autumn Term 2024

2 September to 19 December
 (Inset Day – 2-3 Sept, 7-8 Nov
 - except Y11 & 6 Dec)

Half Term

28 October - 6 November (see above)

Christmas Holiday

20 December - 3 January 2025

Spring Term 2025

6 January – 4 April
 (Inset Day – 24 Feb)

Half Term

17-21 February (see above)

Easter Holiday

7 April – 21 April (Bank Hol 18 & 21 Apr)

Summer Term 2025

22 April – 18 July (Bank Hol 5 & 26 May)

Half Term

26 - 30 May

..... Stop Press.....

- 10/3 – Y7- 9 Report Emailed Home
- 14/3 – Y12 Report Emailed Home
- 20/3 – BTEC Level 3 Results published
- 20/3 – Y7 Parent Consultation evening - 4.00pm
- 21/3 - Y12 & 13 Sixth Form English Literature Conference (Hampton School)

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OTHER NOTICES

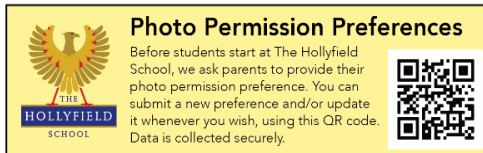
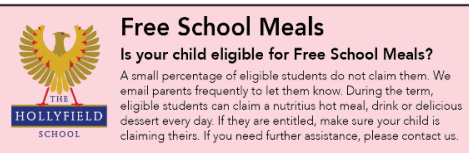


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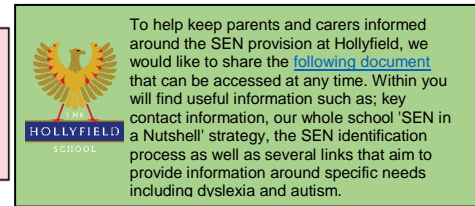
Before students start at The Hollyfield School, we ask parents to provide their photo permission preference. You can submit a new preference and/or update it whenever you wish, using this QR code. Data is collected securely.



Free School Meals

Is your child eligible for Free School Meals?

A small percentage of eligible students do not claim them. We email parents frequently to let them know. During the term, eligible students can claim a nutritious hot meal, drink or delicious dessert every day. If they are entitled, make sure your child is claiming theirs. If you need further assistance, please contact us.



To help keep parents and carers informed around the SEN provision at Hollyfield, we would like to share the [following document](#) that can be accessed at any time. Within you will find useful information such as; key contact information, our whole school 'SEN in a Nutshell' strategy, the SEN identification process as well as several links that aim to provide information around specific needs including dyslexia and autism.

Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school attendance@hollyfield.kingston.sch.uk.

Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Health Care Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Form: <https://forms.gle/pxTajACe1yUNSKdx9>.

Changed your address/email/phone number????

If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund

Standing Order Contributions to School Fund

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6th form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.

SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: spatel@hollyfield.kingston.sch.uk

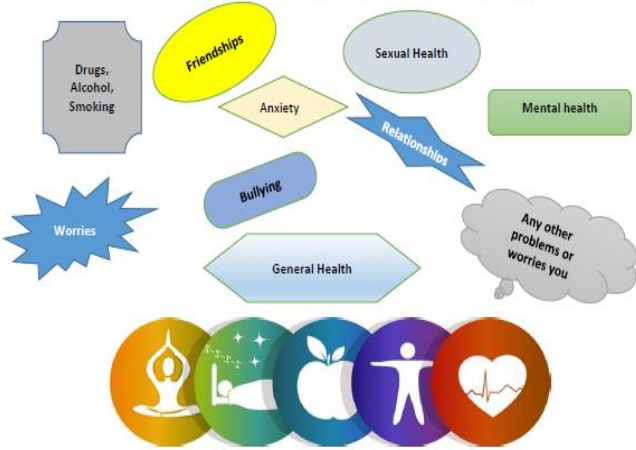
Mr Buckman: nbuckman@hollyfield.kingston.sch.uk

Single Point of Access 020 8547 5008.

SCHOOL HEALTH DROP-IN

WHEN: Tuesday Lunch time 11.40 -1.10PM
WHERE: Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you....



The Mental Health Support Team (MHST)

Parent Webinars on:

- Worries and anxiety
- Screen time and social media
- Understanding changes in the adolescent brain
- Sleep Difficulties
- Friendship difficulties and bullying
- Self-harm and suicidal thoughts
- Low mood and depressive feelings

[Click here to book](#)

[Click here to book](#)

[Click here for a current list](#)

[workshops](#)



HOLLYFIELD PTA NEWS

Get involved with the PTA!

Join the Hollyfield PTA – Make a Difference and Be Part of the Fun!

The Hollyfield PTA is a dynamic group of parent & carer volunteers who work together to create incredible social and fundraising events that directly benefit Hollyfield School. From supporting exciting events to providing essential equipment, the PTA plays a vital role in enriching our children's school experience. The best part? You can help shape how these funds are spent!

Why Join the PTA?

- **Build Connections:** Meet other parents & carers, make new friends, and strengthen the Hollyfield community.
- **Be Involved:** Have a say in decisions that directly impact your child's school life.
- **Make a Difference:** Help us deliver unforgettable events like [Hollyfest](#), which brings the entire school community together for a day of fun and fundraising.

How Can You Get Involved?

- **Volunteer Your Time:** Whether it's setting up food stalls, selling raffle tickets, or lending your skills for events, every bit of help makes a huge impact.
- **Join the Easyfundraising Scheme:** An effortless way to support the school just by shopping online. Click [here](#) to sign up.
- **Attend PTA Events:** Enjoy yourself while contributing to a great cause—our events are the perfect blend of fun and fundraising.
- **Come to Monthly Meetings:** Share your ideas and stay in the loop. These meetings often include school leaders who value your input. We tend to meet on the third Tuesday of each month.
- **Get Regular Updates:** [Join the WhatsApp Community](#) for the PTA.

There's a role for everyone, whether you can offer a few hours here and there or take a more active role in planning and organising. Hollyfield PTA thrives on the energy, ideas, and dedication of parents & carers like you.

Sign up today and be part of something amazing! Together, we can make a real difference for our children and their school.

London Marathon!

The link to Flynn Orchard's fundraising page:

<https://2025tcslondonmarathon.enthuse.com/pf/flynn-orchard-e63f7>

Please support him in this fantastic venture!

Next PTA Meeting

Tuesday 18.03.25

Everyone is welcome! Join us, find out how you can get involved and have fun whilst helping with events and raising funds for the school!

Join us at, 7:30pm - Venue TBC.

We are looking forward to seeing you there!

[We meet on the 3rd Tuesday of every month.]

Pre-loved Uniform Store

Next session: TBC

At the old Music Building, Next to the Dome, Close to the Lamberts Road Gate

[What three words location: *begin.tigers.atom*]



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

Anyone is welcome to pop in and take what items they need. If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. We have a large stock of items of uniform (particularly trousers) and PE kit including some shoes, football boots and trainers. **Availability varies.**

We operate a donation system for those that can afford to contribute.

Everyone Welcome - it is best the items get used, rather than sit in a store or be thrown away!

Any donations of uniform too small for your child would also be appreciated! These can be dropped at the collection point at the entrance to Albury

Easy Fundraising

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>

There are lots of ways of finding out about the PTA and what we are up to - website, Facebook, Instagram, Twitter and two email addresses.... they are all linked at the foot of each page....



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



www.hollyfieldpta.org



ptahollyfield@gmail.com

THIS WEEK.....




TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 96.65%. The top form group within each year this week is:

7PGI = 100%
 8SCM = 95.31%
 9KWH = 99.17%
 10WGO = 97.69%
 11DHO = 96.3%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	9521	10647	10221
Year 8	8741	8081	9701
Year 9	6852	6743	7658
Year 10	6250	5045	5261
Year 11	4727	4660	3894
Total	36091	35176	36735

NEXT WEEK

Monday 10 March	Science Week Year 12 Assembly - Common Room Year 7, 8, 9 and 13 reports sent home (10-14 March)
Tuesday 11 March	Year 13 Assembly – Common Room Year 7 Assembly (British Values) – Dining Hall
Wednesday 12 March	Year 8 Assembly (British Values) – Dining Hall Year 10 Maths Feast (Raynes Park High School)
Thursday 13 March	Year 9 Assembly (British Values) – Dining Hall Year 7 International Women’s Day – Speakers and Workshop
Friday 14 March	Year 10 Assembly (British Values) – Dining Hall International Pi Day Year 9 Drop Down Morning P1-3 Year 12 Reports sent home

FORTHCOMING DATES

- 10 March – Year 13 Report emailed to parents
- 10 March – Year 7- 9 Report Emailed Home
- 12 March – Year 10 Maths Feast
- 13 March – Year 7 International Women’s Day – Speakers and Workshop
- 14 March – Year 12 Report Emailed Home
- 18 March – Year 8 Girls in Maths Workshop (St John Bosco College)
- 19 March – Year 11 GCSE Drama C2 Performance Exam
- 19 March - ISSP Climate Day
- 20 March – BTEC Level 3 Results published

20 March – Year 7 Parent Consultation evening - 4.00pm
 21 March - Year 12 & 13 Sixth Form English Literature Conference (Hampton School)
 24 March – Year 10 Reports emailed to parents
 24 March - Year 7 Pupil Premium visit to Kingston University
 26 March - Year 10 & 11 GCSE Drama Theatre Trip (Kyoto @ Soho Place) (6.00 -10.30pm)
 27-28 March - Year 7-10 Activity Day
 28 March – A Level Music Lecture (Waldegrave School) (1.30-3.30pm)
 28 March - Year 12 Activity Day
 31 March-26 April – Year 13 Final Trial Exams
 31 March - Year 11 Parent English Language Revision Workshop (PP/FSM) (St Mark's Church)
 2 April - Year 9 Vaccination Catch up
 3 April - Year 7-13 Culture Day
 3 April - Year 10 Parent Consultation evening
 4 April - End of Term – students dismissed from 12.00pm

7 April – 21 April 2025 – Easter Holidays

ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability / Initiative / Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7 606 **Year 8** 918 **Year 9** 692 **Year 10** 432 **Year 11** 301

The top performing forms per year group in terms of overall achievements were:

7LGR 163 **8PTA** 183 **9MCO** 156 **10JSA** 130 **11DMI** 86

The top performing students from each year were:

Year 7 M Brown **Year 9** Huey S **Year 11** Jasmine W
Year 8 Matthew C **Year 10** Sienna L

TEACHING & LEARNING

Art

On Wednesday sixth form Art students spent the day at Tate Britain. They had a great day drawing in the galleries and appreciating the beautiful architecture and learning about artists from Turner to Hirst.



Music



Musical Instrument Lessons at Hollyfield With Kingston Music Service



About instrument lessons at Hollyfield...

At Hollyfield we recognise the importance of Music and know that students who learn musical instruments are shown to do better across their subjects (it has been proven that learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills). It is also a great way for students to make new friends at school by being able to participate in our Rock School, Swing Band and Orchestra. If students would like to have individual music lessons on an instrument during the school day we offer a range of different instruments with our fabulous team of peripatetic teaching staff. The instrument lessons are 25 minutes each and organised on a rotation timetable.

INSTRUMENTS and teachers...

All instruments can be applied for (even if not currently taught here). Currently we have the following brilliant team of tutors:

Onna Benson: Piano

Tom Early: Drum kit/Percussion

Andy Brown: Guitar

Oliver Daws: Piano

Sharon Taylor: Piano

Tino Rainone: Guitar

Tom Marshall: Guitar

David Muncey: Brass & Piano

Linley Weir: Voice

Deborah Chalmers: Violin

We would love more woodwind and brass players and there are schemes that Kingston Music Service can offer to support these lessons. In some instances we can also offer funded lessons to support talented students where finance is a barrier.

Applying for instrument lessons...

<https://www.kingston.gov.uk/music-service-1/music-lessons/2>

Please follow the link to apply and to see prices.



Sixth formers should be accessing this on a weekly basis and is posted on their google classrooms. Please see this week's opportunities bulletin: [6th March 2025 Sixth Form Careers opportunities](#)

Careers Focus Early Years



Why is it important?

There is an increased demand for child care places and this is therefore an expanding area of employment in our economy. There are various opportunities to get into this sector.

Many people working with children do not consider it just a job but see it as an opportunity to make a difference to a child's life. Apart from being very rewarding, you could also benefit from a

career which is challenging, has variety and a sense of fun!

You could be working as a childcare practitioner in a range of settings for example in the home, a nursery, the community or a primary school.

For all these roles you will need security clearance (a DBS). You will need to be organised, caring and have great communication skills. Creativity and innovation, so you can come up with fun games and activities and be open to using your imagination.

Qualifications & training

Students can apply to do an apprenticeship at 16 to train as an apprentice this may include Early Years Educator, Teaching, Learning Mentor and many more:

[Education and childcare](#) and [Early Years Educator](#)

Meet some apprentices

Meet Melvyn, who is proud of being a positive role model for young children.

Meet Erin, who loves seeing the children she works with progress.

Meet Jack, who enjoys getting a real insight into a nursery setting.

Equally, students they could study for a qualification at one of the local colleges such as Kingston or NESCOL where they have introduced T Levels in Early Years Learning:

[Kingston College](#)
[Early Years | Nescot](#)

Students could also study their A Levels or BTECs and then apply to do a teaching qualification in Early Years: [What can I do with a early childhood studies degree? | Prospects.ac.uk](#) or you could study Child Psychology, Social work or other related degrees to working with children.



For information about the range of jobs in the Early Years sector including the hours, pay and entry routes check out useful resources and case studies:

- [Careerpilot : Job sectors : Childcare : What's this about?](#)
- [Explore by job sector - Education and early years](#)

[LMI For All](#) you can find out the pay scales of jobs in childcare and education and other jobs



The UCAS Personal Statement is Changing A free webinar for students & parents

UCAS have recently amended the personal statement format from one longer essay to three structured questions, affecting all students applying to a UK university from next year onward.

We're running a **free, interactive webinar led by experts for students and parents, on everything they need to know about this change** and how to ensure applications stand out in this new format.

As always, if students and parents cannot attend live, they can simply register to automatically receive the recording.

We kindly ask you to share this event with relevant Year 11/12 students & parents, by either forwarding this email, downloading our poster or including example text in your next newsletter:

[Download Flyer](#)

[Example Text](#)

WEDNESDAY 26TH MARCH • 6-7 PM

The UCAS Personal Statement is Changing: Everything you need to know

[REGISTER NOW](#)

WEDNESDAY 26TH MARCH 6-7PM UK TIME

The UCAS Personal Statement is Changing: Everything you need to know

[REGISTER NOW](#)

Webinar Timetable

- ✓ A brief overview of the UCAS application process
- ✓ The new 3-question structure explained & what admissions teams are really looking for
- ✓ How to use the time before you apply wisely: practical ways to gain experiences and talking points for your statement

✓ How to bring your subject interest, extracurriculars and work experience to life in your statement, with top tips on structure and writing style

Plus, we'll be joined for a Q&A panel by experts:

👤 **Dr. Ben Morgan**, Oxford admissions tutor with 15+ years' experience reviewing personal statements & interviewing applicants for a range of subjects

👤 **Theo Boyce**, Cambridge graduate and head of leading educational consultancy, Oxbridge Applications.

Submit your questions in advance via our Slido Q&A poll by heading to www.slido.com and using the event code #UCAS

GETTING TO KNOW.....

PE Department

Mr Miller

I have been teaching at Hollyfield for 15 years and have been Head of Faculty for over 10 years now. Hollyfield is a great community school where every day is different and as a department our favourite thing to do is leading extra-curricular opportunities and trips for the students to take part in. Outside of school I enjoy playing golf, padel tennis and when my knees allow it, football still. Other than sport, gardening and growing vegetables is my main way to relax.

Mr Roberts

This is my 4th year teaching PE at Hollyfield and I love the inclusivity we have for sport here and the atmosphere we have within our department. My favourite sports are football and basketball and I still play football competitively to this day. My subtle brag is that I still hold the 400m record at my secondary school and I'm waiting for a Hollyfield student to beat it here.

Mr Goggin

I've been a PE teacher at Hollyfield for 15 years and enjoy keeping fit. My favourite sports are Basketball and Ice Hockey. My most iconic football World Cup was 1990 and my favourite footballer was Roberto Baggio. As a result I am a Juventus fan and enjoy a yearly visit to Turin with Mr Miller to watch them play. Believe it or not I used to have curtains like David Beckham!

Miss Lui

This is my first year at Hollyfield and I have thoroughly enjoyed my time at the school. There is a sense of community within the department and amongst staff. My aim is to grow girls football to become as successful as the netball teams. I was born and brought up in Hong Kong, having only moved here 5 years ago. Outside of work, I enjoy football, badminton, and trying new places to eat.

Miss Grasty

This is my first year teaching here at Hollyfield and am loving every moment. I enjoy Athletics, Cheerleading, Rounders and Netball. I have enjoyed introducing new sports such as Cheerleading to Hollyfield. I support the Chelsea women's team and love going to see them play when I can, although my favourite female footballer is Mary Earps. I like to keep fit and go on runs and outside of work, I enjoy spending time with my friends, walking my dog and getting my nails done.

Mr Spencer

This is my first year as a qualified teacher and luckily enough I get to start my career here at Hollyfield. Since joining in September I have felt very welcomed and included by all staff across the school, especially from the PE department who are a great team. I personally enjoy all sports around the world but my favourite would be rugby, I am currently playing Semi professional rugby for Worthing Raiders which is my home town on the South Coast.

GENERAL INFORMATION

Links to Useful Information

[Term Dates 2024-2025](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psychological-society-five-ways-to-boost-resilience-in-children/>

LOCAL INFORMATION

Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom.
Email RachelDykins@mindinkingston.org.uk for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: [116 123](tel:116123).
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to [85258](tel:85258).
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: [0808 2000 247](tel:08082000247)/online chat.

Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin
Specialist in Children and Adolescent Therapy
(MA Roehampton University)

(M) 079 5639 2216
(E) morag@shrafeddins-therapy.co.uk
(W) shrafeddins-therapy.co.uk



LIFE COACHING FOR YOUNG PEOPLE

In Thames Ditton

AVAILABLE SESSIONS FROM NOVEMBER

When?
Mondays, Tuesdays and Thursdays between 9am and 2pm (term time)

Where?
In the heart of Thames Ditton, in a warm and comfortable home office



Who?
Sessions are run by Nathalie Hamberger, the founder of SpaceforCourage.com. Nathalie is a certified coach. She has worked in mental health and wellbeing for the past four years both in educational settings and in her private practice. Prior to this Nathalie taught for over two decades in secondary and higher education. Nathalie is DBS checked.



What?

- 1:1 coaching sessions (45 mins)
- A safe space and relaxed atmosphere to explore your needs and your goals
- Support, strategies and reassurance to help teenagers and young adults develop healthy habits, reduce stress, maximise potential, and improve overall wellbeing.

LIMITED SPACES

FREE initial consultation

BOOK HERE

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Free Online Courses

Fully Funded School Support Course

6 Week Course Mon - Fri
Daily sessions
1st session 9:30 - 11:30am
2nd session 12:30 - 2pm

Available in Levels 1, 2 & 3

*Please go to our website for more detailed information.

www.studysmartuk.online

KINGSTONIAN CRICKET CLUB PRESENTS

JUNIOR CRICKET TASTER SESSION

WE ARE RUNNING WINTER CRICKET SESSIONS ON SUNDAYS 12TH JAN FROM 10-11.30AM FOR U9-12 (Y4-Y8) & U13-18 (Y7-Y11) FROM 11.30AM-1PM AT SHREWSBURY HOUSE SCHOOL

PLEASE REGISTER YOUR INTEREST HERE:
<https://rb.gy/6fgxh4>

EMAIL: KINGSTONIANCC@GMAIL.COM

WE ARE BACK THIS EASTER!

Day camps from £40 per day

Book Now!

LIMITED TIME OFFER

Camp Beaumont

KINGSTON ADULT EDUCATION
Learn • Achieve • Progress



Join our new **Saturday Family Workshops**

Spend quality time with your child, grandchild, niece, nephew or family friend while learning & having fun together!

£20 per workshop
(includes one adult & one child)

- 1 Feb
 - Family Cookery - Italian
- 8 Feb
 - Family IT - Using computers
 - Family Crafts - Make a necklace & bracelet
- 15 Feb
 - Family IT - Online safety
- 1 March
 - Family Art & Languages - Learn Italian through family fun
- 8 March
 - Family IT - Family apps
- 22 March
 - Family IT - Coding

For further information, visit:
bit.ly/KAE-FamilyWorkshops



KINGSTON ADULT EDUCATION
Learn • Achieve • Progress



FREE* Maths courses

Refresh and develop your maths skills to grow your numeracy confidence and allow you to better support your child with their maths schoolwork. Our maths courses are FREE to adults aged 19 or over living in a London borough.

Building Confidence with Numeracy: A Maths for Parents Workshop
Starts on Friday 28 February for 5 weeks
12pm to 2.15pm
Hook Centre, Chessington

Over 5 sessions, you will explore how numeracy is all around us when shopping, cooking and organising the day; brush up on core maths skills such as addition and subtraction, multiplication, division, fractions, time and measurements; and put these skills into real-life practice including using money and helping children with their maths homework.

Maths for Parents: Secondary School Maths
Starts on Tuesday 25 February for 5 weeks
10.15am to 12.30pm
Hook Centre, Chessington

During this course, you will review the key maths topics covered in your child's secondary school; practise the same maths and methods taught to them; and discover helpful maths resources. The secondary school course covers Key Stage 3 and 4 maths.

For further information and to book, visit bit.ly/KAE-Maths or call 020 8547 6700.



NEW YOUTH CLUB OPENING!

Do you want a safe place where you can...
 take part in sports, play games, chill with your friends, listen to music and more?

Then look no further. **School Years 7 to 11**
 Tolworth has a new youth club located at Sunray Community Centre, Knollmead, KT5 9PH

Thursdays 7pm to 8.30pm
 Term time

For more information and to find out how to get involved please email: youth.services@achievingforchildren.org.uk

YELLOW DAYS

Book your favourite holiday clubs in one place
 Saving you time.

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High-Energy Fitness Dance Class For All Levels

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For more information: ekremalkoc@gmail.com

10:30 AM BERRYLANDS, SURBITON, KT5 8JT

@cygnetsartschool

 Book Now!
 TERM TIME CLASSES • HOLIDAY WORKSHOPS • PRIVATE TUITION

Fine Art School

Classes for Adults & Children

Traditional drawing, painting & sculpture combined with unique projects; experienced teachers & professional quality materials.

Term Time Classes

Adult, After School & Saturdays for Ages 5+

Holiday Workshops

Every Half Term & School Holiday for Ages 5+

Private Tuition

1-1 or Group Classes at Your Home

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How We Teach

Our unique step-by-step teaching method, means we're able to cover advanced techniques & subjects, even with our youngest students. Projects are carefully designed to impart core skills that can be used for a lifetime!

Term Time Classes

2 Ewell Rd, Long Ditton, Surbiton KT6 5LE

Each term covers a new exciting theme, where students will have the chance to explore an array of different styles & mediums.

For current class details, visit our website.

Holiday Workshops

Every half term and school holiday, Cygnets run a series of fantastic workshops for ages 5+. There are two classes on each day, so students can attend individual classes, or bring a packed lunch and stay for both! Please see website for upcoming classes.

Private Tuition & Classes

Private one-to-one or group tuition for ages 5+ at your home, with one of our experienced artist-teachers. Ideal for scholarship application, or just for fun!

NARNIA KIDS CASTING CALL

Nina Gold (PADDINGTON, STAR WARS, THE CROWN, GAME OF THRONES) is looking for two exceptionally talented kids, a boy and a girl, to play important roles in a new NARNIA film that Oscar nominated Greta Gerwig (BARBIE, LITTLE WOMEN, LADY BIRD) has written and will direct.

We want to hear from all interested young actors, regardless of experience.

We are looking for a boy and a girl to play characters that are 10/11 years old.

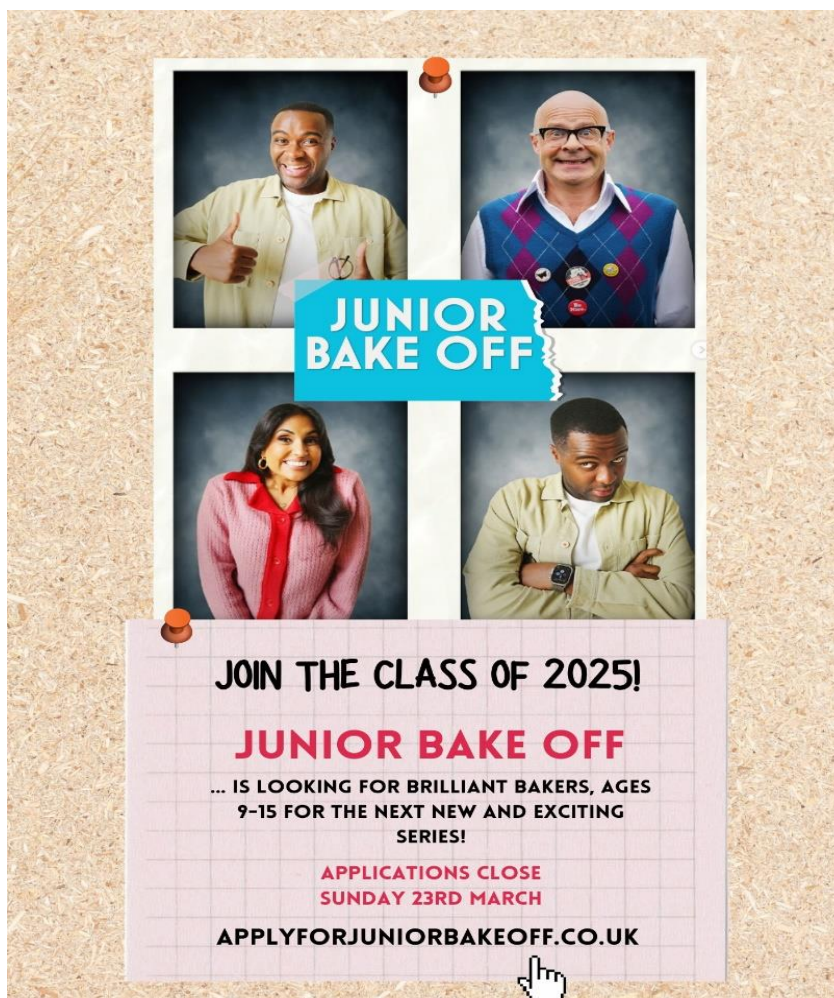
The film will rehearse and shoot from June – Christmas 2025 in the UK.

Parents and guardians are asked to apply by email to casting@ninagold.co.uk with name, age, location, height, along with a short piece to camera (on a phone is fine, approx. 30 seconds) about their happiest memory.

Parents and Guardians must state their relationship to the applicant and that they have their permission to be considered for a role in this production.

Please only use this email address to apply. casting@ninagold.co.uk

Netflix is committed to inclusive, diverse casting. For every role, please submit qualified performers, without regard to age, sex, ethnicity, disability, race, color, national origin, sexual orientation or gender identity or any other basis prohibited by law unless otherwise specifically indicated.



JOIN THE CLASS OF 2025!

JUNIOR BAKE OFF

... IS LOOKING FOR BRILLIANT BAKERS, AGES 9-15 FOR THE NEXT NEW AND EXCITING SERIES!

APPLICATIONS CLOSE SUNDAY 23RD MARCH

APPLYFORJUNIORBAKEOFF.CO.UK