



The Hollyfield School e-bulletin
 Surbiton Hill Road, Surbiton, KT6 4TU
 020 8339 4500

“There is a distinct sense of community in the school” Ofsted 2020

Head's Line:

Dear Hollyfield Community

I hope you are all well and surviving the blustery conditions! We have had another wonderful week here at Hollyfield. Some of our Year 9 students, who are part of the Premier League Inspires program, took part in a mental health workshop at Fulham's training ground in Motspur Park this week. They were joined by two first team players: Steven Benda and Timothy Castagne, who answered questions about their journey to become professional footballers and how mental health has affected them, and even signed photos for them too! The students were really engaged in the sessions and came up with some fantastic suggestions during the group discussions. Ms Offord and Mrs Emin were very impressed with the whole group.

We also had visitors from The Army as part of Mr Poole's ongoing work to provide employer encounters for all year groups as part of Hollyfield students' careers entitlement. Year 10 students took part in a range of STEM, team-building and career-related activities, from CV writing to practical challenges and the feedback has been really positive. Our Year 7 students also took part in workshop sessions with guests from Diversity Role Models, organised by Ms Paterson, who leads our PSHE programme. It has been a great week for personal development.

Mr Warren and the sixth form team have been conducting interviews with our Year 11 students, ahead of their big decision about life after GCSEs and BTECs. The Senior Leadership Team has also been interviewing our Year 9 students, who are preparing for their own next big steps. There is a real sense of excitement in the year group and the feedback from all the colleagues involved has been glowing. Our students are a very positive and engaged group of young people!

I mentioned last week that we welcomed your contribution to our Parent/Carer Survey and the response has been overwhelmingly positive: 97% of parents and carers said that their children are happy here; 98% said they felt safe and over 90% of parents and carers reported that their child is doing well at Hollyfield. 93% of you feel that the range of subjects is good and 96% of parents and carers told us that their children take part in extracurricular activities. 93% of our parents and carers would recommend Hollyfield. These are wonderful responses, which Miss O'Shea shared with all staff this morning in our Friday meeting, with our thanks. She will update you later in the term, on the steps we're taking to make those great results even better in the future.

Thanks, as ever, for your support and have a great weekend.

Amy Jackson
Headteacher



Term Dates

Autumn Term 2024

2 September to 19 December
 (Inset Day – 2-3 Sept, 7-8 Nov
 - except Y11 & 6 Dec)

Half Term

28 October - 6 November (see above)

Christmas Holiday

20 December - 3 January 2025

Spring Term 2025

6 January – 4 April
 (Inset Day – 24 Feb)

Half Term

17-21 February (see above)

Easter Holiday

7 April – 21 April (Bank Hol 18 & 21 Apr)

Summer Term 2025

22 April – 18 July (Bank Hol 5 & 26 May)

Half Term

26 - 30 May

..... Stop Press.....

- 27/1–Y12 Report Emailed Home
- 29/1 – UCAS Deadline
- 29/1– Y9-10 Int Maths Challenge
- 31/1 – Y11 Int Maths Challenge
- 3/2 – Y7 Kingston University Trip
- 6/2–Y13 Parent Consultation evening - 4.00pm
- 7/2 - GCSE Science Live
- 10-15/2–Y13 Retake Trial Exams
- 13/2-Y8– Numeracy in a real life context

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“The school has developed its curriculum far beyond regular lessons” Ofsted 2020

OTHER NOTICES

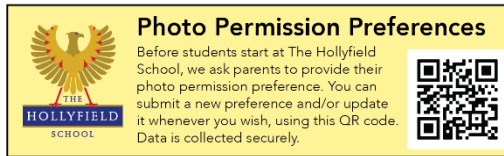
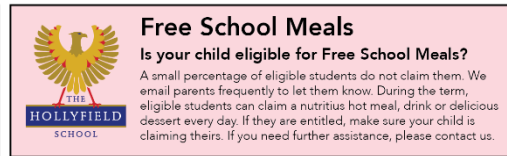


Photo Permission Preferences

Before students start at The Hollyfield School, we ask parents to provide their photo permission preference. You can submit a new preference and/or update it whenever you wish, using this QR code. Data is collected securely.



Free School Meals

Is your child eligible for Free School Meals?

A small percentage of eligible students do not claim them. We email parents frequently to let them know. During the term, eligible students can claim a nutritious hot meal, drink or delicious dessert every day. If they are entitled, make sure your child is claiming theirs. If you need further assistance, please contact us.

Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school attendance@hollyfield.kingston.sch.uk.

Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Health Care Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Form: <https://forms.gle/pxTajACe1yUNSKdx9>.

Changed your address/email/phone number????

If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund

Standing Order Contributions to School Fund

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6th form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.

“The school has developed its curriculum far beyond regular lessons” Ofsted 2020

SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: spatel@hollyfield.kingston.sch.uk

Mr Buckman: nbuckman@hollyfield.kingston.sch.uk

Single Point of Access 020 8547 5008.

SCHOOL HEALTH DROP-IN

WHEN: Tuesday Lunch time 11.40 -1.10PM
WHERE: Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you....



The Mental Health Support Team (MHST)

Parent Webinars on:

- Worries and anxiety
- Screen time and social media
- Understanding changes in the adolescent brain
- Sleep Difficulties
- Friendship difficulties and bullying
- Self-harm and suicidal thoughts
- Low mood and depressive feelings

[Click here to book](#)

[Click here to book](#)

[Click here for a current list of workshops](#)



HOLLYFIELD PTA NEWS

Pre-loved Uniform Store

Next session: TBC

At the old Music Building, Next to the Dome, Close to the Lamberts Road Gate
[What three words location: begin.tigers.atom]

Anyone is welcome to pop in and take what items they need.

If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. We have a large stock of items of uniform (particularly trousers) and PE kit including some shoes, football boots and trainers. **Availability varies.** We operate a donation system for those that can afford to contribute.

Everyone Welcome - it is best the items get used, rather than sit in a store or be thrown away!

Any donations of uniform too small for your child would also be appreciated! These can be dropped at the collection point at the entrance to Albury

Easy Fundraising

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>

There are lots of ways of finding out about the PTA and what we are up to - website, Facebook, Instagram, Twitter and two email addresses.... they are all linked at the foot of each page....



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

THIS WEEK.....




TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 95.64%. The top form group within each year this week is:

7LGR= 98.39%
 8SCM = 96.88%
 9KWH = 96.67%
 10WGO= 96.43%
 11KEM = 95.63%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

| |  Eagle |  Falcon |  Osprey |
|--------------|---|---|--|
| Year 7 | 7332 | 8293 | 7903 |
| Year 8 | 6809 | 6143 | 7553 |
| Year 9 | 5509 | 5447 | 6140 |
| Year 10 | 5153 | 3973 | 3941 |
| Year 11 | 3735 | 3616 | 2974 |
| Total | 28538 | 27472 | 28511 |

NEXT WEEK

| | |
|----------------------|--|
| Monday 27 January | Year 12 Assembly – Common Room Year 11 Assembly (Holocaust) – Dining Hall |
| Tuesday 28 January | Year 13 Assembly – Common Room Year 7 Assembly (Holocaust) – Dining Hall |
| Wednesday 29 January | Year 8 Assembly (Holocaust) – Dining Hall UCAS Deadline (Official) |
| Thursday 30 January | Year 9 Assembly (Holocaust) – Dining Hall |
| Friday 31 January | Year 10 Assembly (Holocaust) – Dining Hall Year 12 Reports emailed home |

FORTHCOMING DATES

27 January – Year 12 Report Emailed Home
 29 January – UCAS Deadline
 29 January – Year 9-10 Intermediate Maths Challenge
 31 January – Year 11 Intermediate Maths Challenge
 3 February – Year 7 Kingston University Trip
 6 February – Year 13 Parent Consultation evening - 4.00pm
 7 February - GCSE Science Live
 10-15 February – Year 13 Retake Trial Exams
 13 February - Year 8 Sandown Park – Numeracy in a real life context

17-21 February 2024 – Half Term
24/2 – Inset day

ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability / Initiative / Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7 1072 **Year 8** 789 **Year 9** 750 **Year 10** 707 **Year 11** 590

The top performing forms per year group in terms of overall achievements were:

7SNE 228 **8PTA** 145 **9NLU** 134 **10JSA** 189 **11DMI** 142

The top performing students from each year were:

Year 7 Judah C **Year 9** Alpha S **Year 11** Vincent T
Year 8 Roan T **Year 10** Kit H

TEACHING & LEARNING

Music

Musical Instrument Lessons at Hollyfield



With Kingston Music Service



About instrument lessons at Hollyfield...

At Hollyfield we recognise the importance of Music and know that students who learn musical instruments are shown to do better across their subjects (it has been proven that learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills). It is also a great way for students to make new friends at school by being able to participate in our Rock School, Swing Band and Orchestra. If students would like to have individual music lessons on an instrument during the school day we offer a range of different instruments with our fabulous team of peripatetic teaching staff. The instrument lessons are 25 minutes each and organised on a rotation timetable.

INSTRUMENTS and teachers...

All instruments can be applied for (even if not currently taught here). Currently we have the following brilliant

team of tutors:

Onna Benson: Piano

Tom Early: Drum kit/Percussion

Andy Brown: Guitar

Neil Thomas: Piano & Brass

Linley Weir: Voice

Sharon Taylor: Piano

Tino Rainone: Guitar

Tom Marshall: Guitar

Deborah Chalmers: Violin

We would love more woodwind and brass players and there are schemes that Kingston Music Service can offer to support these lessons. In some instances we can also offer funded lessons to support talented students where finance is a barrier.

Applying for instrument lessons...

<https://www.kingston.gov.uk/music-service-1/music-lessons/2>

Please follow the link to apply and to see prices.



CAREERS



Careers Briefing 24 January 2025
Mr Poole & Miss Corrighan (Careers team)

Year 10

Army and STEM Careers Day



their initiative.

Well done to Year 10 who took part in the army activity day on Tuesday 21 January, in which they had a presentation about the wide variety of opportunities available to those who join the armed services. Also during the day students took part in a number of problem solving and challenge activities which encouraged them to work together in teams and use



The aim of the activity was to provide students with the opportunity of what is described in the careers curriculum as an “employer encounter” and in the future we hope to organise further events where students meet with people from different sectors of business and industry.

Students are also developing vital skills needed for the work of work e.g. teamwork, communication and problem solving. Hopefully, all the students enjoyed meeting the army outreach team and gained an insight into this career path.

Year 9 - Key Stage 4 Options process

If any Year 9s have not managed to log onto [Unifrog](#) yet then they should see Mr.Poole next week and he can help them log on. You can log in with your Hollyfield email address and reset your password. Unifrog provides an ideal way to research different career paths and provides lots of advice and information.

Parents can also have your own Unifrog account. You'll be able to research careers, attend webinars delivered by employers and universities to learn more about their opportunities, and compare pathways so you can support your child in making an informed decision about their next steps. The sign up code you need is: **HYFDPARENTS** via: www.unifrog.org/code

Subject Tasters & Speed Networking Day - 11 February 2025

Students will have the opportunity to take part in a number of subject tasters and a careers speed networking event. Students will be meeting people from a range of career sectors. The aim of the event is to provide students with an opportunity to broaden their understanding of the world of work; give them an insight into the future careers options and inspire them in their future choices.

Year 11

All Year 11 should have had an interview with a member of the sixth form team last week. If anyone missed their interview they should contact Ms Ebsworth jebsworth@hollyfield.kingston.sch.uk or another member of the sixth form team. If students are still uncertain what they are doing next year they should ask for a career interview.

College applications and interviews

There is still time to apply to colleges and we encourage you to apply to 2-3 places to ensure you have a range of options. Please see this useful article about: [How to ace your UK college interview : Unifrog Blog](#) If any year 11 students/parents would like support with this please contact the careers team: ipoole@hollyfield.kingston.sch.uk and we can book a meeting to support you.

Kingston College Open Event - Saturday 25 January 10am-1pm

The college is a part of the South Thames College Group. If students are not planning to stay at Hollyfield School next year and have not already applied to a college there are a number of open evenings in the next few weeks. If you want to go you have to register. See links below.

| | | |
|----------------------|--------------------------------|-------------------------------|
| Kingston College | Saturday 25 January, 10am-1pm | Register here |
| Merton College | Wednesday 5 February, 5pm-7pm | Register here |
| Carshalton College | Wednesday 26 February, 5pm-7pm | Register here |
| South Thames College | Wednesday 5 March, 5pm-7pm | Register here |

Careers opportunities

We want to ensure we are promoting a range of opportunities for our students to explore their career ideas. This bulletin is produced exclusively for YOU! Sixth formers should be accessing this on a weekly basis and is posted to their google classrooms. Please see below some of the highlights below and for much more please see our weekly opportunities bulletin: [24 January 2025 Sixth Form Careers opportunities](#)



National Apprenticeship week (NAW)

There are many events going on for students and parents/carers to access during NAW 2025 including:

Unifrog Apprenticeship Fair (12 Feb, 4-6:30pm)

Students can meet 40 employers who are offering apprenticeships in a diverse range of sectors including the NHS, Royal Air Force, BBC, and

National Grid. They'll attend live talks on demonstrating skills in applications, preparing for interviews and assessment centres, and using Unifrog to find apprenticeship opportunities. For more info: [Sign up and share with students](#).

Highly-paid, demanding and competitive fields like medicine, law, banking, engineering and entrepreneurship continue to be highly popular amongst school students today. But how much do you really know about what it's like to work in these fields? Join our network of professionals as we unpick the reality of working in top industries today, where we'll be demystifying salary expectations, job security, work culture and how to stand out from the competition.

STUDENT WEBINARS If you are unable to attend live please still register to receive the recording of the event and follow up resources.
6-7PM (UK TIME)

- What it's really like to work in **FINANCE** - 10TH FEBRUARY
- What it's really like to work in **ENGINEERING** - 11TH FEBRUARY
- What it's really like to start your own **BUSINESS** - 12TH FEBRUARY
- What it's really like to work in **MEDICINE** - 10TH FEBRUARY
- What it's really like to work in **LAW** - 11TH FEBRUARY

PARENT WEBINARS
7-8PM (UK TIME)
SALARY, STATUS AND STABILITY
Navigating your child's future career in today's job market
5TH FEBRUARY

[Explore All Events](#) [Find Out More](#)

info@investin.org +44 (0) 203 488 5089 www.investin.org

GETTING TO KNOW.....

Modern Foreign Languages Department

The MFL department is pleased to introduce you to their wonderful team of linguists.

Name: Miss Belben

Role: Head of French

Where you studied: Paris Sorbonne University, University of Lille and University College of London (UCL)

Hobbies: Music, travelling and learning about cultures and languages (currently learning my fifth language!)

Fun fact: I have been to 70 concerts across 6 countries and I have visited 12 countries!

Name: Miss Keruzec

Role: Second in charge of MFL - Acting Head of Spanish

Where you studied: University of Western Brittany, Universidad de Burgos, University Rennes 2 and University of Roehampton

Hobbies: Muay Thai, Boxing, trekking and travelling

Fun fact: While backpacking through Mexico, I found myself stranded in the middle of nowhere when my transport broke down. A kind family offered to help me reach the nearest city in exchange for a four-hour French lesson, as the city was quite far away. Ten years later, I am still in touch with them.

Name: Mr Pash

Role: Teacher of French and Spanish

Where you studied: Royal Holloway University of London, University of Leeds

Hobbies: Sport, Reading, Music

Fun fact: I produce electronic music and collect records!

Name: Miss White

Role: Teacher of Spanish and French

Where you studied: Coventry University, Université Sorbonne Nouvelle Paris 3, Universitat de Valencia, Goldsmiths University

Hobbies: Film, cooking, anime, reading, spending quality time with my son Ethan

Fun fact: I can name all the kings and queens of England from William the Conqueror to King Charles III

Name: Ms Opie

Role: Head of MFL (currently taking care of her baby)

Where you studied: University of Bath, University College London

Hobbies: Running, swimming, painting and drawing

Fun fact: I once interpreted for the Honduran police on the border between Honduras and Nicaragua to intercept an illegal vehicle.

Name: Mrs Belmonte

Role: Head of Spanish (currently taking care of her baby)

Where you studied: University of Granada, Copenhagen and Canterbury

Hobbies: Reading, travelling, architecture and art.

Fun fact: Once I hiked 400 km in 10 days, across two countries carrying only a backpack.

GENERAL INFORMATION

Links to Useful Information

[Term Dates 2024-2025](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psychological-society-five-ways-to-boost-resilience-in-children/>

LOCAL INFORMATION

Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.Kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom. Email RachelDykins@mindinkingston.org.uk for details.
- Childline: information and advice on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: 0800 1111.
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: 116 123.
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to 85258.
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: 0808 2000 247/online chat.

Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin
Specialist in Children and Adolescent Therapy
(MA Roehampton University)

(M) 079 5639 2216
(E) morag@shrafeddins-therapy.co.uk
(W) shrafeddins-therapy.co.uk



LIFE COACHING FOR YOUNG PEOPLE

In Thames Ditton

AVAILABLE SESSIONS FROM NOVEMBER

When?
Mondays, Tuesdays and Thursdays between 9am and 2pm (term time)

Where?
In the heart of Thames Ditton, in a warm and comfortable home office



Who?
Sessions are run by Nathalie Hamberger, the founder of SpaceforCourage.com. Nathalie is a certified coach. She has worked in mental health and wellbeing for the past four years both in educational settings and in her private practice. Prior to this Nathalie taught for over two decades in secondary and higher education. Nathalie is DBS checked.



What?

- 1:1 coaching sessions (45 mins)
- A safe space and relaxed atmosphere to explore your needs and your goals
- Support, strategies and reassurance to help teenagers and young adults develop healthy habits, reduce stress, maximise potential, and improve overall wellbeing.

LIMITED SPACES

FREE initial consultation

BOOK HERE

WWW.SPACEFORCOURAGE.COM

New courses for adults starting in January

As part of Kingston Council, Kingston Adult Education offers a diverse range of courses for people aged 19 and over. **Some of their courses are free and take place in school hours.**

Here is a selection of their courses starting in January:

- A series of **90-minute workshops to support individuals considering self-employment.** Sessions will explore turning your creative talents into a business, becoming a virtual assistant, home-based tutoring and online teaching, and freelance content creation (writing, blogging and video creation)
- Accredited qualifications in **Bookkeeping; Childcare; Community Interpreting; Counselling; Information, Advice and Guidance; and Understanding Mental Health.**
- **English, maths and digital skills**, from entry level through to GCSE
- A plethora of **wellbeing and creative skills classes**, including painting and drawing, upcycling clothes, stained glass making, languages, and tai chi.

See their latest prospectus for full details: bit.ly/KAE-2425prospectus



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Free Online Courses

ncfe. | cache

Fully Funded School Support Course

Available in Levels 1, 2 & 3

*Please go to our website for more detailed information.

6 Week Course
Mon - Fri
Daily sessions
1st session 9:30 - 11:30am
2nd session 12:30 - 2pm

www.studysmartuk.online

YELLOW DAYS

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KINGSTONIAN CRICKET CLUB PRESENTS

JUNIOR CRICKET TASTER SESSION

WE ARE RUNNING WINTER CRICKET SESSIONS ON SUNDAYS 12TH JAN FROM 10-11.30AM FOR U9-12 (Y4-Y6) & U13-18 [Y7-Y11] FROM 11.30AM-1PM AT SHREWSBURY HOUSE SCHOOL

PLEASE REGISTER YOUR INTEREST HERE:
<https://rb.gy/6fgxh4>

EMAIL: KINGSTONIANCC@GMAIL.COM

KINGSTON ADULT EDUCATION
Learn • Achieve • Progress

Maths for Parents: Secondary School Maths

Want to support your child with their maths schoolwork?

Join our **FREE** course.

Over 6 sessions, you will:

- Review the key maths topics covered in secondary school
- Practise the same maths and methods taught in schools
- Discover helpful maths resources

This course is available to all adults aged 19 years or over living in London. There is no requirement to be the parent or guardian of a school aged child to join this course. No prior learning is required.

Dates: Tuesday 7 January to 11 February 2025
Time: 10:15 to 12:15
Location: Hook Centre, Chessington KT9 1EJ
Cost: FREE

To enrol or find out more details:

- Email - skillsforworkandlife@kingston.gov.uk
- Visit - bit.ly/multiplykae
- Call - 07511 045124
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