



**The Hollyfield School e-bulletin**  
 Surbiton Hill Road, Surbiton, KT6 4TU  
 020 8339 4500

“There is a distinct sense of community in the school” Ofsted 2020

**Head’s Line:**

Dear Hollyfield Community

I hope you all enjoyed a wonderful Christmas break. We have had a great return to school and it has been brilliant to see all the staff and students getting back to work. Well done to our Year 12 students who have been completing their mock exams this week, we know how hard they will have worked to prepare for these. We look forward to welcoming Year 11 parents into school on Thursday evening for Year 11 parents' evening. This is a particularly important parents' evening as it will be the final one for Y11 before the GCSE exams in the summer. It is an opportunity for us to meet with parents and explain to them how they can help and support their child alongside getting tips and advice on how to secure the best possible grades.

Please can I remind all students and parents that we expect high standards of uniform at Hollyfield. A number of students have returned from the winter break with false nails and eye lashes. I completely support students' rights to wear these outside of school, but they do need to be removed upon their return in accordance with our policy and the home-school agreement. Furthermore, please can I remind parents that students are allowed up to two piercings in each ear, but facial piercings are not allowed until students are in the sixth form. Many thanks in advance for your support with this.

A parent/carer survey was sent out this week, please can I urge you to complete it, it can be found at [here](#).

From Monday 6 January, if you need to report your child's absence from school or wish to send an attendance related query, please do so by contacting the new email address: [attendance@hollyfield.kingston.sch.uk](mailto:attendance@hollyfield.kingston.sch.uk).

Wishing you a lovely weekend.

**Amy Jackson**  
**Headteacher**



**Term Dates**

**Autumn Term 2024**

2 September to 19 December  
 (Inset Day – 2-3 Sept, 7-8 Nov  
 - except Y11 & 6 Dec)

**Half Term**

28 October - 6 November (see above)

**Christmas Holiday**

20 December - 3 January 2025

**Spring Term 2025**

6 January – 4 April  
 (Inset Day – 24 Feb)

**Half Term**

17-21 February (see above)

**Easter Holiday**

7 April – 21 April (Bank Hol 18 & 21 Apr)

**Summer Term 2025**

22 April – 18 July (Bank Hol 5 & 26 May)

**Half Term**

26 - 30 May

**..... Stop Press.....**

- 13/1 – Y11 Oxford University Trip
- 17/1 – Y13 Report Emailed Home
- 14 & 17/1 – Y10 PHSE Drop Down Morning
- 16/1– Y11 Parent Consultation evening - 4.00pm
- 20 & 23/1 – Y11 Sixth Form Interviews
- 23/1 – Y9 Fulham Workshop and Player Appearance
- 23/1 – Y7 Equality and Diversity Role Models Workshop

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## **OTHER NOTICES**

### **Reporting your child's absence**

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school [office@hollyfield.kingston.sch.uk](mailto:office@hollyfield.kingston.sch.uk).

### **Valuables in school**

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

### **Medical Health Care Plans**

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information. Form: <https://forms.gle/pxTajACe1yUNSKdx9>.

### **Changed your address/email/phone number????**

If you have changed your contact details, please email the school office on [office@hollyfield.kingston.sch.uk](mailto:office@hollyfield.kingston.sch.uk) stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

### **Water Bottles**

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

### **Surbiton Hill Road Entrance for cars**

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

### **Dinner Money Top Up**

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

### **Contribution to the School Fund**

#### **Standing Order Contributions to School Fund**

In January, we will no longer be using our current system to process standing order donations as our contract has come to an end. This means we will not be able to claim gift aid on donations. Gift aid brings us an extra 25p on every £1 donated.

If you already donate to the school by standing order, please consider setting up a direct debit donation on our new platform Enthuse and cancelling your current standing order with your bank. This will maximise your donation as gift aid will be claimed automatically, and reduces administration time for the school. Links to the Enthuse donation platform for both Main School and 6<sup>th</sup> form can be found [here](#).

All contributions received are very much appreciated and directly benefit all students within the school. We value each and every pound donated to provide a better education experience for our students.

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

### **Open Door**

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email [lsutton@hollyfield.kingston.sch.uk](mailto:lsutton@hollyfield.kingston.sch.uk).

## SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: [spatel@hollyfield.kingston.sch.uk](mailto:spatel@hollyfield.kingston.sch.uk)

Mr Buckman: [nbuckman@hollyfield.kingston.sch.uk](mailto:nbuckman@hollyfield.kingston.sch.uk)

Single Point of Access 020 8547 5008.

### SCHOOL HEALTH DROP- IN

**WHEN:** Tuesday Lunch time 11.40 -1.10PM  
**WHERE:** Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you....



## The Mental Health Support Team (MHST)

Parent Webinars on:

- Worries and anxiety
- Screen time and social media
- Understanding changes in the adolescent brain
- Sleep Difficulties
- Friendship difficulties and bullying
- Self-harm and suicidal thoughts
- Low mood and depressive feelings

[Click here to book](#)

[Click here to book](#)

[Click here for a current list of workshops](#)



## HOLLYFIELD PTA NEWS

### **Pre-loved Uniform Store**

#### **Next session: Saturday 11 January 2025**

At the old Music Building, Next to the Dome, Close to the Lamberts Road Gate  
*[What three words location: begin.tigers.atom]*

Anyone is welcome to pop in and take what items they need.

If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. We have a large stock of items of uniform (particularly trousers) and PE kit including some shoes, football boots and trainers. **Availability varies.**

We operate a donation system for those that can afford to contribute.

**Everyone Welcome - it is best the items get used, rather than sit in a store or be thrown away!**

**Any donations of uniform too small for your child would also be appreciated! These can be dropped at the collection point at the entrance to Albury**

### **Next PTA Meeting Tuesday 21.01.25**

Everyone is welcome! Join us, find out how you can get involved and have fun whilst helping with events and raising funds for the school!

Join us at, 7:30pm - Waggon and Horses Pup, Surbiton.

We will either meet in the room off the back bar area, or in the raised area, at the back of the pub.

**We are looking forward to seeing you there!**

[We meet on the 3rd Tuesday of every month.]

*An additional note: would you like to join in to help with upcoming events such Quiz night and Christmas Concert or generally just kept in the loop, but unable to attend meetings? If so, please email us at [ptahollyfield@gmail.com](mailto:ptahollyfield@gmail.com), with your number. We can then add you to the general PTA WhatsApp Community.*

### **Easy Fundraising**

**Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.**

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>

There are lots of ways of finding out about the PTA and what we are up to - website, Facebook, Instagram, Twitter and two email addresses.... they are all linked at the foot of each page....



@hollyfieldpta



@hollyfield\_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



[www.hollyfieldpta.org](http://www.hollyfieldpta.org)

## THIS WEEK.....




### TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 8 with a total of 95%. The top form group within each year this week is:

7BEJ= 94.76%  
 8CNE = 96.67%  
 9KWH = 99.17%  
 10WGO = 96.88/%  
 11KWH = 97.08%

Well done to all these students, keep up the excellent work.

### HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	6376	6376	6376
Year 8	7254	7254	7254
Year 9	7022	7022	7022
Year 10	5913	5913	5913
Year 11	5411	5411	5411
<b>Total</b>	<b>6606</b>	<b>6606</b>	<b>6606</b>

### NEXT WEEK

Monday 13 January	Year 12 Assembly – Common Room Year 11 Assembly (Attendance) – Dining Hall
	Year 11 Oxford University Trip
Tuesday 14 January	Year 13 Assembly – Common Room Year 7 Assembly (Attendance) – Dining Hall ISSP Photography Day
	Year 10 PSHE Drop Down Morning (STI & contraception) (8.55-11.45am)
Wednesday 15 January	Year 8 Assembly (Attendance) – Dining Hall Year 10 Southern Science and Technology Challenge Final (University of Greenwich)
Thursday 16 January	Year 9 Assembly (Attendance) – Dining Hall Year 9 M PATH Workshops Year 11 English Literature Paper 1 (8.30-10.30am)
	Year 11 Parents' Evening (4.00-7.00pm)
Friday 17 January	Year 10 Assembly (Attendance) – Dining Hall Year 13 Reports emailed home Year 10 PSHE Drop Down Morning (STI & contraception) (8.55-11.45am)

## FORTHCOMING DATES

13 January – Year 11 Oxford University Trip  
 17 January – Year 13 Report Emailed Home  
 14 & 17 January – Year 10 PHSE Drop Down Mornings (Pd 1-3)  
 16 January – Year 11 Parent Consultation evening - 4.00pm  
 20 & 23 January – Year 11 Sixth Form Interviews  
 23 January – Year 9 Fulham Workshop and Player Appearance  
 23 January – Year 7 Equality and Diversity Role Models Workshop (Carousel)  
 27 January – Year 12 Report Emailed Home  
 29 January – UCAS Deadline  
 29 January – Year 9-10 Intermediate Maths Challenge  
 31 January – Year 11 Intermediate Maths Challenge  
 3 February – Year 7 Kingston University Trip  
 6 February – Year 13 Parent Consultation evening - 4.00pm  
 7 February - GCSE Science Live  
 10-15 February – Year 13 Retake Trial Exams  
 13 February - Year 8 Sandown Park – Numeracy in a real life context

**17-21 February 2024 – Half Term**  
**24/2 – Inset day**

## ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability / Initiative / Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

**Year 7** 818   **Year 8** 741   **Year 9** 657   **Year 10** 549   **Year 11** 405

The top performing forms per year group in terms of overall achievements were:

**7PGI** 218   **8VVA** 204   **9MCO** 143   **10WGO** 180   **11DHO** 83

The top performing students from each year were:

**Year 7** Ollie C                      **Year 9** Shanmitha Reddy Y   **Year 11** Tsz Shun C  
**Year 8** Charlie L                      **Year 10** Lucas F

## STUDENT ACHIEVEMENT

Huge congratulations to Josh who won the Ed Davey Christmas Card Competition. He came first in the 11-16 age group category and was invited to meet Ed Davey at the prize giving event during the holidays. His cards will be available to purchase for next year! We are very proud of his achievements, and artistic skills!

## TEACHING & LEARNING

### Music

Musical Instrument Lessons at Hollyfield



With Kingston Music Service



#### About instrument lessons at Hollyfield...

At Hollyfield we recognise the importance of Music and know that students who learn musical instruments are shown to do better across their subjects (it has been proven that learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills). It is also a great way for students to make new friends at school by being able to participate in our Rock School, Swing Band and Orchestra. If students would like to have individual music lessons on an instrument during the school day we offer a range of different instruments with our fabulous team of peripatetic teaching staff. The instrument lessons are 25 minutes each and organised on a rotation timetable.

#### INSTRUMENTS and teachers...

**All instruments can be applied for** (even if not currently taught here). Currently we have the following brilliant team of tutors:

<b>Onna Benson:</b> Piano	<b>Sharon Taylor:</b> Piano
<b>Tom Early:</b> Drum kit/Percussion	<b>Tino Rainone:</b> Guitar
<b>Andy Brown:</b> Guitar	<b>Tom Marshall:</b> Guitar
<b>Neil Thomas:</b> Piano & Brass	<b>Deborah Chalmers:</b> Violin
<b>Linley Weir:</b> Voice	

**We would love more woodwind and brass players** and there are schemes that Kingston Music Service can offer to support these lessons. In some instances we can also offer funded lessons to support talented students where finance is a barrier.

#### Applying for instrument lessons...

<https://www.kingston.gov.uk/music-service-1/music-lessons/2>

Please follow the link to apply and to see prices.



## CAREERS

### CAREERS

**Careers Briefing 10 January 2025**  
**Mr Poole & Miss Corrighan (Careers team)**

#### Year 11 college applications and interviews

Many students have applied to their colleges and sixth forms. Hollyfield sixth form will have their interviews in January and most other colleges will have interviews ongoing from now until the end of the academic year. ***There is still time to apply to colleges and we encourage you to apply to 2-3 places to ensure you have a range of options.*** We have already had a few students being made offers and this really helps motivate them for their upcoming exams. Please see this useful article about: [How to ace your UK college interview : Unifrog Blog](#)

If any year 11 students/parents would like support with this please contact the careers team: [ipoole@hollyfield.kingston.sch.uk](mailto:ipoole@hollyfield.kingston.sch.uk) and we can book a meeting to support you.

#### Kingston College Open Event - Saturday 25 January 10am-1pm

The college is a part of the South Thames College Group. If students are not planning to stay at Hollyfield School next year and have not already applied to a college there are a number of open evenings in the next few weeks. If you want to go you have to register. See links below.

Kingston College	Saturday 25 January, 10am-1pm	<a href="#">Register here</a>
Merton College	Wednesday 5 February, 5pm-7pm	<a href="#">Register here</a>
Carshalton College	Wednesday 26 February, 5pm-7pm	<a href="#">Register here</a>
South Thames College	Wednesday 5 March, 5pm-7pm	<a href="#">Register here</a>

#### Other post 16 options

As part of ensuring we are offering impartial guidance to our students. We would like to bring to your attention another option for post 16 which are **UTCs (University Technical Colleges)**. These are government-funded schools with a specific industry focus on practical skills for the workplace as well as the national curriculum: Some examples in London:

- [Global Academy](#) Based in West London, Global Academy focuses on **Media** and has a range of T Levels and BTECs in Media, Production and much more.
- [London Design and Engineering UTC](#) Based in East London, this UTC has a range of T Levels and A Levels and Level 2 courses. Subjects include **Engineering, Design and Media** as well as a range of A Levels.
- [UTC Heathrow](#) Based in Norwood, North West London, this UTC offers a varied STEM focused curriculum. They offer A Levels and BTECs in **Engineering and IT** as well as A Levels.

For more information: [Find a UTC | Baker Dearing Educational Trust](#)

#### Year 9 - Key Stage 4 Options process



##### Unifrog

From January 13, Year 9 will have the opportunity to access the [Unifrog](#) which is the careers platform students use to explore different careers pathways. Unifrog is a platform used by Key Stage 4 students and the Sixth Form but it is useful for Year 9 to help students to think about their future choices by researching the career potential of their favourite subjects and the skills

with which they are most confident. Many of those skills they use both at school and in hobbies and activities outside of school will be useful in later life.

### Subject Tasters & Speed Networking Day - 11 February 2025

Students will have the opportunity to take part in a number of subject tasters, but also careers speed networking event. Students will be meeting people from a range of business and industry backgrounds. The aim of the event is to provide students with an opportunity to broaden their understanding of the world of work; give them an insight into the future careers options and inspire them in their future choices. Choosing their KS4 options is not an isolated event, but part of a journey all students are on and they should be beginning to think about future education and employment. An important part of any successful careers programme is to give students the opportunity to have a number of employer encounters during their time at school and it is our aim at Hollyfield to do this!

**We need Volunteers!** We already have a number of volunteers but would welcome more volunteers from the parent body and successful alumni. Obviously, many people are at work but if you are available to come in and take part in the networking event either in the morning; the afternoon or all day please contact Mr.Poole who is organising the event: [ipoole@hollyfield.kingston.sch.uk](mailto:ipoole@hollyfield.kingston.sch.uk)



### Careers opportunities

We want to ensure we are promoting a range of opportunities for our students to explore their career ideas. Sixth formers should be accessing this on a weekly basis and is posted to their google classrooms. Please see below some of the highlights going on and for much more please see our weekly opportunities bulletin: [10th January 2025 Sixth Form Careers opportunities](#)

Year Group	Description	Link
12/13	<p><b>Career compass offers a range of FREE workshops</b> on job hunting &amp; different career sectors.</p> <p><a href="#">January online Sessions (usually take place at 6pm)</a></p> <ul style="list-style-type: none"> <li>• <b>Choose the Career of your Dreams</b> <a href="#">RSVP</a> Wed, 15 Jan</li> <li>• <b>Application Hacks: How to Secure the Job</b> / Online Webinar <a href="#">RSVP</a> Wed, 15 Jan</li> <li>• <b>Wed, 22 Jan CV Workshop</b> Online Webinar <a href="#">RSVP</a></li> <li>• <b>Cover Letter Workshop</b> Online Webinar <a href="#">RSVP</a> Wed, 29 Jan</li> <li>• <b>Email Etiquette Class Online Webinar</b> <a href="#">RSVP</a> Tue, 04 Feb</li> </ul>	<p>Check out their website for more information and register:</p> <p><a href="#">Career Skills Workshops</a></p> <p><a href="#">Industry Overview Sessions   Career Compass</a></p>
10 - 13	<p><b>INVESTIN Careers programmes</b></p>	<p>Gain 10% off with our code: <b>HOLLYFIELD10</b></p> <p><a href="#">Weekend Programmes – InvestIN Education</a></p>

	<p><b>SPRING WEEKEND PROGRAMME DATES</b></p> <p><b>9th March 2025</b> - London or Live Online                  Doctor   Architect   Entrepreneur   Computer Scientist   Artist</p> <p><b>16th March 2025</b> - London or Live Online                  Lawyer   Dentist   Engineer   Filmmaker   Forensic Scientist</p> <p><b>23rd March 2025</b> - London or Live Online                  Banker   Psychologist   International Politics   Fashion Designer   Vet</p>	
<p>12</p>	<p><b>For Year 12 students - Courses taking place June-Aug 25</b></p> <p>These are summer schools at various top Universities that run over 4 or 5 days where students get a taste of university life and an insight into a specific STEM subject. Students will get the opportunity to experience university style lectures and work on activities and group projects with the support of academics and student mentors. Students will stay in halls of residence and will take part in social activities in the evenings, so that they get the full university experience. <b>Accreditation: Silver <u>Industrial Cadets Award</u></b></p> <p>The courses currently available to apply for are as follows, please click on each link to find out more about the courses-</p> <p><a href="#">Ocean and Earth Science at Southampton University</a>  <a href="#">Materials Science at the University of Oxford</a>  <a href="#">Physics and Astronomy at Surrey University</a>  <a href="#">Aerospace Engineering at Liverpool University</a>  <a href="#">Maths at Lancaster University</a>  <a href="#">Mechanical Engineering at University College London</a></p>	<p><b>Application Link:</b> <a href="#">Click here</a></p>

## GETTING TO KNOW.....

### History Department:

**Miss Lowery:** Head of department and Head of the Humanities faculty, Miss Lowery is the longest serving member of the department. She studied at Sheffield and Exeter, fitting in some travelling and various interesting jobs, before teaching in Oxford, then Surbiton. Outside work she likes to wind down with a good detective or historical novel and singing in a local choir. She has two children who enjoy their holidays at cultural and historical sites, and recently fulfilled a long-held ambition of seeing the Northern Lights.

**Ms Bras:** currently on maternity leave but still a core part of our team Ms Bras comes from Christchurch, NZ and moved after the earthquakes devastated the city in 2011. Interesting fact- NZ had over 10 000 earthquakes in one year and she had to school-share with another school that had to be knocked down. Outside school she used to do musicals when at school and sing in a covers band! A self-proclaimed terrible netball player, Ms Bras likes to spend her time off with her two children.

**Mr Buckman** teaches history and politics in addition to his role as Assistant Headteacher. He has a real passion for British political and constitutional history. Prior to teaching Mr Buckman worked at Buckingham Palace amongst other royal institutions and

was privileged to meet the late Queen Her Majesty Queen Elizabeth II. Outside of school Mr Buckman is a sports fan, following the cricket, football and rugby and likes to unwind with a game of darts.

**Miss Kettell:** Miss Kettell has been at Hollyfield for 3 years and has recently taken on the role of literacy lead as well as teaching history. Her favourite historical period is the medieval and Tudor era and she loves a day out at a castle or stately home. Originally from Gloucestershire, prior to teaching she lived in Cardiff for 5 years and dabbled in TV/film while there - even getting her name on the credits of a BBC rugby special!

**Mr Gibbons:** Mr Gibbons is new to the department, teaching History and Politics. He has recently returned to South-West London, having spent the last thirteen years living in Brighton, and has been teaching on the South Coast for some time. He has a particular interest in the history of London and enjoys exploring different areas of the city. Outside of school, he enjoys watching live music and going to football matches - he supports Chelsea and also follows a non-league team called Whitehawk FC.

## GENERAL INFORMATION

### Links to Useful Information

[Term Dates 2024-2025](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

### Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psycological-society-five-ways-to-boost-resilience-in-children/>

## LOCAL INFORMATION

### Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - [www.Kooth.com](http://www.Kooth.com).

### Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom.  
Email [RachelDykins@mindinkingston.org.uk](mailto:RachelDykins@mindinkingston.org.uk) for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: [116 123](tel:116123).

- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to 85258.
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: 0808 2000 247/online chat.

### Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.



## Counselling and Therapy

**Morag Shrafeddin** is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

**Morag Shrafeddin**  
Specialist in Children and Adolescent Therapy  
(MA Roehampton University)

(M) 079 5639 2216  
(E) [morag@shrafeddins-therapy.co.uk](mailto:morag@shrafeddins-therapy.co.uk)  
(W) [shrafeddins-therapy.co.uk](http://shrafeddins-therapy.co.uk)

## LIFE COACHING FOR YOUNG PEOPLE

In Thames Ditton

**AVAILABLE SESSIONS FROM NOVEMBER**

*When?*  
Mondays, Tuesdays and Thursdays between 9am and 2pm (term time)

*Where?*  
In the heart of Thames Ditton, in a warm and comfortable home office

*Who?*  
Sessions are run by Nathalie Hamberger, the founder of Spaceforcourage.com. Nathalie is a certified coach. She has worked in mental health and wellbeing for the past four years both in educational settings and in her private practice. Prior to this Nathalie taught for over two decades in secondary and higher education. Nathalie is DBS checked.

*What?*

- 1:1 coaching sessions (45 mins)
- A safe space and relaxed atmosphere to explore your needs and your goals
- Support, strategies and reassurance to help teenagers and young adults develop healthy habits, reduce stress, maximise potential, and improve overall wellbeing.

**LIMITED SPACES**

FREE initial consultation

**BOOK HERE**

[WWW.SPACEFORCOURAGE.COM](http://WWW.SPACEFORCOURAGE.COM)

New courses for adults starting in January

As part of Kingston Council, Kingston Adult Education offers a diverse range of courses for people aged 19 and over. Some of their courses are free and take place in school hours.

Here is a selection of their courses starting in January:

- A series of 90-minute workshops to support individuals considering self-employment. Sessions will explore turning your creative talents into a business, becoming a virtual assistant, home-based tutoring and online teaching, and freelance content creation (writing, blogging and video creation)
- Accredited qualifications in Bookkeeping; Childcare; Community Interpreting; Counselling; Information, Advice and Guidance; and Understanding Mental Health.
- English, maths and digital skills, from entry level through to GCSE
- A plethora of wellbeing and creative skills classes, including painting and drawing, upcycling clothes, stained glass making, languages, and tai chi.

See their latest prospectus for full details:  
[bit.ly/KAE-2425prospectus](http://bit.ly/KAE-2425prospectus)



**STUDY SMART**  
Free Online Courses

ncfe. | cache

**Fully Funded School Support Course**

**Available in Levels 1, 2 & 3**

**6 Week Course**  
**Mon - Fri**  
**Daily sessions**  
**1st session 9:30 - 11:30am**  
**2nd session 12:30 - 2pm**

**\*Please go to our website for more detailed information.**

**www.studysmartuk.online**

# YELLOW DAYS

Book your favourite holiday clubs in one place

**Saving you time.**

Find us in the app store or visit [yellowdays.com](http://yellowdays.com)

**KINGSTON ADULT EDUCATION**

Learn • Achieve • Progress

## Maths for Parents: Secondary School Maths

Want to support your child with their maths schoolwork?

Join our **FREE** course.

Over 6 sessions, you will:

- Review the key maths topics covered in secondary school
- Practise the same maths and methods taught in schools
- Discover helpful maths resources

**Dates:** Tuesday 7 January to 11 February 2025

**Time:** 10:15 to 12:15

**Location:** Hook Centre, Chessington KT9 1EJ

**Cost:** FREE

**To enrol or find out more details:**

- Email - [skillsforworkandlife@kingston.gov.uk](mailto:skillsforworkandlife@kingston.gov.uk)
- Visit - [bit.ly/multiply-kae](http://bit.ly/multiply-kae)
- Call - 07511 045124
- Scan the QR code

This course is available to all adults aged 19 years or over living in London. There is no requirement to be the parent or guardian of a school aged child to join this course. No prior learning is required.

Funded by UK Government

**SKILLS FOR LIFE**

**MULTIPLY**

SUPPORTED BY

**MAYOR OF LONDON**

See our full range of courses at [www.kingston.gov.uk/adulteducation](http://www.kingston.gov.uk/adulteducation)

Surbiton Racket & Fitness Club



➤➤➤➤➤ DANCE FIT

**ENERGIZE YOUR WORKOUT**

High-Energy  
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For All Levels



**Now open to non-members**

For more information:  
ekremalkoc@gmail.com



**10:30 AM BERRYLANDS, SURBITON, KT5 8JT**

OLD KINGSTONIAN HC



# JUNIOR HOCKEY TRIALS

FREE TRIALS FOR ALL AGE GROUPS & ABILITIES



AGE GROUPS	LOCATION	DATES
RECEPTION TO YEAR 11 (AGE 4-16)	TIFFIN GIRLS' SCHOOL & KGS SPORTS GROUNDS	15 DEC 24 12 JAN 25 26 JAN 25

FOR MORE DETAILS & REGISTRATION VISIT:



[WWW.OKHOCKEY.COM](http://WWW.OKHOCKEY.COM)



[administrator@okhockey.com](mailto:administrator@okhockey.com)

KINGSTONIAN CRICKET CLUB PRESENTS

## JUNIOR CRICKET TASTER SESSION



WE ARE RUNNING WINTER CRICKET SESSIONS ON SUNDAYS 12TH JAN FROM 10-11.30AM FOR U9-12 (Y4-Y6) & U13-18 (Y7-Y11) FROM 11.30AM-1PM AT SHREWSBURY HOUSE SCHOOL

**PLEASE REGISTER YOUR INTEREST HERE:**  
<https://rb.gy/6fgxh4>

EMAIL: KINGSTONIANCC@GMAIL.COM

## NEW YOUTH CLUB OPENING!

**Do you want a safe place where you can...**

**take part in sports, play games, chill with your friends, listen to music and more?**

School Years  
7 to 11

Then look no further.

Tolworth has a new youth club located at Sunray Community Centre, Knollmead KT5 9PH

**Thursdays**  
7pm to 8.30pm  
Term time



For more information and to find out how to get involved please email: [youth.services@achievingforchildren.org.uk](mailto:youth.services@achievingforchildren.org.uk)








TERM TIME CLASSES • HOLIDAY WORKSHOPS • PRIVATE TUITION



## Fine Art School

Classes for Adults & Children

Traditional drawing, painting & sculpture combined with unique projects; experienced teachers & professional quality materials.



### Term Time Classes

Adult, After School & Saturdays for Ages 5+

### Holiday Workshops

Every Half Term & School Holiday for Ages 5+



### Private Tuition

1-1 or Group Classes at Your Home

07956573515 | SURBITON@CYGNETSARTSCHOOL.COM

WWW.CYGNETSARTSCHOOL.COM/SURBITON



## How We Teach

Our unique step-by-step teaching method, means we're able to cover advanced techniques & subjects, even with our youngest students. Projects are carefully designed to impart core skills that can be used for a lifetime.

## Term Time Classes

2 Ewell Rd, Long Ditton, Surbiton KT6 5LE

Each term covers a new exciting theme, where students will have the chance to explore an array of different styles & mediums.

For current class details, visit our website.

## Holiday Workshops

Every half term and school holiday, Cygnets run a series of fantastic workshops for ages 5+. There are two classes on each day, so students can attend individual classes, or bring a packed lunch and stay for both! Please see website for upcoming classes.



## Private Tuition & Classes

Private one-to-one or group tuition for ages 5+ at your home, with one of our experienced artist-teachers. Ideal for scholarship application, or just for fun!