



The Hollyfield School e-bulletin
 Surbiton Hill Road, Surbiton, KT6 4TU
 020 8339 4500

“There is a distinct sense of community in the school” Ofsted 2020

Head’s Line:

Dear Hollyfield Community

I hope you are all back in the swing of things and enjoying the start of term. As always, we are holding our Parent Information Evenings for every year group. This week we hosted the Year 7 parents to tell them what to expect in the year ahead. Next week it is the Year 8 Parent Information Evening on Tuesday 1800 - 1930 on school site. We have also invited new Year 12 parents into school for our Sixth Form Life and Rules evening on Thursday at 1830 in the sixth form common room. The remaining year groups will have their information evenings on the following dates:

- Year 9: Tuesday 24 September 1800 - 1930 (on school site)
- Year 10: Wednesday 25 September 1800 - 1930 (online)
- Year 11: Wednesday 25 September 1800 - 1930 (online)

The links for the Year 10 and Year 11 events have been shared with parents. Please can I ask parents to check that they sign into the correct event as the two year group evenings will run at the same time, but of course with different links. If you have children in both year groups the events will be recorded for viewing at a later date.

From Monday, our full suite of extra-curricular activities will begin, parents and students can check the schedule, which can be found at the end of the bulletin. Our Year 12 and Year 13 students have been enjoying learning outside of the classroom this week when on their annual trips to Go Ape and Paintballing. Both trips were a huge success. Our sixth formers will also be enjoying their welcome BBQ after school today; we hope they have a great time.

Our annual open evening takes place on 1 October. This is a very important event in the school calendar. Please pass the information on to any parents who have children in Year 5 or 6 and encourage them to attend. They can also book an open morning tour. The link for these events are on our website.

We will have an early closure on Tuesday 1 October so the school can set up for the event, therefore students will leave school at 1200. The following day (2 October) school will start later than usual at 1035. Students should go to morning registration upon arrival, they will then begin lessons at the start of period 3, which begins at 1055.

Our new food service provider has made a flying start to the year and their offer is proving very popular, the food looks very inviting with a wide choice and is tasty and healthy, please see some photos on the following page.

Students eligible for free school meals can spend up to £2.67 on food in the dining hall. We encourage parents to provide a snack for students to eat during break so students can use all of their free school meal allowance at lunch. The full amount enables students to enjoy a main meal and a dessert or a bottle of water.

And finally, please can I offer my congratulations to all of our students, they have started the year remarkably well and we are proud of their efforts so far.

Wishing you all a great weekend.

Amy Jackson
 Headteacher



Term Dates

Autumn Term 2024

2 September to 19 December
 (Inset Day – 2-3 Sept & 7-8 Nov - except Y11)

Half Term

28 October - 6 November (see above)

Christmas Holiday

20 December - 3 January 2025

Spring Term 2025

6 January – 4 April
 (Inset Day – 24 Feb)

Half Term

17-21 February (see above)

Easter Holiday

7 April – 21 April (Bank Hol 18 & 21 Apr)

Summer Term 2025

22 April – 18 July (Bank Hol 5 & 26 May)

Half Term

26 - 30 May

..... Stop Press.....

- 17/9- Y8 Parents’ Information Evening – 6.00pm
- 19/9 – Y12 Sixth Form Life and Rules – 6.30pm – parents only
- 20/9 – Y13 Geography Trip
- 24/9 - Y9 Parents’ Information Evening – 6.00pm
- 25/9 – Y10 & 11 Parents’ Information Evening – 6.00-7.30pm - online
- 26/9 – Maths ISSP Day

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OTHER NOTICES

Reporting your child's absence

When reporting your child's absence from school on the dedicated absence line - 0208 339 4518 preferably before 8.30am on the morning of your child's absence from school. Please leave their name, spelling out any unusual names, year group and the reason for their absence and your details. Alternatively, you can email the school office@hollyfield.kingston.sch.uk.

Valuables in school

The school policy and guidance with regard to pupil possessions is clear that they are brought into school at their own risk. The Hollyfield School does not accept liability for any items that may be lost, damaged or stolen. While theft is taken extremely seriously and thoroughly investigated, the school is not in a position to cover the cost of any item stolen.

Of course, with respect to the last point, steps and measures are put in place to mitigate against such circumstances, especially during PE and Games lessons, where pupils' items are locked in the changing rooms. While this is standard procedure, there may be some extenuating circumstances where this cannot always be guaranteed. Therefore, I would urge your son/daughter not to bring expensive items into school.

Medical Health Care Plans

Can we please request that you complete the following medical information collection form if your child has any medical conditions, no matter how small. If your child has a new diagnosis we ask you to also complete this form even if you have already done so for a different medical condition to ensure we have the most up-to-date information.

Form: <https://forms.gle/pxTajACe1yUNSKdx9>.

Changed your address/email/phone number????

If you have changed your contact details, please email the school office on office@hollyfield.kingston.sch.uk stating your child's name and form and the change of details. It is important to keep these details up to date in case of an emergency. Don't forget to update your Parentmail account with your new details.

Water Bottles

Please ensure your child brings a water bottle with them to school every day, it is even more important during hot weather. Our water fountains can be used to refill bottles as necessary during break and lunch, it is not possible to drink from the fountains direct and we do not have bottles or cups to give out to students. Alternatively, bottles of water can be purchased (and refilled) in the cafeteria, please ensure your Parentmail account has enough funds to enable this.

Surbiton Hill Road Entrance for cars

If you drive/collect students to or from school the visitor's car park/Surbiton Hill Road entrance **should not be used to drop off students**. This causes congestion for people entering the site and staff access, cars travelling on Surbiton Hill Road and is potentially dangerous for pedestrians.

Dinner Money Top Up

Please ensure funds are available 24 hours before they are required when topping up your child's dinner money on Parentmail. If you add funds on the day they are to be used we will not be able to see the credit instantly until the system has processed it, therefore creating a delay in your child buying food at the canteen.

Contribution to the School Fund

If you would like to help contribute to the school fund to provide additional facilities to the school and students, please click [here](#) for more information. We acknowledge that not all of our parents can make a commitment on a monthly basis. Having listened to those parents we also understand that some would like to make a contribution whenever they can. A donation payment link is available in your ParentMail account. We are grateful for any contribution you can make, regardless of the amount. Every penny will be spent improving students' experiences. Like the monthly contributions, your donation will go into the school fund. It will be used in accordance with the guidance given to schools regarding parental contributions.

Open Door

Ms Jackson holds Parent Clinics on Thursday afternoon during term time. These are from 3.00pm-4.30pm for parents/carers to speak directly to her regarding any unresolved concerns/ suggestions. Please contact Louise Sutton to arrange an appointment on 0208 339 4500 or email lsutton@hollyfield.kingston.sch.uk.

IN SAFE HANDS

Once again, for your information, the key contacts are:

School - Get in touch with the Designated Safeguarding Team

Ms Patel: spatel@hollyfield.kingston.sch.uk

Mr Buckman: nbuckman@hollyfield.kingston.sch.uk

Single Point of Access 020 8547 5008.

SCHOOL HEALTH DROP- IN

WHEN: Tuesday Lunch time 11.40 -1.10PM
WHERE: Room A12 (Top floor of ALBURY)

Come along for a **CONFIDENTIAL** chat with your School Health Practitioner about anything that is worrying you.....





HOLLYFIELD PTA NEWS

A Great Big Thank You

Thank you again to the music department and every single person involved with creating and enjoying Hollyfest! All funds raised by the PTA are used to make the experience for Hollyfield students EVEN better. Funds raised at Hollyfest were specifically focused on refurbishing the School hall and Drama Studio. **A great big thank you to the facilities team** who coordinated and executed the work. It looks fantastic!

Next PTA Meeting Tuesday 17.09.24

Everyone is welcome! Join us, find out how you can get involved and have fun whilst helping with events and raising funds for the school!

Join us at, 7:30pm - Venue: Waggon and Horses Pub. We meet in the room off the back bar area, just before the raised seating. Alternatively in the raised seating area.

We currently have a position available for co-secretary

We are looking forward to seeing you there! [We meet on the 3rd Tuesday of every month.]

Save the Date! Quiz Night for Year 7 students and their families

This Fantastic social event is an opportunity for new members of our school community to get to know each other a bit and to have some fun.

This event will be hosted on **Friday 15 November 2024**. More details to follow soon!

Pre-loved Uniform Store Next session: Date TBC

At the old Music Building, Next to the Dome, Close to the Lamberts Road Gate
[What three words location: begin.tigers.atom]

Anyone is welcome to pop in and take what items they need.

If your child has lost or outgrown their uniform or PE kit please drop in and see if we can help. We have a large stock of items of uniform (particularly trousers) and PE kit including some shoes, football boots and trainers. **Availability varies.**

We operate a donation system for those that can afford to contribute.

Everyone Welcome - it is best the items get used, rather than sit in a store or be thrown away!
Any donations of uniform too small for your child would also be appreciated! These can be dropped at the collection point at the entrance to Albury

Easy Fundraising

Please support The Hollyfield School PTA - Surbiton on #easyfundraising, you'll raise FREE donations for us with your everyday shopping.

This is a really simple way to help raise funds for the PTA in order to support the school and students. Easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

Follow this link to register and start raising some much needed funding : Select The Hollyfield School PTA, Surbiton: <https://www.easyfundraising.org.uk/support-a-good-cause/step-1>

There are lots of ways of finding out about the PTA and what we are up to - website, Facebook, Instagram, Twitter and two email addresses.... they are all linked at the foot of each page....



@hollyfieldpta



@hollyfield_pta



@TheHollyfieldSchoolPTA



ptahollyfield@gmail.com



www.hollyfieldpta.org

THIS WEEK.....




TOP ATTENDERS

The year group with the highest overall attendance so far this year is Year 7 with a total of 96.56%. The top form group within each year this week is:

7AVA = 97.81%
 8SCM = 98.44%
 9DKE = 97.86%
 10WGO = 98.52%
 11KEM = 99.06%

Well done to all these students, keep up the excellent work.

HOUSE POINTS

	 Eagle	 Falcon	 Osprey
Year 7	347	668	502
Year 8	725	560	488
Year 9	431	387	514
Year 10	409	384	328
Year 11	412	329	373
Total	2324	2328	2205

NEXT WEEK

Monday 16 September	Year 11 Assembly (Behaviour & Expectations) - Dining Hall Year 12 Assembly – Common Room Extra-curricular Clubs begin
Tuesday 17 September	Year 7 Assembly (Behaviour & Expectations) - Dining Hall Year 13 Assembly – Common Room Year 9 Fulham Promotion Filming (Craven Cottage) Year 8 Parents' Information Evening (6.00-7.30pm)
Wednesday 18 September	Year 8 Assembly (Behaviour & Expectations) - Dining Hall
Thursday 19 September	Year 9 Assembly (Behaviour & Expectations) - Dining Hall Year 12 Sixth Form Life (Parent Only) (Sixth Form Common Room) (6.30-8.00pm)
Friday 20 September	Year 10 Assembly (Behaviour & Expectations) - Dining Hall Year 13 Geography Field Trip (Bushy Park)

FORTHCOMING DATES

17 September - Year 8 Parents' Information Evening – 6.00pm
 19 September – Year 12 Sixth Form Life and Rules – 6.30pm – parents only
 20 September – Year 13 Geography Trip – Bushy Park
 24 September - Year 9 Parents' Information Evening – 6.00pm
 25 September – Year 10 & 11 Parents' Information Evening – 6.00-7.30pm - online

26 September – Maths ISSP Day
1 October – Early Closure – 12.00pm
 1 October – Open Evening – 5.00pm
2 October – Late Start – 10.35am
 2-15 October – SEN Open Day Tours
 4-14 October – Year 6 Tours
 9 October – Year 10-13 Careers Fair

28 October - 6 November 2024 – Half Term – Year 11 & staff
28 October – 8 November – Half Term - Year 7, 8, 9, 10 & 12 (7-8/11 Inset days)

5 November – GCSE Exams Start
 7-9 November – Year 11 English and Maths Trial Exams
 6 November – Year 12 Report Emailed Home
 11-30 November – Year 11 Trial Exams including practicals and orals
 12 & 19 November – Year 10 Jack Petchey Speak out Workshops
14 November - Early closure from 2.15pm
 14 November – Sixth Form Open Evening
 18 November – Year 9 Report Emailed Home
 18 November – Year 7 & 8 Progress Report emailed to parents
 25 November – 30 November – Year 13 Walking Talking Mock Week
 28 November - Year 9 Parent Consultation evening - 4.00pm
 2-14 December - Year 13 Trial Exams
 3 December – Year 7-11 Flu Vaccination
 5 December – Year 9 Options evening - 6.00pm
 9-14 December – Year 12 Walking Talking Mock Week
 16 December – Year 10 & 11 Report Emailed Home
 19 December – Year 11 Results Day

12 December – Christmas Carol Concert (6.30-10.00pm)
 19 December – End of Term – dismissal from 12.00pm

20 December 2024 – 3 January 2025 – Christmas Holiday

ACHIEVEMENT POINTS

Achievement and behaviour points are awarded every day at Hollyfield in line with our school policy and are a fundamental part of school life. We want students to be the best versions of themselves and we explicitly teach the behaviour we want our young people to develop through our GO BIG character virtues (Good Communication / Organisation / Bouncebackability / Initiative / Gratitude). Students are therefore rewarded for when they demonstrate these character virtues either in class, around our school environment and even outside of school. The school also gives out termly prizes for great progress, engagement in learning, attendance and also contribution to school life. We also continually try to celebrate the successes of our students outside of school life and encourage all students to be proud of their successes in whatever area they come from.

Behaviour points are given to students in line with our behaviour policy. At the heart of our behaviour policy is restorative approaches which is a strategy the school uses to allow students to discuss their behaviours with one another and also key staff and to move past incidents in a non-judgemental way.

Both of the school's rewards and behaviour policies can be found on the school website and if you have any questions about them please don't hesitate to contact Miss Patel (Assistant Headteacher).

The year group weekly totals are below:

Year 7 1126 **Year 8** 1229 **Year 9** 993 **Year 10** 764 **Year 11** 778

The top performing forms per year group in terms of overall achievements were:

7LGR 333 **8PTA** 288 **9NLU** 188 **10WGO** 236 **11DHO** 193

The top performing students from each year were:

Year 7 Sonny S

Year 9 Antoni B

Year 11 Tommy S

Year 8 Dmytro D

Year 10 Balin Joseph K

TEACHING & LEARNING

Musical Instrument Lessons at Hollyfield



With Kingston Music Service



About instrument lessons at Hollyfield...

At Hollyfield we recognise the importance of Music and know that students who learn musical instruments are shown to do better across their subjects (it has been proven that learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills). It is also a great way for students to make new friends at school by being able to participate in our Rock School, Swing Band and Orchestra. If students would like to have individual music lessons on an instrument during the school day we offer a range of different instruments with our fabulous team of peripatetic teaching staff. The instrument lessons are 25 minutes each and organised on a rotation timetable.

INSTRUMENTS and teachers...

All instruments can be applied for (even if not currently taught here). Currently we have the following brilliant team of tutors:

Onna Benson: Piano

Sharon Taylor: Piano

Tom Early: Drum kit/Percussion

Tino Rainone: Guitar

Andy Brown: Guitar

Tom Marshall: Guitar

Neil Thomas: Piano & Brass

Deborah Chalmers: Violin

Linley Weir: Voice

We would love more woodwind and brass players and there are schemes that Kingston Music Service can offer to support these lessons. In some instances we can also offer funded lessons to support talented students where finance is a barrier.

Applying for instrument lessons...

<https://www.kingston.gov.uk/music-service-1/music-lessons/2>

Please follow the link to apply and to see prices.



CAREERS



Careers Briefing - 13 September 2024 Mr Poole & Miss Corrighan (Careers team)

Welcome back after the summer holidays and the careers team are looking forward to supporting students on their career journeys as they move from one phase of education to another. Whether you are in Year 7 just starting school; studying for GCSEs or BTECs in Year 10 or in Year 11 or in the Sixth Form preparing for your exams and beginning to think about apprenticeships or university. The Hollyfield careers team encourages you to explore possibilities and make the most of opportunities aimed to develop your skills and ideas.



On Wednesday 9 October we are holding our annual Future Careers Fair for our Year 11 and sixth form students. **We are looking for volunteers to give a couple of hours of their time to talk informally to our students about their career path and industry.** The event takes place in school between 6.30-8.30pm and it is always a great evening not only for our students but for our volunteers. We know many of our Hollyfield community have varied and interesting jobs. If you would like to volunteer or just find out more please contact Ian Poole ipool@hollyfield.kingston.sch.uk

Year 11 - Post 16 options

Last Year, students were encouraged to use [Unifrog](#) to help them to find out about their choices at post 16. Unifrog also has a CV Writing so they can use it to create their own CV. Now these students are in Year 11 Unifrog will be even more valuable. Please log in using your Hollyfield email address.

Hollyfield has a successful Sixth Form and many students decided to stay on after Year 11 however students can apply to as many other Colleges/Sixth Forms as they like, we advise them to apply to at least two to keep options open and apply directly to each provider. As mentioned, Hollyfield school is organising its own **Future Careers Fair on Wednesday 9th October between 6.30-8.30pm** and the Hollyfield Sixth Form open evening is on Thurs 14th Nov. Esher College is the only local college who has already opened applications for Sept 2025 and you need to apply by 30 September. Other schools and colleges will open their applications soon. A number of colleges and schools will be holding open events and evenings over the next term:

College/Sixth form	Open event date & time
Hollyfield Sixth Form	Thursday 14th Nov 2024 6.00pm The Hollyfield School - Sixth Form
Hollyfield Careers Fair	Wednesday 9th October 2024 6.00-8.00pm (in the hall/Albury) Come and talk to people from a range of career areas plus colleges & universities will be in attendance

Kingston College	Sat 5th October 2024 10am-1pm & Weds 20th Nov 4.30-7pm Events & Open Days - Kingston College
Esher Sixth Form College	Open day was in July - book tours for Sept & Oct Open Events and Tours on website. Applications close on Midday on 30th September for 2025 entry - apply now!
Nescot College (Epsom)	Sat 12th October 10am-1pm & Weds 20th Nov 4.30-7.30pm Nescot Open Events They offer animal care, construction & many more courses!
BRIT School (Croydon)	Tuesday 24th Sept - you must book a time between 1.30-6.30pm The BRIT School - Open Events & Prospectus Offering performing and visual arts courses
Richmond upon Thames College (Twickenham)	Sat 12th October 10am-2pm & Weds 16th October 5-8pm & Tues 19th Nov 5-8pm Register via: Open Events
Merrist Wood College (Guildford)	Weds 9th Oct 4.30-7.00pm & Sat 16th Nov 9.30am -12pm 2024 Merrist Wood College Events Offering Animal and Land based courses
Other Sixth Forms & Colleges	Check individual websites – usually late Sept, Oct and November

Mr Poole and Miss Corrighan will organise careers interviews for Year 11. Interviews take place during the normal school day in the new Careers office which is now located in the Albury building between Room A9 and A10. Students in other year groups have the opportunity to ask for a careers interview during the year. For example, students in the Sixth Form, Year 10 or Year 9 who feel they need to talk through their future option choices. Please email: ipool@hollyfield.kingston.sch.uk if you would like to book an interview.



Career Opportunities bulletin for sixth form students and parents/carers

This weekly bulletin is collated each week for YOU by the Hollyfield Careers team. It includes: **work experience, university tasters, summer schools, apprenticeships, careers talks and more.**
[13 Sept 2024 Sixth Form Careers opportunities](#)

Way2Work Open Day 2024

You are invited to attend Way2Work's open day September 2024

96% pass rate

94% of apprentices would recommend Way2Work to a friend

Friday 20 September
Drop in any time between 11am and 4pm

What is covered on the day

- Apprenticeship information
- Careers advice
- Speak with ex apprentice
- Chat with employer and competitions

Way2Work Apprenticeships

Please reserve your ticket for the event on Eventbrite as spaces are limited! Scan the QR code

Way2Work Apprenticeships

A local apprenticeship provider is inviting anyone who is interested in apprenticeship opportunities to attend their open day on the 20th September.

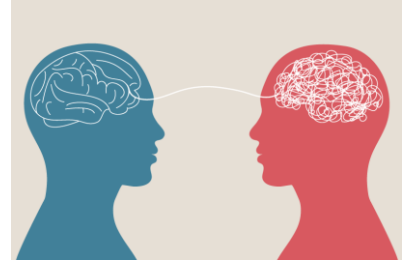
They offer opportunities to apply for apprenticeships in Childcare and Business administration and other areas.

This may be of interest to Year 11 students who want to do an apprenticeship or ex-students who may have brothers and sisters in the school.

Careers in Focus: Clinical Psychologist

There is always a good deal of interest amongst our students in jobs in psychology and therapy. There are various different jobs you can do within Psychology including: Educational, Forensic, Sport, Health Psychology and more. You can find out more about those on the BPS (British Psychological Society) website: [Career options in psychology](#) or check out this great resource: [Psychology Careers Guide](#)

The main purpose of a clinical psychologist is to reduce the distress and improve the psychological wellbeing of your clients. Clinical psychologists deal with a wide range of mental and physical health problems including addiction, anxiety, depression, learning difficulties and relationship issues.



You can work with people of all ages to help diagnose, assess and manage their condition. They may undertake a clinical assessment to investigate a clients' situation. There are a variety of methods available including psychometric tests, interviews and direct observation of behaviour.

You'll work with individuals, including children, adolescents and adults, as well as families, couples and groups in a range of settings. Liaising with other professionals such as psychiatrists, social workers and counselling psychologists over your clients' complex issues. Clinical psychologists work largely in health and social care settings including hospitals, health centres, community mental health teams, Child and Adolescent Mental Health Services (CAMHS) and social services.

How do I become a Clinical Psychologist?



To be a Psychologist would normally have good grades in A Level which may include a Science (Biology, Chemistry, Maths, Physics or Psychology) and other relevant subjects could include Health and social care and Sociology.

You would then go on to study a degree in Psychology which is accredited by The British Psychological Society (BPS).

You'll usually need a first class honours degree or a 2:1 to get a place on a Doctorate in Clinical Psychology course that is accredited by the BPS and approved by the HCPC.

What skills do I need?

- excellent communication and interpersonal skills for dealing with people in distress
- empathy and a person-centred approach to clients
- the ability to apply your knowledge of academic psychology and research to clinical problems
- the ability to recognise your own limitations and respond to difficult situations
- the capacity to be critical and analytical and to work in a self-motivated, independent way
- the ability to think clearly in challenging situations
- the ability to collaborate with colleagues from other disciplines

How much could I earn?

The salaries are based on the NHS pay system. Trainee clinical psychologists start at £35,392. After qualification, salaries start at £43,742. More experienced psychologists can

earn between £50,952 and £57,349. Consultant-level clinical psychologist roles typically range from £70,417 to £96,376.

To research into careers in Psychology further visit [Unifrog](#) or the resources below:

- [Clinical psychologist job profile | Prospects.ac.uk](#)
[Very well mind website](#)

GENERAL INFORMATION

Links to Useful Information

[Term Dates 2024-2025](#)

[Uniform List](#)

[Extra-Curricular Activities](#)

[Severe Weather Procedure](#)

[Form Tutor List](#)

[The School Day Times](#)

[Student well-being and safety](#)

[Donation to School Fund](#)

[Key Dates](#)

[Menus](#)

[Staff List and Structure](#)

Important reminders for PE clubs:

- students receive 1 achievement point for attending
- clubs are free and no pre sign is required
- clubs at the school field will have a coach to drop them off and pick them up or students can make their own way home using public transport
- PE kit is not required for clubs during lunchtime
- For after school clubs, students should bring PE kit to get changed after 3.05pm unless they are already wearing their PE kit for their PE lesson that day
- If a student has a repair, they need to attend the repair as the priority

Resilience in Children

If you are interested in further reading around building resilience in children this article is worth a read.

<https://cmom.org/press/the-british-psycological-society-five-ways-to-boost-resilience-in-children/>

LOCAL INFORMATION

Kooth

Kooth is an online crisis messenger service that Children and young people can access for free online mental health support with a professional counsellor - www.kooth.com.

Mental Health Resource sites

- Mind in Kingston: run daily activities on zoom.
Email RachelDykins@mindinkingston.org.uk for details.
- Childline: [information and advice](#) on a range of topics including feelings, relationships, family and schools. Childline is there to help anyone under 19 in the UK with any issue they're going through. Call: [0800 1111](tel:08001111).
- Anna Freud Centre: 90 resources and strategies <https://www.annafreud.org/selfcare/>.
- Samaritans: Samaritans a safe place for you to talk any time you like, in your own way, about whatever's getting to you. Call: [116 123](tel:116123).
- Shout - Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Text Shout to [85258](tel:85258).
- National Domestic Abuse Helpline: We are a team of highly-trained, female advisers. We won't judge you or tell you what to do; we are here to listen. Call: [0808 2000 247](tel:08082000247)/online chat.

Information for adults

Young Minds - Parents Helpline - Worried about a child or young person's behaviour or mental health? Call the free helpline for confidential, expert advice. For more information visit: www.youngminds.org.uk/find-help/for-parents/. Call 0808 802 5544.



Counselling and Therapy

Morag Shrafeddin is a qualified Counsellor with a Masters from Roehampton University in Integrative Counselling and Psychotherapy specialising in work with Children, Adolescents and Families. She also works in Fulham as a School Project Manager with the school counselling service Place2Be.

Morag is dedicated to supporting children and adolescents with their emotional well-being and personal growth. With a compassionate and client-centred approach, she aims to empower children and young people to overcome challenges and thrive in their lives.

Morag Shrafeddin
Specialist in Children and Adolescent Therapy
(MA Roehampton University)

(M) 079 5639 2216
(E) morag@shrafeddins-therapy.co.uk
(W) shrafeddins-therapy.co.uk

Volunteering
Kingston Hospital
NHS Foundation Trust

MAKE THE DIFFERENCE

Volunteer at Kingston Hospital

You can make the difference

Contact us now on 020 8934 3620 or email khft.volunteering@nhs.net to find out how you can help your local hospital.

SCAN TO LEARN MORE

EnhanceAble AFTER-SCHOOL CLUBS

RIBBONS: MONDAYS
FLYERS: TUESDAYS
KITES: ALTERNATE TUESDAYS

RIBBONS: 4PM - 6PM
FLYERS: 4PM - 6PM
KITES: 6.15PM - 8.15PM

13 GENEVA ROAD, KINGSTON UPON THAMES, KT1 2TW

ENHANCEABLE AFTER-SCHOOL CLUBS AIM TO SUPPORT YOUNG PEOPLE LIVING IN THE ROYAL BOROUGH OF KINGSTON, BY HELPING DEVELOP THEIR SOCIAL AND LIFE SKILLS. CREATE NEW FRIENDSHIPS AND MEET OTHERS WITH A SIMILAR DIAGNOSIS... AND, ABOVE ALL, HAVE FUN!

KITES - FOR OLDER CHILDREN (AGED 11-17) OFFERING GROUP SUPPORT FOR A WIDE VARIETY OF DISABILITIES/NEEDS.

RIBBONS - FOR YOUNGER CHILDREN (AGED 4-11) OFFERING GROUP SUPPORT FOR A WIDE VARIETY OF DISABILITIES/NEEDS.

FLYERS - FOR CHILDREN (AGED 4-17) WITH MORE COMPLEX HEALTH AND/OR PHYSICAL DISABILITIES, OFFERING 1 TO 1 SUPPORT.

For More Info:
Leanne.Johns@Enhanceable.org
<https://www.enhanceable.org/services/after-school/>

HAMPTON WICK ROYAL CRICKET CLUB


HWRCC has been established for over 160 years in the stunning surroundings of Bushy Park. We take real pride in being part of the local community and welcoming all players, spectators and guests to our inclusive club, where 70% of our juniors are state-educated.






We offer junior cricket to girls and boys from age 5 upwards, with our super-friendly, ECB qualified coaches. All experience and abilities very welcome! Please see our website for how to get involved.

 [TheWick1863](#)
 [Hampton Wick Royal Cricket Club](#)
 cricket@hwrcc.co.uk
 juniorscricket@hwrcc.co.uk






THIS IS YOUR CHANCE TO PLAY SQUASH AT THE LONDON YOUTH GAMES

**ARE YOU UNDER 17?
DO YOU PLAY A RACKET SPORT?**

Why not try out for your place on **Kingston's squash team** at the London Youth Games?

**INTERESTED? SCAN THE QR CODE:
OR EMAIL: rebecca.middleton@kingston.gov.uk**

NEW JUNIOR ZUMBA STUDIO CLASS



FOR 11 - 15 YEAR OLDS

SATURDAYS 11:45-12:30

CHILD FRIENDLY ROUTINES BASED ON ORIGINAL ZUMBA CHOREOGRAPHY

ZUMBA FITNESS

TO BOOK, VISIT SURBITON.ORG

2nd Norbiton needs your help...

You look like a role model.

Volunteer at scouts.org.uk/join

2nd Norbiton Scout Group helps local children have new experiences, learn useful skills and have fun.

Can you help by becoming a uniformed leader?

2nd Norbiton Cubs needs one or more people who can:

- Help run meetings on Tuesday evenings (6:30-8:30pm during school terms)
- Attend occasional committee meetings
- Help with Pack Holiday one weekend a year
- Occasionally lead on planning and running a meeting

You'll get:

- Free training
- Free uniform
- Support from experienced Leaders
- Great experience that can support your career
- An opportunity to learn and teach new skills
- The chance to help young people and your community
- A lot of wholesome fun!

There are lots of other opportunities to volunteer with 2nd Norbiton and make sure that local kids can enjoy Scouting, from Beavers through to Explorers. Even if you can't give lots of time or aren't sure what you could do, please do get in touch.

Email: akela@2ndnorbiton.org.uk

SEND Children and Young People Participation Group

Join other SEND children and young people (under 25) in Kingston and Richmond who want to make a difference, be involved in topics that affect them, develop confidence, learn new skills, make friends and have fun!



The Moor Lane Centre, Moor Lane, Chessington KT9 2AA
4pm to 5.30pm

- 1 July
- 5 August
- 16 September
- 7 October
- 4 November
- 2 December

"It's so professionals and services can improve."
"It feels like you're doing a good cause."
"You will get your opinions heard."
"(Our monthly meetings) have good community vibes and banter!"

If you would like more information or to come along, email: participationiscd@achievingforchildren.org.uk



ROSE PARTICIPATE

ROSE YOUTH THEATRE ACADEMY

RYTA IS A SKILLS BASED COURSE THAT TEACHES ACTING TECHNIQUES, INSPIRES CONFIDENCE AND CREATIVITY AND ENHANCES ENSEMBLE SKILLS FOR ALL SCHOOL AGES AND ABILITIES

ACT 1
Reception - Year 6

ACT 2
Year 7 - Year 13

NO AUDITION REQUIRED

*ROSE THEATRE HAS BEEN SUCH A CONFIDENCE BOOSTER FOR MY CHILD AND HAS IMMENSELY FOSTERED HER PASSION. SHE ABSOLUTELY LOVES IT!
RYTA parent, 2022

For more information contact participate@rosetheatre.org

CHRISTIAN CASALS FC

FIREWORK DISPLAY

SUNDAY 3 NOVEMBER

GATES OPEN : 4.30pm | FIREWORKS : 6.45pm

Join us at King George's Field for a dazzling professional firework display! Find resort with burgers, crisps, hot chocolate, doughnuts and more, along with the Childhouse Bar open from 4.30pm till late.

Tickets must be purchased in advance

ADULT: £8 | CHILD: £5
FAMILY: £23 (2 adults & 2 children)

BOOK ONLINE AT bit.ly/CCFC-Fireworks

(Or purchase directly from The Grosvenor Goods Bar)

Christian Casals FC, Underway Close, Brook Rise South, Twickenham, KT6 7NS

NO SPONSORSHIP

DANCE FOR THE MOST IMPORTANT PERSON: YOU

ZUMBA®

kids @

Saturdays at 11:45-12:30

Starting on 14th September 2024

***1st class is a free taster session ***

Contact: ekremalkoc@gmail.com

SUNDAY 6 OCTOBER 10.45AM

FUN KINGSTON

BIKE RIDE

register at tiny.cc/FunRideOct24

CLAREMONT GARDENS
THE CRESCENT / GROVE RD
SURBITON, KT6 4BN

10.45AM MEET

ALL AGES WELCOME

KINGSTON CYCLING CAMPAIGN

FULL CYCLE